

CITY OF LOS ALAMITOS
Council Chamber
3191 Katella Ave., Los Alamitos CA 90720

PARKS, RECREATION AND CULTURAL ARTS COMMISSION
AGENDA
REGULAR MEETING

Wednesday, June 7, 2023 – 7:00 PM

NOTICE TO THE PUBLIC – This Agenda contains a brief general description of each item to be considered. Except as provided by law, action or discussion shall not be taken on any item not appearing on the agenda. Supporting documents, including staff reports, are available for review at the Recreation & Community Services Department or on the City’s website at www.cityoflosalamitos.org once the agenda has been publicly posted.

Each matter on the agenda, no matter how described, shall be deemed to include any appropriate motion, whether to adopt a minute motion, resolution, payment of any bill, approval of any matter or action, or any other action. Items listed as “for information” or “for discussion” may also be the subject of an “action” taken by the Parks, Recreation and Cultural Arts Commission at the same meeting.

Agenda-related documents provided to a majority of the **Parks, Recreation and Cultural Arts Commission** after distribution of the **Parks, Recreation and Cultural Arts Commission** agenda packet (GC §54957.5) will be made available for public inspection at the meeting. Such documents will also be available at the Recreation and Community Services Department, 10911 Oak St. Los Alamitos, CA 90720.

In compliance with the Americans with Disabilities Act, Assistive Listening headphones are available and can be checked out from the **Recreation and Community Services Department**. If you need special assistance to participate in this meeting, please contact the **Recreation and Community Services Department** at (562) 430-1073, ext. 501. Notification at least 42 hours prior to the meeting will enable the City to make reasonable arrangements to ensure accessibility to this meeting. [28 CFR 35.102.35.104 ADA Title II]. Language translation services are available for this meeting by calling the **Recreation and Community Services Department** Office least 42 hours in advance

If you are unable to attend this meeting in person, you may submit comments on any agenda item or on any item not on the agenda by email to enod@cityoflosalamitos.org with the subject line “PR&CA ORAL COMMUNICATIONS”. Comments received by 3:00 p.m. the day of the meeting will be compiled, provided to the Parks, Recreation and Cultural Arts Commission, and made available to the public before the start of the meeting. Staff will not read email comments at the meeting.

If, as an attendee, or a participant at this meeting, you will need special assistance beyond what is normally provided, please contact the **Recreation and Community Services Department** Office at (562) 430-1073, extension 501, 48 hours prior to the meeting so that reasonable arrangements may be made.

1. CALL TO ORDER

2. ROLL CALL

Commissioner Beck
Commissioner Cope
Commissioner K. Duran

Commissioner Gallagher
Commissioner Joseph
Vice Chair Bandak
Chair A. Duran

3. PLEDGE OF ALLEGIANCE

Chair Duran will lead the Pledge of Allegiance.

4. ORAL COMMUNICATIONS

At this time, any individual in the audience may address the Parks, Recreation, and Cultural Arts Commission and speak on any item within the subject matter jurisdiction of the Commission. Please state if you wish to speak on an item on the Agenda. **Remarks are to be limited to not more than three minutes.**

5. APPROVAL OF MINUTES

Approval of the Minutes for the Regular Meeting of May 3, 2023.

A. Approval of Minutes

6. STAFF REPORTS

A. 3rd of July

This report provides the Parks, Recreation & Cultural Arts Commission with information regarding the upcoming 36th annual Universal Waste Systems (UWS) Fireworks Spectacular scheduled for Monday, July 3, 2023 at the Joint Forces Training Base.

Recommendation:

Commission receive and file.

B. Parks Make Life Better Month Preview

This report provides the Parks, Recreation & Cultural Arts Commission with information regarding Parks Make Life Better (PMLB) Month. Recreation staff have coordinated programs, events, and activities for the entire family to enjoy to help celebrate PMLB in the month of July.

Recommendation:

Commission receive and file.

C. Summer Fitness Programs

This report provides the Parks, Recreation & Cultural Arts Commission with a recap of the Los Alamitos Recreation and Community Services Department's 2023 summer

health and fitness programs.

