

CITY OF LOS ALAMITOS
Council Chamber
3191 Katella Ave., Los Alamitos CA 90720

PARKS, RECREATION AND CULTURAL ARTS COMMISSION
AGENDA
REGULAR MEETING

Wednesday, February 1, 2023 – 7:00 PM

SAFETY ALERT – NOTICE REGARDING COVID-19

Pursuant to the provisions of the Governor’s Executive Orders N-25-20 and N-29-20, some members of the City of Los Alamitos City Council may participate by videoconference.

The public may access the meeting in person. If you wish to attend the Parks, Recreation, and Cultural Arts Commission meeting in person, the Council Chamber is located at 3191 Katella Ave., Los Alamitos, California 90720, will have seating for this meeting and the public shall have the right to observe and offer public comment at this location.

Masks will be required before entering the Council Chamber. Seating will be available based on six feet of social distancing. The City of Los Alamitos continues to follow the Centers for Disease Control and Prevention (CDC) guidelines and these provisions are subject change with short notice.

Please consider carefully before attending this meeting in person and keep a six foot distance from others as much as possible. Please do not attend this meeting in person if you have traveled out of state and/or you have had direct contact with someone who has travelled or tested positive for Coronavirus (COVID-19), or you are experiencing symptoms such as coughing, sneezing, fever, difficulty breathing or other flu-like symptoms.

NOTICE TO THE PUBLIC – This Agenda contains a brief general description of each item to be considered. Except as provided by law, action or discussion shall not be taken on any item not appearing on the agenda. Supporting documents, including staff reports, are available for review at the Recreation & Community Services Department or on the City’s website at www.cityoflosalamitos.org once the agenda has been publicly posted.

Any written materials relating to an item on this agenda submitted to the Parks, Recreation & Cultural Arts Commission after distribution of the agenda packet are available for public inspection at the Recreation & Community Services Department, 10911 Oak St., Los Alamitos CA 90720, during normal business hours. In addition, such writings or documents will be made available for public review at the respective public meeting.

It is the intention of the City of Los Alamitos to comply with the Americans with Disabilities Act (ADA) in all respects. If, as an attendee, or a participant at this meeting, you will need special assistance beyond what is normally provided, please contact the Recreation & Community Services Department at (562) 430-1073, extension 501, 48 hours prior to the meeting so that reasonable arrangements may be made.

Persons wishing to address the Parks, Recreation & Cultural Arts Commission on any item on the Parks, Recreation & Cultural Arts Commission Agenda should complete a yellow “Request to Speak” card and will be called upon at the time the agenda item is called or during the Parks, Recreation & Cultural Arts Commission’s consideration of the item and may address the Parks, Recreation & Cultural Arts Commission for up to three minutes.

1. CALL TO ORDER

2. ROLL CALL

Cimmissioner Beck
Commissioner Cope
Commissioner K. Duran
Commissioner Gallagher
Commissioner Joseph
Vice Chair Bandak
Chair A. Duran

3. PLEDGE OF ALLEGIANCE

Alex Duran will lead the Pledge of Allegiance.

4. ORAL COMUNICATIONS

5. APPROVAL OF MINUTES

A. Approval of the Minutes for the Special Meetings of January 11, 2023 and January 23, 2023.

6. STAFF REPORTS

A. Findings Required by AB 361 For The Continue Use of Teleconference for Meetings

For the Parks, Recreation & Cultural Arts Commission to continue to have the option to meet via teleconference during the pandemic, AB 361 requires the Parks, Recreation & Cultural Arts Commission to make specific findings at least every thirty (30) days.

Recommendation:

Make the following findings by a majority vote of the Parks, Recreation & Cultural Arts Commission:

1. A state of emergency has been proclaimed by California's Governor due to the COVID-19 pandemic, and continues to be in effect;
2. The Parks, Recreation & Cultural Arts Commission has reconsidered the circumstances of the state of emergency; and
3. State and local officials continue to recommend measures to promote social distancing to slow the spread of COVID-19.

B. 2022 Accomplishments

This report provides the Parks, Recreation & Cultural Arts Commission with a

summary of the 2022 Recreation & Community Services Department accomplishments.

Recommendation:

Commission receive and file.

C. Spring 2023 Preview of Programs & Events

This report provides the Parks, Recreation & Cultural Arts Commission with information regarding the upcoming Spring Programs and Events.

Recommendation:

Commission receive and file.

D. Los Alamitos Aquatics Program

This report provides the Parks, Recreation & Cultural Arts Commission with information regarding planning for the upcoming Los Alamitos Aquatics Program.

Recommendation:

Commission receive and file.

7. ITEMS FROM THE RECREATION & COMMUNITY SERVICES DEPARTMENT

8. COMMISSIONER REPORTS

At this time, Commissioners may report on items not specifically described on the Agenda that are of interest to the community, provided no action or discussion is taken except to provide staff direction to report back or to place the item on a future Agenda.

9. ADJOURNMENT

The Parks, Recreation, and Cultural Arts Commission will adjourn to Wednesday, March 1, 2023.

I hereby certify under penalty of perjury under the laws of the State of California, that the foregoing Agenda was posted at the Los Alamitos City Hall, 3191 Katella Ave. and online at www.cityoflosalamitos.org not less than 72 hours prior to the meeting. **Dated this 26th of January 2023.**

Trini Zenovka

Trini Zenovka, Department Secretary

MINUTES OF PARKS, RECREATION AND CULTURAL ARTS COMMISSION OF THE CITY OF LOS ALAMITOS

SPECIAL MEETING – WEDNESDAY, January 11, 2023

1. CALL TO ORDER

The Parks, Recreation and Cultural Arts Commission met in a Special Session at 7:10 p.m., Wednesday, January 11, 2023, in the Community Center, 10911 Oak St., Chair Duran presiding.

2. ROLL CALL

Present: Commission Members: Beck, Bandak, Cope, A. Duran, K. Duran, Gallagher, Joseph

Absent: Commission Members: N/A

Present: Staff: Emeline Noda, Director of Recreation & Community Services Department
Jennifer Sisoiev, Recreation Manager
Steve Kim, Recreation Supervisor
Angel Herrera, Community Service Coordinator

3. PLEDGE OF ALLEGIANCE

Chair Duran led the Pledge of Allegiance.

4. ORAL COMMUNICATION

Chair Duran opened Oral Communications and invited Council Member Trisha Murphy to the stand.

Council Member Murphy approached the stand and address the PR&CA Commission by expressing her gratitude in serving on commission. She went on to say that she is grateful for her time spent together and enjoyed every moment. Council Member Murphy thanked the PR&C Commission for their dedication and welcomed the new commissioners aboard.

On behalf of the PR&CA Commission, Chair Duran congratulated Council Member Murphy on her new role, as it is well deserved and will do amazing. There being no additional individuals present requesting to speak, Chair Duran closed Oral Communications.

5. INSTALLATION OF NEW COMMISSIONERS

Director of Recreation & Community Services, Emeline Noda gave the Oath of Office and installed Wendy Cope as Parks, Recreation and Cultural Arts (PR&CA) Commissioners.

6. PR&CA COMMISSION REORGANIZATION

Director of Recreation & Community Services, Emeline Noda provided the PR&CA Commission with information to nominate and elect a Chair and Vice Chair for the annual reorganization of the PR&CA Commission.