Recommendation:

Commission receive and file.

D. Sterns Park Project Design

This report provides the Parks, Recreation & Cultural Arts Commission with a report on the different options for site amenities for the Sterns Park Project.

Recommendation:

Receive file and discuss; and,

Choose options for the site amenities.

7. ITEMS FROM THE RECREATION & COMMUNITY SERVICES DEPARTMENT

8. COMMISSIONER REPORTS

At this time, Commissioners may report on items not specifically described on the Agenda that are of interest to the community, provided no action or discussion is taken except to provide staff direction to report back or to place the item on a future Agenda.

9. ADJOURNMENT

The Parks, Recreation, and Cultural Arts Commission will adjourn to Wednesday, June 7, 2023.

I hereby certify under penalty of perjury under the laws of the State of California, that the foregoing Agenda was posted at the Los Alamitos City Hall, 3191 Katella Ave. and online at www.cityoflosalamitos.org not less than 72 hours prior to the meeting. **Dated this 1st day of June 2023.**

Trini Zenovka

Trini Zenovka, Department Secretary

**MINUTES OF PARKS, RECREATION AND CULTURAL ARTS COMMISSION
OF THE CITY OF LOS ALAMITOS**

REGULAR MEETING – WEDNESDAY, May 3, 2023

1. CALL TO ORDER

The Parks, Recreation and Cultural Arts Commission met in a Regular Session at 7:04 p.m., Wednesday, May 3, 2023, in the Council Chambers, 3191 Katella Ave., Chair A. Duran presiding.

2. ROLL CALL

Present: Commission Members: Bandak, Beck, Cope, A. Duran, K. Duran, Gallagher, Joseph

Absent: Commission Members: None

Present: Staff: Emeline Noda, Director of Recreation and Community Services Department
Jennifer Sisoiev, Recreation Manager
Steve Kim, Recreation Supervisor
Trini Zenovka, Department Secretary

3. PLEDGE OF ALLEGIANCE

Chair Duran led the Pledge of Allegiance.

4. ORAL COMMUNICATION

Chair Duran opened Oral Communications. At this time, any individual in the audience may come forward to speak on any item within the subject matter jurisdiction of the Parks, Recreation and Cultural Arts Commission. Remarks are to be limited to not more than five minutes per speaker.

Los Alamitos Community Foundation (LACF) District 1 Representative Dan Gallagher spoke regarding the sale of safe and sane fireworks for 4th of July to raise funds to meet their mission. The LACF is seeking volunteers' groups to assist with sales and operations of two fireworks stand for four-hour increments.

Chair Duran thanked LACF District 1 Representative Dan Gallagher for providing information to the PR&CA Commission and closed Oral Communications.

5. APPROVAL OF MINUTES

Motion: Bandak/Second K. Duran

Motioned Carried: The Parks, Recreation and Cultural Arts Commission approved the minutes for the Regular Meeting of April 5, 2023.

6. STAFF REPORTS

A. Summer Program/Events Preview

This report provided the Parks, Recreation & Cultural Arts Commission with a report on the upcoming summer camps, classes, and programs.

Recreation Supervisor Steve Kim summarized the staff report.

B. Bi-Annual Park Maintenance Update

This report provided the Parks, Recreation & Cultural Arts Commission with a biannual update on an overview of Preschool Age Programs.

Recreation Supervisor Steve Kim summarized the staff report.

8. ITEMS FROM THE RECREATION & COMMUNITY SERVICES DEPARTMENT

Emeline Noda, Director of Recreation and Community Services

- Mayor Tanya Doby, Deputy City Manager Ron Noda, Director and myself will attend the Southern California Association of Governments (SCAG) Regional Conference & General Assembly on Thursday, May 4 and Friday May 5, 2023 at the JW Marriot Desert Springs Resort in Palm Desert and will be departing immediately after the meeting.
- On Thursday, April 26, 2023, at the City of Garden Grove Community Center, Volunteer Merit Award Winners Universal Waste Systems (UWS) represented by Matt Blackburn and Jenna Garikian and Blair Pietrini of Grateful Hearts were honored for their partnership with the City of Los Alamitos Recreation and Community Services Department at the California Park and Recreation Society (CPRS) annual District 10 Banquet. Council Member Emily Hibard, Park, Recreation & Cultural Arts (PRCA) Chair Duran and PRCA Commissioner Gallagher, City Manager Chet Simmons, Deputy City Manager Ron Noda, and Director of Recreation and Community Services Emeline Noda along with the administrative Recreation staff, were also in attendance in support of the Department and its amazing partners.
- Due to the 4th of July holiday, the PR&CA Commission discussed not meeting the month of July.
 - Motion: A. Duran/ K. Duran
 - Motioned Carried: The Parks, Recreation and Cultural Arts Commission approved to go dark for the month of July.
- On Tuesday, June 20, 2023 City Council Meeting, the PR&CA Commission and Recreation Team will receive Parks Make Life Better Proclamation.
 - Vice Chair Bandak volunteer to attend the council meeting on behalf of the PR&CA Commission.
- Announced Jason Bruton as the new Recreation Manager, and will begin his full time position on Monday, May 8, 2023.

- The PR&CA Commission is invited to attend Good Morning Los Alamitos! This program invites all City residents, businesses, and members of the community to attend this informative event to bring awareness through an informal, educational experience ranging from City services and upcoming projects to networking discussion on Wednesday, May 24, 2023, from 8:30 a.m. to 9:30 a.m. at Little Cottonwood Park, please help us spread the word.
- The MemorialCare Senior Prom will be held on Saturday, May 6, 2023, this event is sold out. We will be expanding the event to accommodate more attendees for the current and future Senior Prom events.
- Teen Expo took place in April, and it was great, Southland Credit Union was our Title Sponsor. We had 41 teams and they loved it and were very enthusiastic, we had wonderful guest speakers from various nonprofits, and it was an excellent second annual event.
- Track and Field is sold out, this sport has doubled in registered participants, April 17 – May 22, 2023, ending ceremonies award at McAuliffe Middle School.
- Lil Oak Preschool T/Th class is full with 24 students enrolled in the program.

Steve Kim, Recreation Supervisor

- The PR&CA Commission is invited to attend the Senior Prom Saturday, May 6, 2023. The King Salmon and Funk Yard Horns band will be performing live and a very large disco ball. Come join us and have fun as many attendees dress up for this event. Hope to see you there.

7. COMMISSIONER REPORTS

Commissioner Gallagher

Nothing to report.

Commissioner Joseph

Nothing to report.

Commissioner Beck

Nothing to report.

Commissioner K. Duran

Nothing to report.

Commissioner Cope

Nothing to report.

Vice Chair Bandak

Vice Chair Bandak attended the Spring Carnival event, expressed how fantastic the egg hunt was. Vice Chair Bandak received many compliments from attendees at the event. He also commented on a staff member who did a phenomenal job as he was taking down event booths he would look back and thanked those passing along side to have a good day, it was awesome to see. Praised staff for working so hard and great effort and had great time at the event.

Chair A. Duran

Chair Duran attended the Spring Carnival and thanked staff for providing a calming area. It was so nice to see many children enjoying all the activities in this area. Praised staff for creating this incredible area for children to enjoy as this means so much to the community. Chair Duran received many compliments at the event, it was all great and the adult beverages were excellent.

9. ADJOURNMENT

The Parks, Recreation, and Cultural Arts Commission adjourned at 7:45 p.m.

Attest:

Alex Duran, Chair

Emeline Noda
Director of Recreation & Community Services
Recreation & Community Services Department

City of Los Alamitos

PARKS, RECREATION AND CULTURAL ARTS

COMMISSION AGENDA REPORT

MEETING DATE: June 7, 2023

ITEM NUMBER: 6A

To: Chair Alex Duran & Members of the Parks, Recreation and Cultural Arts Commission

Presented By: Emeline Noda, Director of Recreation & Community Services
Jennifer Sisoiev, Recreation Manager

Subject: 3rd of July

SUMMARY

This report provides the Parks, Recreation & Cultural Arts Commission with information regarding the upcoming 36th annual Universal Waste Systems (UWS) Fireworks Spectacular scheduled for Monday, July 3, 2023 at the Joint Forces Training Base.