Director of Recreation & Community Services Department, Emeline Noda opened nominations for the position of Chair; Commissioner Beck renominated Commissioner A. Duran, second by Commissioner Bandak. There being no further nominations, Director of Recreation & Community Services, Emeline Noda closed the nominations.

ROLL CALL VOTE

Commissioner A. Duran	Aye
Commissioner Bandak	Aye
Commissioner Beck	Aye
Commissioner Cope	Aye
Commissioner K. Duran	Aye
Commissioner Gallagher	Aye
Commissioner Joseph	Aye

Unanimously carried: The PR&CA Commission appointed Commissioner A. Duran to the position of Chair.

Director of Recreation & Community Services Department, Emeline Noda opened nominations for the position of Vice Chair; Commissioner K. Duran renominated Commissioner Bandak, second by Commissioner A. Duran. There being no further nominations, Director of Recreation & Community Services, Emeline Noda closed the nominations.

ROLL CALL VOTE

Commissioner A. Duran	Aye
Commissioner Bandak	Aye
Commissioner Beck	Aye
Commissioner Cope	Aye
Commissioner K. Duran	Aye
Commissioner Gallagher	Aye
Commissioner Joseph	Aye

Unanimously carried: The PR&CA Commission appointed Commissioner Bandak to the position of Vice-Chair.

7. APPROVAL OF MINUTES

November 2, 2022

Motion/Second: K. Duran/Bandak

Motion Carried: The Parks, Recreation and Cultural Arts Commission approved the Regular Meeting of November 2, 2022.

December 1, 2022

Motion/Second: Bandak/Gallagher

Motion Carried: The Parks, Recreation and Cultural Arts Commission approved the Special Meeting of December 1, 2022.

December 29, 2022

Motion/Second: Bandak/A. Duran

Motion Carried: The Parks, Recreation and Cultural Arts Commission approved the Special Meeting of December 29, 2022.

8. STAFF REPORTS

A. Scholarship Update

This report provides the Parks, Recreation & Cultural Arts Commission with information regarding the revised Scholarship Program.

Recreation Supervisor Steve Kim summarized the staff report.

B. Vendor Packet Launch

This report provides the Parks, Recreation & Cultural Arts Commission with an overview of the 2023 Special Event Vendor Packet for the Recreation and Community Services Department.

Recreation Manager Jennifer Sisoiev summarized the staff report.

C. Youth Sports

This report provides the Parks, Recreation & Cultural Arts Commission with a review and preview of Youth Sport Programs.

Community Services Coordinator, Angel Hernandez summarized the staff report.

8. ITEMS FROM THE RECREATION & COMMUNITY SERVICES DEPARTMENT

Jennifer Sisoiev, Recreation Manager

- We have made a conservative effort this year to increase our older generation programming and thanked staff for their dedication and hard work. Please visit the website to view all of the new older generation programming. We will offer the following programming for free at the Los Alamitos Community Center:
- Healthy Living on February 15, 2023 at from 11:00 a.m. – Noon, Senior Fall Prevention on February 8, 2023 from 11:00 a.m. – Noon in collaboration with Alzheimer's Association and Orange County Fire Association. Travel Talks program provided by a travel professional on Portugal, Spain and Morocco on January 30, 2023 at 3:00 p.m. Depression in Older Adulthood, free seminar presented by Elijah Levy on Saturday, January 21, 2023 from 1:00 – 3:00 p.m. Lastly, we will offer Line Dance Social on January 18, 2023, from 6:00 – 8:00 p.m. and will offer light refreshments. All proceeds generated from this event will be donated to Los Alamitos Senior Club. We currently have 30 people registered for this event.

Emeline Noda, Director of Recreation & Community Services Department

- Spring Brochure is going to print next week and it will be distributed to the community in the coming weeks.
- Kenny Brandyberry, a local philanthropist, donated \$15,000 to the Los Alamitos Community Foundation to support K9 for the Police Department. We are excited that we have that funding and now creating awareness of the Foundation and share this with anyone you know, donations are tax deductible.
- City Council voted on the 4th of July event date to be moved to July 3rd for all future events as well as safe and sane fireworks have been approved. The Los Alamitos Foundation will head up the sales of approved fireworks.
- We are tenting the facility for fumigation.
- We have some leaks at the Community Center from recent storms.

7. COMMISSIONER REPORTS

Commissioner Beck

- Nothing to Report

Commissioner Joseph

- Nothing to Report

Commissioner Gallagher

- Nothing to Report

Commissioner K. Duran

Suggestion for staff to monitor snow play area, age demographic areas as well as to notify participants to aim at the face/head when throwing snowballs and be careful.

Vice-Chair Bandak

- Nothing to Report

Commissioner K. Duran

- Suggestion for staff to look into providing ASL programming.

Chair Duran

- We look forward to another great year and encouraged PR&CA Commission if they could attend any of the events, food drive or sporting events, it is always very rewarding.

9. ADJOURNMENT

The Parks, Recreation, and Cultural Arts Commission adjourned at 8:10 p.m.

Attest:

Alex Duran, Chair

Emeline Noda
Director of Recreation & Community Services
Recreation & Community Services Department

**MINUTES OF PARKS, RECREATION AND CULTURAL ARTS COMMISSION
OF THE CITY OF LOS ALAMITOS
Via videoconference**

SPECIAL MEETING – THURSDAY, January 26, 2023

1. CALL TO ORDER

The Parks, Recreation and Cultural Arts Commission met in a Special Session at 12:00 p.m., Thursday, January 26, 2023, video conference, Chair Duran presiding.

2. ROLL CALL

Present: Commission Members: Beck, Cope, A. Duran, K. Duran, Gallagher,

Absent: Commission Members: Joseph (excused), Bandak (absent)

Present: Staff: Jennifer Sisoiev, Recreation Manager

3. STAFF REPORTS

A. Findings Required by AB 361 for the Continued Use of Teleconferencing for Meetings

For the Parks, Recreation & Cultural Arts Commission to continue to have the option to meet via teleconference during the pandemic, AB 361 requires the Parks, Recreation & Cultural Arts Commission to make specific findings at least every thirty (30) days.

Recreation Manager Jennifer Sisoiev summarized the staff report.

Unanimously, the Parks, Recreation and Cultural Arts Commission approved the option to meet via teleconference during the pandemic.

ROLL CALL VOTE

Chair A. Duran	Aye
Vice Chair Bandak	Not Present (absent)
Commissioner Beck	Aye
Commissioner Cope	Aye
Commissioner K. Duran	Aye
Commissioner Gallagher	Aye
Commissioner Joseph	Not Present (excused)

4. ADJOURNMENT

The Parks, Recreation, and Cultural Arts Commission adjourned at 12:05 p.m.

Attest:

Alex Duran, Chair

Jennifer Sisoiev
Recreation Manager
Recreation & Community Services Department

City of Los Alamitos

PARKS, RECREATION AND CULTURAL ARTS COMMISSION AGENDA REPORT

MEETING DATE: February 1, 2023

ITEM NUMBER: 6A

To: Chair Alex Duran & Members of the Parks, Recreation and Cultural Arts Commission

Presented By:

Subject: Findings Required by AB 361 For The Continue Use of Teleconference for Meetings

SUMMARY

For the Parks, Recreation & Cultural Arts Commission to continue to have the option to meet via teleconference during the pandemic, AB 361 requires the Parks, Recreation & Cultural Arts Commission to make specific findings at least every thirty (30) days.

RECOMMENDATION

Make the following findings by a majority vote of the Parks, Recreation & Cultural Arts Commission:

1. A state of emergency has been proclaimed by California's Governor due to the COVID-19 pandemic, and continues to be in effect;
2. The Parks, Recreation & Cultural Arts Commission has reconsidered the circumstances of the state of emergency; and
3. State and local officials continue to recommend measures to promote social distancing to slow the spread of COVID-19.

BACKGROUND

Assembly Bill 361 (AB 361) was signed into law by the Governor on September 16, 2021. A portion of AB 361 enacted amendments to California Government Code section 54953 regarding teleconference meetings. Those amendments authorize local agencies, like the City, to continue to conduct meetings by teleconference during a Governor-proclaimed state of emergency provided that certain findings are made by the legislative body, and provided that certain procedural requirements are met regarding public access to the meetings.

A new requirement in AB 361 requires specific findings be reaffirmed at least every thirty (30) days in order for the Parks, Recreation & Cultural Arts Commission to continue to have the option for one (1) or more of its members to use teleconferencing.

DISCUSSION

Required Findings

The teleconference provisions in AB 361 may only be utilized as long as a Governor-proclaimed state of emergency remains active, or while state or local officials have recommended measures to promote social distancing. When either of those is the case (both are true at this time), then in order to continue to teleconference using the new provisions of AB 361, the Parks, Recreation & Cultural Arts Commission must make the following findings by majority vote every 30 days:

(A) The Parks, Recreation & Cultural Arts Commission has reconsidered the circumstances of the state of emergency; and

(B) Either of the following circumstances exist:

- i. The state of emergency continues to directly impact the ability of the members to meet safely in person; or
- ii. State or local officials continue to impose or recommend measures to promote social distancing.

To comply with that requirement, the recommended action would have the Parks, Recreation & Cultural Arts Commission find each of the following:

- a. A state of emergency has been proclaimed by California's Governor due to the COVID-19 pandemic, and continues to be in effect;
- b. The Parks, Recreation & Cultural Arts Commission has reconsidered the circumstances of the state of emergency; and
- c. State and local officials continue to recommend measures to promote social distancing to slow the spread of COVID-19.

The "Every 30 Days Thereafter" Requirement

As noted above, AB 361 findings must be made "no later than 30 days after teleconferencing for the first time pursuant to [AB 361], and every 30 days thereafter..."

In order to preserve the option for the Parks, Recreation & Cultural Arts Commission or individual members of the Parks, Recreation & Cultural Arts Commission to participate in meetings during the pandemic via teleconference in the future, the Parks, Recreation & Cultural Arts Commission will have to adopt the required findings at least every 30 days.

Potential Consequence of Not Making the Findings Every 30 Days

AB 361 does not expressly state what happens if a legislative body fails to make the required findings "every 30 days." However, it expressly requires the timely re-approval of the findings "in order to continue to teleconference" in the manner that AB 361 authorizes.

As a result, if the Parks, Recreation & Cultural Arts Commission does not adopt the required findings every 30 days, then the Parks, Recreation & Cultural Arts Commission could be precluded from continuing to teleconference thereafter, perhaps even if the Parks, Recreation & Cultural Arts Commission was later willing to adopt the findings at a later date. For this

reason, the City Attorney recommends that the [Parks, Recreation & Cultural Arts Commission adopt the required findings at this time and at least every 30 days thereafter, unless the Parks, Recreation & Cultural Arts Commission decides as a permanent matter that it will no longer permit teleconferencing at all (e.g., regardless of whether the state of emergency worsens).

Procedural Requirements for The Conduct of Teleconference Meetings

AB 361 contains several new requirements for the conduct of teleconference meetings with which the City has prepared to comply. Specifically, each meeting must:

1. Allow members of the public to attend and comment at the meeting via call-in option or internet-based service option;
2. Protect the statutory and constitutional rights of the parties and the public appearing before the legislative body;
3. In the event of disruption which prevents broadcasting the meeting or which prevents members of the public from offering public comments via the call-in or internet-based option, the Parks, Recreation & Cultural Arts Commission must take no further action until the disrupted public access is restored;
4. The City may not require public comments to be submitted in advance, and must offer the opportunity for the public to offer comments “in real time” during the meeting; and
5. The public must be allowed “a reasonable amount of time per agenda item to allow members of the public to provide public comment, including time for members of the public to register [to log into the teleconference], or otherwise be recognized for the purpose of providing public comment.

A “teleconference” occurs for purposes of AB 361 whenever one or more members of the Parks, Recreation & Cultural Arts Commission connect to a Parks, Recreation & Cultural Arts Commission meeting via electronic means. Thus, even if four members of the Parks, Recreation & Cultural Arts Commission meet in person, if the fifth joins the meeting via Zoom, the meeting will be a teleconference meeting that must be conducted in accordance with the requirements of AB 361.

For purposes of AB 361 “...’state of emergency’ means a state of emergency proclaimed pursuant to Section 8625 of the California Emergency Services Act...” Cal. Gov’t Code Sec. 54953(e)(4). Section 8265 of CESA in turn refers to a state of emergency proclaimed by the Governor
Cal Gov’t Code Sec. 54953(e)(3)

FISCAL IMPACT

Attachment: None

City of Los Alamitos

PARKS, RECREATION AND CULTURAL ARTS COMMISSION AGENDA REPORT

MEETING DATE: February 1, 2023

ITEM NUMBER: 6B

To: Chair Alex Duran & Members of the Parks, Recreation and Cultural Arts Commission

Presented By: Emeline Noda, Director of Recreation & Community Services

Subject: 2022 Accomplishments

SUMMARY

This report provides the Parks, Recreation & Cultural Arts Commission with a summary of the 2022 Recreation & Community Services Department accomplishments.

RECOMMENDATION

Commission receive and file.

BACKGROUND

The Los Alamitos Recreation & Community Services Department offers a wide variety of classes, programs, services and events on a year-round basis. The Department was able to produce quality programs and events and modify them for the safety of the community as needed.

DISCUSSION

Los Alamitos Community Foundation – The Los Alamitos Recreation and Community Services Department was instrumental in the development and establishment of the Los Alamitos Community Foundation. The Foundation has eight out of nine Board Members filled and meets on a monthly basis. Development Services and the Police Department send representatives who attend monthly and assist as needed.

Serve Los AI Network Group – Staff led the Serve Los AI Committee in a series of meetings rotated among the local non-profits to highlight each one and allow for tours. Non-profit representatives were able to share valuable information with one another regarding programs and events and be able to collaborate together leading up to the annual Serve Los AI event. The City was also able to effectively share upcoming City events and programs to invite participation and create awareness.

Donation Drives – The Los Alamitos Recreation and Community Services Department partnered with Development Services and Police to host three donation drives for the non-profit community including diapers and paper goods, backpacks and school supplies, and a toy drive that were all successful. The non-profit recipients were able to distribute to local families in need and were very appreciative of the donation drives.

Sponsorships – Nearly \$200,000 in sponsorships was raised for the Recreation & Community Services Department for 2022.

Youth Sports – The City of Los Alamitos Recreation and Community Services Department offers a wide variety of Youth Sport programs year-round for children ranging from ages 2 to 12 years old. Youth Sport program offerings vary from season to season and are strategically placed to meet demand. Youth Sports that took place in 2022 included: Parent & Me Basketball, Parent & Me Soccer, Parent & Me Football, Parent & Me T-Ball, Jr. Super Stars, Mini Superstars, a variety of Jr. Pee Wee sport programs, Co-ed Youth Track & Field, and Co-ed Youth Volleyball. The Co-ed Youth Volleyball League proved to be a community favorite as the league occurred twice within the year and saw great growth.