RECOMMENDATION

Commission receive and file.

BACKGROUND

The Recreation and Community Services Department has held an annual Fireworks Spectacular event for 35 years, traditionally held on the 4th of July at the Joint Forces Training Base. In response to changing trends including making way for the City of Los Alamitos to allow Safe & Sane Fireworks, the event will be held for the first time on July 3rd to celebrate patriotism and to honor the nation. Additionally, moving the event to the 3rd will allow military personnel to enjoy the holiday with their families. Universal Waste Systems (UWS) returns as the title sponsor for the 36th annual 3rd of July Fireworks Spectacular. It is co-sponsored by the cities of Los Alamitos and Seal Beach, and hosted at the Joint Forces Training Base.

DISCUSSION

The event will continue its in-person format this year on Monday, July 3, 2023 from 4:00 to 9:00 p.m. at the Los Alamitos Joint Forces Training Base. Approximately 7,000 to 8,000 people are expected to attend the free event to celebrate America's birthday by viewing a spectacular firework display. The event will take place on the East Ramp with parking on the Tarmac. The main stage will have live entertainment provided by the 40th Infantry Division Band and Knight Ryder, a local favorite. A Family Zone will feature games, face painting, military static displays and family activities including a banner signing station to give thanks to our Armed Forces. Food and commercial vendors will be available along with a Beer Garden hosted and run by the MWR on Base. Food vendors secured include: BK Square, Domino's Pizza, Coda's Kettle Korn, Kona Ice of Cypress, Desserts and More, and Tres Compas.

The gates at Lexington and Orangewood will open to vehicular traffic beginning at 4:00 p.m. with a parking contractor directing vehicles to park on the Tarmac and traffic assistance outside the Base provided by the Los Alamitos Police Department. No pedestrians or bicycles will be allowed at the gate. VIP parking pass holders will be instructed to use the Orangewood entrance with their hazards on and the VIP parking pass clearly visible from their rearview mirror, after which parking staff will direct them to the allotted VIP lot on the tarmac. Once inside the event, VIP pass holders should check at the designated VIP seating area to be allowed access.

Participants are encouraged to bring their own blankets and chairs, as seating will not be provided. Latrines, handwashing stations, trash receptacles and light towers will be strategically placed throughout the event to ensure easy access. The fireworks show will begin at approximately 9:00 p.m. and conclude the event. The event lineup includes:

- 4:00 p.m. Gates open and the event begins.
- 4:15-7:45 p.m. Main stage performances & Family Zone open
- 7:45 p.m. Dignitary speeches
- 8:00-9:00 p.m. Main stage performances resume
- 9:00 p.m. Firework show begins
- 9:30 p.m. Event concludes

Returning title sponsor Universal Waste Systems (UWS) has generously provided a \$20,000 contribution to the event. Additional sponsors include: Sun Newspapers, Event-News Enterprise, The Shops at Rossmoor, Sea Air FCU, and MemorialCare Miller Children's & Women's Hospital Long Beach.

FISCAL IMPACT

The projected cost of the event will be incorporated into the special events budget in the Recreation and Community Services Department budget. The expenditures of the event are offset by cash and in-kind sponsorships and an in-kind contribution from the City of Seal Beach.

Attachment: None

City of Los Alamitos

PARKS, RECREATION AND CULTURAL ARTS

COMMISSION AGENDA REPORT

MEETING DATE: June 7, 2023

ITEM NUMBER: 6B

To: Chair Alex Duran & Members of the Parks, Recreation and Cultural Arts Commission

Presented By: Jason Bruton, Special Project Coordinator / Special Events Supervisor

Subject: Parks Make Life Better Month Preview

SUMMARY

This report provides the Parks, Recreation & Cultural Arts Commission with information regarding Parks Make Life Better (PMLB) Month. Recreation staff have coordinated programs, events, and activities for the entire family to enjoy to help celebrate PMLB in the month of July.