Winter 2022

- Parent & Me Basketball Session One - 9
- Parent & Me Basketball Session Two - 4
- Jr. Pee Wee Basketball Session One - 8
- Jr. Pee Wee Basketball Session Two - 5
- Jr. Superstars Session One - 6
- Jr. Superstars Session Two - 5

Spring 2022

- Parent & Me Soccer - 20
- Jr. Pee Wee Soccer - 20
- Jr. Superstars - 5
- Co-ed Youth Track & Field - 37
- Co-ed Youth Volleyball League - 46

Summer 2022

- Jr. Pee Wee Soccer Camp - 10
- Jr. Pee Wee Baseball Camp - 17
- Jr. Superstars - 12
- Mini Superstars - 20
- Parent & Me T-Ball - 16

Fall 2022

- Parent & Me Flag Football - 10
- Co-ed Youth Volleyball League - 60

Coed Youth Volleyball League – The Youth Volleyball League concluded their season on

Friday, May 20 with a Skills Contest that was filled with friendly competition for many. Each of the six teams from the league competed in three skills challenges that tested their serving, speed, and teamwork. The evening included an awards ceremony in which each player was individually awarded a medal by their coach, team Lava Rocks was awarded season champions for their undefeated season, and team Order on the Court was awarded for being the Skills Contest winners. Following the awards ceremony, 18 of the participants parents participated in sets of parents versus parents, parents versus season champions, and parents versus skills contest champions. The parents were victorious against both of the participant teams. This was an exciting and successful season.

Weekend of Art – The 6th Annual Weekend of Art event was held Friday, March 18 through Saturday, March 19 at the Los Alamitos Community Center with over 300 works of art on display. The event was well-received and well-attended by the community, with a steady stream of artists, art lovers and the general public coming through the doors. A vendor fair with 10 local artisan vendors, two food booths and a full lineup of performing arts acts filled the day on Saturday, with an award ceremony held at 6:00 p.m. The partnership with the Los Alamitos Unified School District PTA Reflections Program was a great success. Award winners received a certificate of participation and giftcard to Art Supply Warehouse.

MemorialCare Miller Children's and Women's Hospital Long Beach Spring Carnival – The return of the traditional in-person Spring Carnival event took place on Saturday, April 16 at Little Cottonwood Park. Approximately 3,500 participants were in attendance to enjoy the festivities, including all five Los Alamitos City Council Members. Commissioner Alex Duran kicked off the event and introduced Danny Luna from Title Sponsor MemorialCare Miller Children's and Women's Hospital Long Beach. Chair Duran also announced all four age group egg hunts (10,500 eggs). Participants enjoyed 11 game booths, a kids fun zone with jumpers and slides, a live band performance by Sugarlips, 24 commercial/info vendors, and three food vendors. Families took pictures with Peter Rabbit and visited the face painting booth. City booths from various departments represented included the Police Department, Development Services Department and the Recreation & Community Services Department. The event concluded at 12:00 p.m. with patrons complimenting Recreation staff for a wonderful event.

Los Alamitos Senior Club – The Los Alamitos Senior Club Board celebrated longtime resident Nancy Fagen's 101 Birthday on Thursday, April 28, 2022. The Ready, Set, Go! preschoolers made a special visit and surprised Nancy by singing Happy Birthday much to Nancy's surprise and delight. The City Council also recognized Nancy Fagen at the May 16 City Council meeting.

Thrive Teen Expo – Approximately 40 amazing middle schoolers and high schoolers attended the very first THRIVE Teen Expo on Saturday, April 30. In collaboration with the event committee, THRIVE was developed to provide middle schoolers and high schoolers with resources and tools to help them succeed in all areas of their life. It was a special day full of laughter, hope, positivity, and knowledge! This event would not have been possible without the incredible efforts of [Casa Youth Shelter](#), [Los Alamitos Police Department](#), Orange County Health Department, [Summer Harvest](#), [Southland Credit Union](#), [Tilly's Life Center](#), [Los Alamitos High School](#), LAEF, [The Youth Center](#), [Tribe Functional Fitness](#), and Recreation staff.

Los Alamitos Senior Prom – The Los Alamitos Senior Prom took place on Saturday, May 7

from 3:00 to 6:00 p.m. at the Los Alamitos Community Center to a sold-out crowd of approximately 100 guests. Event sponsors included: MemorialCare Medical Center Long Beach, Beach Orthopaedic, Home Instead Senior Care, Alamitos West Health & Rehabilitation and Los Alamitos Senior Club. Chair Alex Duran and Commissioner Janet Gallagher of the Parks, Recreation and Cultural Arts Commission attended this year's Senior Prom event. The event featured live music from the King Salmon and the Funkyard Horns, with dinner provided by Valentino's Pizza along with dessert station, refreshments, a photo booth, and raffle prizes donated by Los Alamitos Senior Club, Madera's, Paul's Place, El Zarape and the Los Alamitos Development Services Department. Wine was donated by Los Alamitos Senior Club and centerpieces donated by Bella Rosa. All in all, staff secured approximately \$7,500 in donations and sponsorships for the event.

Teen Programs – The Los Alamitos Recreation & Community Services Department partnered with Casa Youth Shelter beginning in the fall to expand social services to teens and families for parenting, teen drop-in, and non-residential counseling programs offered through Casa Youth Shelter.

MemorialCare Miller Children's & Women's Hospital Long Beach Week of Los Al – Festivities began with the 5th Annual Serve Los Al event. Held over the course of two days from September 16 to the 17, the event brought together 150+ volunteers in the community. The day kicked off with volunteer check in at the Community Center which included t-shirt pickup, goodie bag giveaways and breakfast burritos from Nick's Deli. Mayor Shelly Hasselbrink and Council Member Mark Chirco provided a welcome message to the volunteers followed by a group photo. Volunteers then went on their way to one of several projects throughout the Los Alamitos community from window washing at Royal Oak Mobile Home Park and cleaning and organizing the Los Alamitos Museum to painting at Precious Life Shelter, landscaping at Casa Youth Shelter and park clean ups. As part of the event on September 17, Lestonnac Health Clinic provided free medical services, vision screenings and glasses to the public.

Bikes & Bites was held immediately following the Serve Los Al event on September 17 from 11:00 a.m. to 3:00 p.m. and featured six local restaurants: A La Waffle, Flame Broiler, Jimmy John's, Taco Surf, Teofilo Coffee Company and Wendy's. Participants in the Serve Los Al event received ten tickets toward use at the event which offered an opportunity to walk or bike and try tasting menu options at each location.

Family Day held at the Community Center on Sunday, September 18 was a success with 10 families participating in games, crafts and activities. The Week of Los Al festivities continued with a free Family Art Workshop scheduled for September 22 with 27 participants registered.

The MemorialCare Miller Children's & Women's Hospital Long Beach Week of Los Al presented by Southland Credit Union wrapped up with the 41st Universal Waste Systems Race Los Al and the My City My Los Al Street Fair on September 23 & 24. For the second year in a row, Race Los Al returned to the streets of Los Alamitos with over 650 participants. On Friday night, the My City My Los Al Street Fair opened with 50 plus vendors, a beer garden, stage performances, kids' fun zone, and a newly added Touch A Truck event which featured work trucks of all shapes and sizes from the likes of the Los Alamitos Police Department, OC Fire Authority, Leone Electric, UWS and more. Friday night closed out with the Glow Run and Glide

sponsored by Southland Credit Union, with more than 300 participants. Mayor Shelley Hasselbrink, Mayor Pro Tem Tanya Doby, Parks, Recreation & Cultural Arts Commissioners Will Bandak and Katelyn Duran assisted with judging the Costume Contest on Friday evening.

Saturday morning began with the UWS Race Los Al 5K/10K through the streets of Los Alamitos followed by a full day of Street Fair. The first annual Los Alamitos Gym Competition and Car Show completed the day of events which also included vendors, stage performances, food vendors and family friendly activities. The grand finale performance featured the ever-popular ABBA LA who finished out the week of celebrations with a fantastic performance to an excited crowd.

For the first time, Recreation staff put on a gym competition at the 2nd annual MemorialCare Miller Children's & Women's Hospital Long Beach Street Fair presented by Southland Credit Union. The gym competition consisted of six teams, with each made up of representatives from Los Alamitos gyms: Tribe Functional Fitness and BLK Box Performance. The teams competed against each other as they went through a fitness course consisting of tire flips, up-downs, box jumps, hand release push-ups, and a sand bucket carry. The competition provided great entertainment and was enjoyed by many. After all teams fought hard, the final was narrowed down to a team from both Tribe Functional Fitness and BLK Box Performance. Tribe Functional Fitness emerged victorious and became champion of the Los Alamitos Gym Competition.

Serve Los Al Special Project – Under the supervision of Recreation staff, six volunteers from the Los Alamitos Volunteer Program (L.A.V.P.) assisted two older adults residing in the City of Los Alamitos with minor landscaping such as weed pulling, hedge, and plant trimming. Both older adults live in the Royal Oak Mobile Home Park and were very grateful for the service provided to them. Once the volunteers were in action, neighbors were asking the Recreation staff how they could put in a request as it is a wonderful service to provide to the older adults in Los Alamitos. The Royal Oak Manager puts the ad in their newsletter to generate interest with their residents. This also serves as a great intergenerational service project.

Senior Grocery Program – The Senior Grocery Program served an average of 60 to 70 households each week. On average 10-12 volunteers from Cottonwood Church assist in sorting items, line control and assisting with food distribution to the participants. The program receives dry goods such as potatoes, spinach, broccoli, onions, lettuce, and celery.

Contract Classes – Contract Classes had a very successful 2022 offering over 400 class offerings and specialty camps within the Los Alamitos Community Center. In total, nearly 3300 individuals participated in classes throughout the year. New classes included: Watercolor Painting, Technology for Older Adults, Drawing & Sketching, Acrylic Painting, Mat Pilates, Yogalates, Youth Golf, Children's Musical Theatre, Chair Yoga and a wide variety of camps and classes led by Recreation staff.

Senior Program Expansion– Staff continues to steadily add programming for seniors to the Recreation calendar including a renewed partnership with the Health Insurance Counseling and Advocacy Program (HICAP) who provided a one-hour workshop for seniors on Wednesday, August 31 at 11:00 a.m. The workshop, titled Medicare Essentials-Understanding

Medicare Basics covered the following:

- Medicare enrollment periods
- Medicare coverage and benefits
- Health care options
- Medicare Part D prescription drug coverage
- Medicare costs and cost saving options
- Resources
- Health Insurance Counseling and Advocacy Program (HICAP) is a program of the Council on Aging-Southern California. HICAP does not sell or endorse insurance products.

5th Grade Weaver Field Day Event – Recreation staff planned, prepared, and executed a field day event for the promoting Weaver Whales 5th grade class on Wednesday, June 8 at Weaver Elementary from 9:00 to 1:00 p.m. The event consists of nine stations in which the students would participate in an activity lead by their group leader, a Recreation staff, for approximately 20 minutes then switch. Students had a team color, team name, team flag, and team chant. The nine activities included making galaxy slime and answering space themed trivia questions, playing gaga ball, participating in a water balloon toss and water relay, playing jumbo soccer, playing water balloon and jumbo volleyball, taking a polaroid picture, and decorating it and playing jumbo games, a cupcake eating contest and making a wood ornament keep sake, obstacle courses, and a Nerf war zone. In addition, during the lunch break the students got to enjoy a reptile show for 30 minutes. This is the second-year Recreation staff have put on a field day the graduating 5th graders of Weaver Elementary. All costs of the event are covered through a \$5,000 payment provided by Weaver Elementary PTA.

Ready, Set, Go! Preschool Program - The Ready, Set, Go! Preschool Program celebrated a successful year with a graduation ceremony in May 2022. There were a lot of happy tears, singing, dancing and celebrating all of the 16 participant's accomplishments the school year. The program runs quarterly, with summer adjusting to two-week increments. The program rebranded in the fall to Lil' Oak Preschool Program and hosted its first Snowflake Dance in December featuring a family-friendly atmosphere with games, face painting, snacks and of course, dancing.

MemorialCare Miller Children's & Women's Hospital Long Beach Summer Concert Series – The Summer Concert Series ran from Thursdays from June 16 through August 11 at Pine Street, Little Cottonwood Park and Orville R. Lewis Jr. Park. The event average 150+ participants and included popular bands of all genres. The event featured music, food and merchandise vendors and a fun atmosphere to celebrate summer.

Summer Day Camp – Summer Day Camp finished the 10th week of camp on August 19. Week 10 participants spent the week on-site at the Community Center and engaged in water play, field games, and enjoyed sweet treats. This summer was filled with fun activities and excursions, while making lasting friendships and memories. The Recreation and Community Services Department is grateful for over 1,000 participants choosing to spend this summer at

the Community Center and for the excellent care that the Recreation staff provided throughout the summer.

Los Alamitos Volunteer Program (L.A.V.P.) Summer Re-Cap - L.A.V.P. is a volunteer-based program, sponsored by Southland Credit Union, for middle and high school students between the ages of 11 to 17. This program provides participants the opportunity to give back to their community, while assisting them in completing community service requirements necessary for High School graduation. These students gain experience in the various fields of Recreation, while supporting other local non-profit organizations as well as the City of Los Alamitos. This summer, the L.A.V.P. program had 67 registered volunteers who volunteered a combined hours of 2,400+ in various programs and events:

Summer Parks Program - The Summer Parks program is a free drop in program for the community. The program takes place from 10:30am to 4:00pm on alternating days between Little Cottonwood Park and Orville R. Lewis Jr. Park. Each week is centered around a theme that is incorporated into crafts and games. Some of the themes include: Sports Mania, Tropical/Pirate's Life, Party in the USA, and Welcome to the Jungle. Participants also attend excursions to locations such as: Mother's Beach, Santa Ana Zoo, Harkins Theater, Scooter's Jungle, Linbrook Bowl, and the Discovery Cube. The program had a total of about 1,800 participants for the 9-week program which averages about 200 participants a week.

UWS 4th of July Fireworks Spectacular – The Universal Waste Systems 4th of July Fireworks Spectacular took place Monday, July 4 at 4:00 p.m. at the Los Alamitos Joint Forces Training Base with the extraordinary display of fireworks at 9:00 p.m. An estimated 7,000 to 8,000 participants attended the free event, sponsored by the cities of Los Alamitos & Seal Beach. Families enjoyed a variety of games and competitions including a whipped cream eating contest, donut toss, photo booth, visor craft, face painter and caricaturist. Vendors sold food and merchandise throughout the evening and consistently had traffic at their booths. Country Nation band performed a variety of country, rock and pop songs followed by another incredible performance by the 40th Infantry Division Band who also gave a riveting performance of the Star-Spangled Banner. The event was accomplished with numerous partners working together to make the event a success and was a display of patriotism and appreciation for the military and nation.