RECOMMENDATION

Commission receive and file.

BACKGROUND

In 2009, California Parks and Recreation Society (CPRS) instituted a resolution to make July Parks Make Life Better Month. This resolution recognizes the importance of access to local parks, recreation, trails, open space, and facilities as a respite for all Californians.

DISCUSSION

The following activities will take place in the month of July to engage community members in the celebration of PMLB:

- Pop-Up Dog Park- July 1 to August 31 at Laurel Park from 7:00am to 7:00pm. The dog park is divided into a small dog section and a large dog section.
- Flower Seed Giveaway – All month long at the Los Alamitos Community Center. Patrons may stop by during business hours to pick up a packet of flower seeds to plant in your garden.
- Free Pick-Up Sports- Free pick-up sports will be available for adults during the month of July on the following days:
 - Basketball: Tuesday 8:30 pm to 10:00 pm
 - Spikeball: Monday 7:00 pm to 9:00 pm

- Park Fitness Take Over- July 8 at Laurel Park from 7:30am to 9:30am. Los Alamitos Recreation Staff are planning to bring a fun workout to the community. Patrons must pre-register for the workout. Family-friendly, from beginners to advanced are welcome.
- Park Pop Up- July 1 at Little Cottonwood Park, July 15 at Labourdette Park and July 22 at Soroptimist Park. Each of the Park Pop Ups will be from 10:00 am to 12pm and feature activities for the whole family.
- Sunset Yoga- July 11, 18, and 25 at Laurel Park from 7:15 p.m. to 8:00 p.m. recreation staff will be offering a sunset yoga class for all ages. Everyone is welcome, from beginners to advanced.
- Mini-Family Day with Summer Concert Series- Little Cottonwood Park, July 20 from 5:00pm to 6:30pm.
- Art Workshop – July 13 at the Los Alamitos Community Center from 5:00 p.m. to 6:30 p.m. patrons may come by for a family art workshop. Pre-registration is required for the Art workshop.
- Spikeball Tournament – July 29 at Laurel Park and begins at 9:00 am. Pre-registration is required. Participants will be able to engage in a fun and friendly, competitive environment. Prizes will be given to overall winners.

The Parks, Recreation & Cultural Arts Commission is invited to attend the June 16, 2023 City Council Meeting at 6:00 p.m. at Council Chambers to help present the Parks Make Life Better Proclamation and invite the community to attend July's full month of free community activities.

FISCAL IMPACT

The projected cost of the activities is incorporated into the Recreation and Community Services Department general fund in various associated divisions. In-kind supplies or services have been sought to offset some of the costs associated with the activities.

Attachment: None

City of Los Alamitos

PARKS, RECREATION AND CULTURAL ARTS

COMMISSION AGENDA REPORT

MEETING DATE: June 7, 2023

ITEM NUMBER: 6C

To: Chair Alex Duran & Members of the Parks, Recreation and Cultural Arts Commission

Presented By: Tin Villaluna, Recreation Specialist / Senior Recreation Leader

Subject: Summer Fitness Programs

SUMMARY

This report provides the Parks, Recreation & Cultural Arts Commission with a recap of the Los Alamitos Recreation and Community Services Department's 2023 summer health and fitness programs.

RECOMMENDATION

Commission receive and file.

BACKGROUND

The Recreation and Community Services Department introduced two new programs this summer: The Los Al Steppers and the Strength and Agility programs for our youth and teenagers. Many fitness programs were paused during the pandemic. The Recreation and Community Services Department thought the physical and mental wellness of the community needed a boost now more than ever. Bringing the community back together through fitness and mindfulness is the goal. Los Alamitos High School is known for its competitiveness in sports. The cost of personal training and specialized coaching can be expensive. The Strength and Agility programs offered to the youth athletes this summer are a more affordable option and the gym where training will be held is centrally located in the City of Los Alamitos.