Aquatic Facility Partnership with Los Alamitos Unified School District– Recreation Director Emeline Noda and Special Events Supervisor Jason Bruton met with representatives from the Los Alamitos Unified School District on July 13 to further discussions on a partnership for use of the Los Alamitos High School pool. A preliminary agreement is in the works including:

- City access for community programming during summers for 2-3 days per week and up to 3 hours per day
- Access to restrooms and locker rooms
- Custodial services provided by the District at cost
- A District-led staff training of pool facilities during spring 2023
- City staff to provide staffing and supervision of the facility while utilizing

Staff continues to gather resources and information, as the process for reopening the aquatics program within the Department continues.

Adult Soccer – The spring 2022 adult soccer season is coming to an end. Winning teams from each of the three leagues receive a customized t-shirt and gift card to a local Los Alamitos restaurant. In the spring 2022 season, the league had 20 total participating teams. The fall 2022 adult soccer league will begin the week of August 7 and will run through mid-November. Leagues being offered include: 11v11 Soccer Men's over 45, 7v7 Soccer Co-ed Over 18, 7v7 Soccer Men's Over 35, and 7v7 Soccer Women's over 35

Counselor in Training (C.I.T.) Program – In conjunction with the Southland Credit Union sponsored Summer Day Camp Program, the Department offers a very popular Counselor in Training (C.I.T.) program for youth ages 13 to 16. Through the program, participants gain valuable work experience by working alongside Los Alamitos Day Camp staff in preparing camp activities, organizing games, leading arts and crafts, and assisting staff with special events. C.I.T.'s learn what it takes to be a Day Camp Counselor. Each session also featured training workshops aimed to develop and strengthen professional and life skills for teens.

VetCare Clinic Returns – The Recreation and Community Services Department partners with VetCare Pet Clinic and Vaccination Services to provide a quarterly low-cost drive through pet clinic. The clinic takes place in the Community Center Parking Lot. Clinic staff provide low-cost vaccines and basic pet care services in addition to referral services for more pressing pet needs.

Expansion of Programs for Older Adults – An estimated fourteen percent of Los Alamitos residents are aged 65 and older according to the United States Census Bureau, with the surrounding communities of Rossmore at 21%, Seal Beach at 42%, Long Beach at 12%, Cypress at 16% and Orange County as a whole at 16%. The Orange County total is expected to double by 2040 according to the Orange County Healthy Aging Initiative, a collaboration of public and non-profit agencies serving the older adult population.

The Los Alamitos Recreation and Community Services Department continues to work on a plan to expand classes, programs and events catering toward this population in accordance with findings from its Senior Needs Assessment launched in early 2022. Results from the survey indicated the top three interests for seniors in Los Alamitos:

1. Special interest classes (e.g. arts & crafts, cards & games, educational workshops)
2. Health and wellness programs (e.g. chair exercise, fall prevention, health workshops)
3. Travel program

Staff has made progress this year to fill these needs with addition of the following programs: chair exercise, knitting and needlecraft, art classes, additional programming through Osher Lifelong Learning Institute (OLLI) at St. Isidore Historical Plaza, and a community workshop covering Medicare held in August at the Community Center. Full details of these programs can be viewed on the Recreation [website](#).

Additionally, partnerships have been formed with Health Insurance Counseling and Advocacy

Program (HICAP), which provides free Medicare counseling services as well as with the Alzheimer's Association for a free caregiver support group hosted at Cottonwood Church.

Parks Make Life Better Month (PMLB)- The following activities took place in the month of July to engage community members in the celebration of PMLB month:

- Pop-Up Dog Park- July 1-30 at Laurel Park from 7:00am to 7:00pm - 1,200 in attendance
- Park Fitness Take Over- July 9 at Laurel Park from 7:30am to 9:30am - 30 in attendance
- Park Pop Up- July 16 at Stansbury Park, July 23 at Orville Lewis Jr Park and July 30 at Stearns Park - 140 in attendance over the 3 event days
- Mini Family Day with Concerts in the Park- Little Cottonwood Park, July 21 from 5:00pm to 6:00pm - 50 in attendance
- Free Pick-Up Sports- Free pick-up sports available for adults during the month of July on the following days:
 - Basketball: Tuesday 8:30 pm to 10:00 pm - 41 in attendance
 - Volleyball: Thursday 8:45 pm to 10:00 pm - 39 in attendance

The Pop-Up Dog Park located at Laurel Park was a highlight featured during the month of July to honor Parks Make Life Better Month. Due to its popularity, the park remained a popular attraction for an additional month. Due to a very generous donation agreement through the fence supplier Southern California Sanitation, Recreation staff was able to extend the rental for one additional month at no cost to the City. The announcement regarding the Dog Park extension was well-received on social media, with patrons sharing photos of their furry friends enjoying the park space. In addition to social media posts, the Dog Park banners located at Laurel Park have been updated to reflect the extension.

Citywide Graphics and Video Support – The Recreation & Community Services Department provides Citywide graphic and video support all year long for all the Departments as needed. The Department is proud to have the in-house talent to be able to assist other departments with their marketing needs in addition to producing beautiful marketing materials, such as the quarterly Recreation Brochure and City News, and the weekly email blasts to those subscribed in the community.

Social Media Contests – In addition to in-person events, programs, and community services, Recreation staff develop weekly social media content to engage online with the community. This content is created with the intent of providing the department's information to the community, have some fun, and more!

Summer Concert Series – The Summer Concert Series had a successful season with eight concerts total averaging 100-200 people per event. The Los Alamitos Community Foundation had their Beer Garden at the events and was well visited by the participants of the event. There were many Parks, Recreation & Cultural Arts Commissioners and Los Alamitos Community Foundation members present to support the events.

Dine-In & Dough House – The Dine-In & Dough House program has received new donations

from a renewed partnership between the City of Los Alamitos and Katella Bakery. Recreation staff will be working with the bakery to pick up every Monday and Wednesday night. Thursday, September 29 marked the first day the program offered its new donations, including sourdough bread, bagels, sesame buns, various pastries, and loaves of bread. Over two dozen new participants lined up to partake in the bread program. Donations are also provided by Donut House and Jimmy John's. Recreation staff and volunteers are excited to continue offering enhanced bread options to the senior community and look forward to the increase in participation. The Dine In portion of the program has maintained popularity each Tuesday and Thursday when Balance and Fitness is in session and Senior Club takes place on Thursdays.

"Elevate" Women's Conference – The Elevate Women's Conference was held Wednesday, October 12 from 8:30 a.m. to 1:00 p.m. at the Los Alamitos Community Center with 55 participants. The half-day event centered around a group of amazing speakers assisting 50+ participants in their growth both personally and professionally, in addition to providing an opportunity for local women to connect and support one another. A \$500 Community Partner Sponsorship was received by Edward Jones in addition to Sir Speedy sponsoring the printing of the brochures.