DISCUSSION

The Los Al Steppers

The Los Al Steppers is a walking group where all ages are welcomed. This 10-week program welcomes strollers, walkers, and scooters to come join us as the group gathers every Monday morning for a stroll at Little Cottonwood Park. The Recreation and Community Services Department developed this program to bring the community together and remind them how important movement is. All ages and all fitness levels are welcome. The park is a .35-mile loop with benches spread out, allowing those to rest if needed. The Los Al Steppers will begin a warmup with stretching and some mobility, followed by a walk. There may be some strength pieces added, but the main objective is to keep the Los Al community active and healthy. The program begins June 12, 2023 and will end August 20. The cost will be \$25 for residents and \$30 for non-residents.

Youth Strength and Agility

The Recreation and Community Service Department has partnered with a local gym in Los Alamitos called Tribe Athletics. This program offers classes to youth athletes ages 5-17 once a week. These classes are intended to develop strength and agility in the community's youth as they go into summer break. Personal trainers and private agility coaches can be pricey, and we wanted to offer the community a more affordable option. The Tribe Athletics coaches are trained and specialized in working with the youth community. The summer session will begin June 12 and end September 2.

Couch to 5k

The Couch to 5K program is back this year. The \$50 registration fee includes admission to the Race Los Al 5K/10K Run on September 16, 2023. This 9-week program is a running program for all ages and fitness levels. The program is designed to train beginners and elite runners on how to breathe and condition their bodies to endure lengthy runs. The first three weeks will begin with light mileage as the group will run the Little Cotton Loop. The beginning of the Couch to 5K coincides with Parks Make Life Better July Sunset Yoga. After training for the run, the Couch to 5K group will head over to Laurel Park for sunset yoga. The mileage will be timed as reference for progress through the 9 weeks leading to Race Los Al.

FISCAL IMPACT

None

Attachment: 1. NEW SUMMER FITNESS PROGRAMS 2023 - images

NEW SUMMER FITNESS PROGRAMS 2023

A MORNING WALK
BRINGS GREAT SPIRITS
FOR THE REST OF YOUR DAY

Come join The Los Al Steppers
for a community walk
Mondays from 9:30-10:30am
at Little Cottonwood Park
starting 6/12-8/19

Register at our front desk or
online
<https://cityoflosalamitos.org/160/Recreation-Community-Services>



**STRENGTH AND AGILITY
TRAINING - NEW!**

Tribe Athletics
10712 Reagan St. B, Los Alamitos

City of Los Alamitos

PARKS, RECREATION AND CULTURAL ARTS

COMMISSION AGENDA REPORT

MEETING DATE: June 7, 2023

ITEM NUMBER: 6D

To: Chair Alex Duran & Members of the Parks, Recreation and Cultural Arts Commission

Presented By:

Subject: Sterns Park Project Design

SUMMARY

This report provides the Parks, Recreation & Cultural Arts Commission with a report on the different options for site amenities for the Sterns Park Project.

RECOMMENDATION

Receive file and discuss; and,

Choose options for the site amenities.

BACKGROUND

Sterns Park is a neighborhood park located at 3871 Farquhar Avenue and is approximately 16,500 square feet (0.38 acres). The playground structure was last updated in June 1997. Parks and playgrounds are essential to establish and maintain the quality of life in the community, ensuring the health of families and youth, and contributing to economic and environmental well-being.

Playground equipment typically has a service life of twenty years, making the existing play structure 25 years old. The proposed design will not only update Americans with Disabilities Act (ADA) and safety aspects of Sterns Park but will also transform the park into an all-inclusive park that will allow children of all abilities to play.

DISCUSSION

It is requested that the Parks, Recreation & Cultural Arts Commission discuss and recommend approval of the various options presented tonight. Attachment No. 1 will provide options for park amenities (benches, trash receptacles, bicycle racks), shade shelters, play equipment, and fitness equipment.

The Parks, Recreation & Cultural Arts Commission recommendation along with the various site amenities option will be presented to City Council at an upcoming meeting for final approval.

FISCAL IMPACT

The Sterns Park Project is a Capital Improvement Project (CIP), and funding will be expended from Account No. 10-570-5501.2301 for Fiscal Year 2023-2024.

Attachment: None