Elevate Women's Conference Meet Ups – Staff finalized the Elevate Women's Conference Meet Ups with various local businesses, including Pietrini Pizza, Vintdustrial and Garage Pilates. Most events will take place at the Community Center with the exception of the first event at Pietrini Pizza. The Los Alamitos Area Chamber of Commerce agreed to be a promotional partner for the meet-up events. The fees for the events will go strictly to cover costs by the businesses or materials for activities. Any alcohol sales will be proposed to go through the Los Alamitos Community Foundation.

Trunk or Treat Re-cap – The 11th Annual MemorialCare Miller Children's and Women's Hospital Long Beach Trunk or Treat event was a success. The event received approximately 5,000 attendees, which is the most seen in the event's history. The rain did not slow down the crowd at any point in the night. Participants got to enjoy a night full of spooky activities including: trick or treating from decorated trunks, shopping from local vendors, the opportunity to participate in the costume contest with four divisions (ages 0-3, 4-7, 8-12, and family) with first through third place prizes, participate in the adult pie eating contest, jump on the inflatables, and to take home a free pumpkin while supplies lasted from the free pumpkin patch sponsored by Financial Partners Credit Union. New this year, the beer garden hosted by the Los Alamitos Community Foundation to support its mission was a success with over \$500+ in sales. Lastly, the spooky sensory activity area, with its purpose of providing a safe, calm space with sensory bins, toys, activities, and puzzles for families with special needs was highly utilized, appreciated, and well executed. The event had over 45 local organizations participating as a trunk or vendor along with the City's very own Police Department, Development Services Department including Code Enforcement and the Public Works Division, and OCFA fire crew, creating a strong sense of community.

Tennis - The City of Los Alamitos Tennis program is a successful year-round program filling most classes. The Tennis program is currently run by Kevin Garrett and Mika Maunula. Kevin is a USPTA certified level 1 Elite Professional tennis player and currently coaches both men's and women's tennis at Los Alamitos High School. Mika is a USPTA certified instructor for almost 20 years and coaches alongside Kevin at Los Alamitos High School. Kevin and Mika

have been offering classes at the Los Alamitos Community Center for years and the classes are always popular. They offer classes from a Pee Wee level to Advanced Adult level. The last session had a total of 74 participants enrolled in the program.

Halloween Decorating Contest – The Halloween Decorating Contest sponsored by Ganahl Lumber was a fun success on October 25. The decorations this year were amazing and blew all the judges away. This year's judges included Parks, Recreation, and Cultural Arts Commission Chair Alex Duran, Commissioner Katelyn Duran, Commissioner Janet Gallagher, Member of the Senior Club and Los Alamitos Community Foundation Dan Gallagher, Senior Club President Teri Nugent and her husband Chuck, and Council Member Trisha Murphy whom were all escorted around the neighborhoods by Recreation Staff. Many of the winning houses had their families dress up to match their home theme as judges arrived, with one house creating a full skit for the competition.

Community Center Turns Into a Voting Center – The Community Center turned into a Voting Center in partnership with the Orange County Registrar of Voters from Saturday, November 5 through Tuesday, November 8. Vote Center staff utilized the Craft Room as the voting location within the Community Center. The Vote Center was heavily utilized all day for in-person voting and it provides great community exposure for the Community Center.

11th Annual MemorialCare Miller Children's & Women's Hospital Long Beach Winter Wonderland Presented by Universal Waste Systems (UWS) – The 11th Annual MemorialCare Miller Children's & Women's Hospital Long Beach Winter Wonderland presented by UWS concluded the Recreation & Community Services Department's 2022 major special events as the grand finale. The event was held on Saturday, December 3, from 4:00 p.m. to 7:30 p.m. at St. Isidore Historical Plaza and Pine Street. The event brought in over 7,000 members of the community who enjoyed the featured snow play area with sledding sponsored by UWS, a visit from Santa and Mrs. Claus, a full line-up of stage performances from the Los Alamitos Unified School District school choirs and performing arts programs, vendors, inflatables, the tree lighting, festive holiday spirits being sold by The Los Alamitos Community Foundation, and much more. Comments of appreciation continue to come in from the community about the event, including vendors and performers who look forward to participating again next year. Development Services assisted with street closures and equipment, held a popular craft booth at the event, and distributed Los Al Holiday Bucks to the attendees, who helped stuff a Police Department cruiser with toys for the Toy Drive presented by Southland Credit Union.

Holiday Decorating Contest – The 2022 Holiday Decorating Contest sponsored by Ganahl Lumber took place on Wednesday, December 14 from 6:00 p.m. to 9:00 p.m. Judges selected 1st and 2nd place winners in each of the Los Alamitos neighborhoods. Award signs were distributed to each winner for display in front of their home on Thursday, December 15. In addition to the sign and in partnership with Development Services, the winners also received Los Al Holiday Bucks. A list of the winning homes will also be posted on the City's website and social media accounts.

Santa Calls – Santa Calls took place on Thursday, December 15 from 5:00 p.m. to 7:00 p.m. The Recreation & Community Services Department received over 50 letters; the highest number of letters received in recent years. The Santa mailbox was at the Recreation booth at

Winter Wonderland, which resulted in higher numbers of requests for calls from Santa. Santa will make calls with assistance from Los Alamitos Recreation Staff Elves to bring joy and magic to the holiday season.

Community Center Updates – The Community Center continues to work on building improvements as budget permits. In 2022, the back copy room was converted into a small meeting space/classroom, a staff break area was created and new staff offices were created for new positions added in the last Fiscal Year. In addition, new tables and chairs were ordered as the current tables were over 30+ years old and the chairs at least 20 years old. Staff receive compliments from patrons utilizing the facility on a daily basis on the new equipment.

FISCAL IMPACT

All programs and events are budgeted in the Recreation & Community Services Department Budget. Some programs and events are partially offset by participant fees or sponsors.

Attachment: None

City of Los Alamitos

PARKS, RECREATION AND CULTURAL ARTS

COMMISSION AGENDA REPORT

MEETING DATE: February 1, 2023

ITEM NUMBER: 6C

To: Chair Alex Duran & Members of the Parks, Recreation and Cultural Arts Commission

Presented By: Steve Kim, Recreation Supervisor

Subject: Spring 2023 Preview of Programs & Events

SUMMARY

This report provides the Parks, Recreation & Cultural Arts Commission with information regarding the upcoming Spring Programs and Events.

RECOMMENDATION

Commission receive and file.

BACKGROUND

The Recreation and Community Services Department provides programs and events each quarter. This report highlights the programs and events scheduled for the Spring season.

DISCUSSION

Weekend of Art

Weekend of Art is a two-day visual art exhibition held at the Los Alamitos Community Center. This event has featured over 300 works of art and 150 performing artists in past years. The visual art exhibition takes place in the Large Activity Room with performances outdoors along with an arts & crafts vendor fair. This year, the event is scheduled for Friday, March 17, 2023, from 5:00 p.m. to 8:00 p.m. and Saturday, March 18, 2023, from 1:00 p.m. to 6:00 p.m. Awards are also given out to the participants based on category and age division. Reflections artwork from the Los Alamitos Unified School District from each school, will also be displayed at the event.

Spring Carnival

The MemorialCare Miller Children's & Women's Hospital Long Beach Spring Carnival will take place at Little Cottonwood Park on Saturday, April 8, 2023 from 9:30 a.m. - Noon. The carnival will feature the popular egg hunt, vendor booths, carnival games, bounce houses, arts and crafts, and a photo area with Peter Rabbit. This event also allows local businesses and nonprofits to participate and get connected to residents. Approximately 3,500 people are expected to enjoy the annual Spring Carnival event at Little Cottonwood Park.

Teen Expo

Southland Credit Union Elevate Teen Expo is a personal development conference for teens in middle school and high school. Some of the topics discussed at the event include: finance, fitness, stress management, goal setting, and more. The Elevate Teen Expo committee is made up of representatives from the City of Los Alamitos Recreation and Community Services Department, Casa Youth Shelter, Los Alamitos Education Foundation (LAEF), Summer Harvest, The Youth Center, Southland Credit Union, and the OC Health Care Agency. Elevate Teen Expo is scheduled to take place on Saturday, April 22, 2023, at the Los Alamitos Community Center and Oak Middle School Gymnasium. Southland Credit Union has agreed to be the title sponsor of the event.

Senior Prom

The MemorialCare Senior Prom is a special event for the older adults in our community. Senior Prom will take place on Saturday, May 6 from 3:00 p.m. to 6:00 p.m. It provides an opportunity for our seniors to get out and have a little fun. Each of the senior prom events are themed and the staff encourage attendees to dress the part. This year's theme is Disco. The Los Alamitos Senior Prom is held once per year and provides seniors a fun-filled evening of dancing, dining and live entertainment. Approximately 100 guests attend the event each year and enjoy a plethora of amenities with their ticket including: live music, dinner, photo booth, and King & Queen ceremony. MemorialCare Long Beach is the title sponsor for this event.

Programs

Youth Classes - Several new contract classes will be added for the spring session. A new princess ballet class will be offered through OC Dance along with a youth multisport class for children ages 1.5-5 years. Youth Track & Field will take place from April 18 - May 23 for grades 1 - 8. The program will conclude with a track meet on the final day and awards for the top finishers in each event.

Spring Camp - Spring Camp sponsored by Southland Credit Union will take place the Community Center from April 10-14 during the Los Alamitos School District's spring break week. Fun activities and programs will be offered to campers in attendance. Regular hours are from 9:00 a.m. to 4:00 p.m. with extended hour options from 7:00 a.m. to 6:00 p.m. Both daily and weekly rates are available with a price break for residents of Los Alamitos.

Senior Classes - Classes for older adults are also scheduled for the spring session as well. A new hula class, several yoga classes specifically catered to the older adult population will be offered. Additionally, technology courses for older adults will be offered as well as a new crafting class converting cigar boxes into purses/memory boxes. Several workshops are scheduled including 10 Warning Signs of Alzheimer's by the Alzheimer's Association on April 5, Travel Talks with Nino covering Iceland on April 24, and a Prescription for Prevention Workshop on March 15.

Preschool - The Lil' Oak Preschool Program will have their graduation ceremony for any outgoing students in May. Preschoolers will have a chance to walk on stage to receive their preschool diploma. Family members are encouraged to attend to experience the milestone

event for the preschoolers. This program is sponsored by Southland Credit Union.

Donation Drive sponsored by Southland Credit Union - The Recreation and Community Services Department will offer a donation drive for diapers, baby goods and paper goods on Wednesday, May 10 at the Community Center from 4:00 p.m. to 7:00 p.m. All items collected go back to local non-profits who in turn provide items to community members.

FISCAL IMPACT

Funding for the special events is budgeted in the Special Events Division of the Recreation and Community Services Department. The cost of several special events are offset with sponsorships, grants, and registration fees. Funding for contract classes is budgeted in the Contract Class Division with registration fees to offset the cost.

Attachment: None

City of Los Alamitos

PARKS, RECREATION AND CULTURAL ARTS

COMMISSION AGENDA REPORT

MEETING DATE: February 1, 2023

ITEM NUMBER: 6D

To: Chair Alex Duran & Members of the Parks, Recreation and Cultural Arts Commission

Presented By: Jaon Bruton
Special Events Supervisor and Alix Anderson
Community Services Coordinator

Subject: Los Alamitos Aquatics Program

SUMMARY

This report provides the Parks, Recreation & Cultural Arts Commission with information regarding planning for the upcoming Los Alamitos Aquatics Program.

RECOMMENDATION

Commission receive and file.

BACKGROUND

The Recreation and Community Services Department has offered an aquatics program in the past that was dissolved. Core recreation programming in each community includes a water safety component. The goal is to bring water safety programming and community aquatics opportunities back to Los Alamitos.

DISCUSSION

The Los Alamitos Recreation and Community Services Department is planning the launch of the Los Alamitos Aquatics Program. Through a partnership with the Los Alamitos School District, the Recreation Department is planning to offer a variety of aquatic programming during the 2023 summer season at Los Alamitos High School, where a brand-new aquatics facility was unveiled last year featuring a 50-meter Olympic-sized pool. The goal of the Aquatics Program is two parts: 1) to bring aquatic programming back to the residents of Los Alamitos, and 2) to offer a lower cost option than private aquatic facilities in the area. The goal is to assist residents of Los Alamitos and its surrounding communities become more water safe.

Staff has developed a plan to offer a combination of youth swim lessons, recreation swim, and adult lap swim on Mondays, Wednesdays, and Fridays. Youth swim lessons will be offered in partnership with the American Red Cross Learn-to-Swim program, with all staff trained and certified using their curriculum. All swim lessons will be held in a group-style format. A sample schedule is attached.

The Los Alamitos Aquatics Program is pending final approval from the Los Alamitos School

District.

FISCAL IMPACT

The Aquatics program is budgeted through the Recreation Department's annual budget, with a preliminary FY 22-23 estimate of \$22,410 expenditures (staff, training, first year equipment & supplies) and \$3000 in revenue from participant fees to partially offset the program cost.

Attachment: 1. Aquatics Schedule

Pool Schedule								
Time	Monday		Wednesday		Friday			
11:00:00 AM								
11:05:00 AM								
11:10:00 AM								
11:15:00 AM								
11:20:00 AM								
11:25:00 AM								
10:00:00 AM	Set Up Time							
10:05:00 AM								
10:10:00 AM								
10:15:00 AM								
10:20:00 AM								
10:25:00 AM								
10:30:00 AM	Lap Swim	4 25MIN Lessons	Lap Swim	4 25MIN Lessons	Lap Swim	free Swim		
10:35:00 AM								
10:40:00 AM								
10:45:00 AM								
10:50:00 AM								
10:55:00 AM								
11:00:00 AM		Break	Break					
11:05:00 AM		4 25MIN Lessons	4 25MIN Lessons					
11:10:00 AM								
11:15:00 AM								
11:20:00 AM								
11:25:00 AM								
11:30:00 AM		Break	Break					
11:35:00 AM	Lap Swim	4 25MIN Lessons	Lap Swim	4 25MIN Lessons	Lap Swim	free Swim		
11:40:00 AM								
11:45:00 AM								
11:50:00 AM								
11:55:00 AM								
12:00:00 PM								
12:05:00 PM		4 25MIN Lessons	4 25MIN Lessons					
12:10:00 PM								
12:15:00 PM								
12:20:00 PM								
12:25:00 PM		4 25MIN Lessons	4 25MIN Lessons					
12:30:00 PM								
12:35:00 PM								
12:40:00 PM								
12:45:00 PM								
12:50:00 PM								
12:55:00 PM	Tear Down Time							
1:00:00 PM								
1:05:00 PM								
1:10:00 PM								
1:15:00 PM								
1:20:00 PM								
1:25:00 PM								
1:30:00 PM								