

CITY OF LOS ALAMITOS
Council Chamber
3191 Katella Ave., Los Alamitos CA 90720

PARKS, RECREATION AND CULTURAL ARTS COMMISSION
AGENDA
REGULAR MEETING

Wednesday, September 6, 2023 – 7:00 PM

NOTICE TO THE PUBLIC – This Agenda contains a brief general description of each item to be considered. Except as provided by law, action or discussion shall not be taken on any item not appearing on the agenda. Supporting documents, including staff reports, are available for review at the Recreation & Community Services Department or on the City's website at www.cityoflosalamitos.org once the agenda has been publicly posted.

Each matter on the agenda, no matter how described, shall be deemed to include any appropriate motion, whether to adopt a minute motion, resolution, payment of any bill, approval of any matter or action, or any other action. Items listed as "for information" or "for discussion" may also be the subject of an "action" taken by the Parks, Recreation and Cultural Arts Commission at the same meeting.

Agenda-related documents provided to a majority of the Parks, Recreation and Cultural Arts Commission after distribution of the Parks, Recreation and Cultural Arts Commission agenda packet (GC §54957.5) will be made available for public inspection at the meeting. Such documents will also be available at the Recreation and Community Services Department, 10911 Oak St. Los Alamitos, CA 90720.

In compliance with the Americans with Disabilities Act, Assistive Listening headphones are available and can be checked out from the Recreation and Community Services Department. If you need special assistance to participate in this meeting, please contact the Recreation and Community Services Department at (562) 430-1073, ext. 501. Notification at least 42 hours prior to the meeting will enable the City to make reasonable arrangements to ensure accessibility to this meeting. [28 CFR 35.102.35.104 ADA Title II]. Language translation services are available for this meeting by calling the Recreation and Community Services Department Office least 42 hours in advance

If you are unable to attend this meeting in person, you may submit comments on any agenda item or on any item not on the agenda by email to enod@cityoflosalamitos.org with the subject line "PR&CA ORAL COMMUNICATIONS". Comments received by 3:00 p.m. the day of the meeting will be compiled, provided to the Parks, Recreation and Cultural Arts Commission, and made available to the public before the start of the meeting. Staff will not read email comments at the meeting.

If, as an attendee, or a participant at this meeting, you will need special assistance beyond what is normally provided, please contact the Recreation and Community Services Department Office at (562) 430-1073, extension 501, 48 hours prior to the meeting so that reasonable arrangements may be made.

1. CALL TO ORDER

2. ROLL CALL

Commissioner Beck
Commissioner Cope
Commissioner K. Duran
Commissioner Gallagher
Commissioner Joseph
Vice Chair Bandak

Chair A. Duran

3. PLEDGE OF ALLEGIANCE

Chair Duran will lead the Pledge of Allegiance.

4. ORAL COMMUNICATIONS

At this time, any individual in the audience may address the Parks, Recreation, and Cultural Arts Commission and speak on any item within the subject matter jurisdiction of the Commission. Please state if you wish to speak on an item on the Agenda. **Remarks are to be limited to not more than three minutes.**

5. APPROVAL OF MINUTES

A. Approval of Minutes

6. STAFF REPORTS

A. Summer Recap

This report provides the Parks, Recreation & Cultural Arts Commission a recap of the Los Alamitos Recreation and Community Services Department's 2023 summer programs, classes, camps, and events.

Recommendation:

Commission receive and file.

B. Fall Programs and Events Preview

This report provides the Parks, Recreation & Cultural Arts Commission with a preview of Recreation fall programs and events.

Recommendation:

Commission receive and file.

C. Adults Sports

This report provides the Parks, Recreation & Cultural Arts Commission a highlight of all adult sports programs offered in 2023.

Recommendation:

Commission receive and file.

7. ITEMS FROM THE RECREATION & COMMUNITY SERVICES DEPARTMENT

8. COMMISSIONER REPORTS

At this time, Commissioners may report on items not specifically described on the Agenda

that are of interest to the community, provided no action or discussion is taken except to provide staff direction to report back or to place the item on a future Agenda.

9. ADJOURNMENT

The Parks Recreation and Cultural Arts Commission will adjourn to Wednesday, October 4, 2023.

I hereby certify under penalty of perjury under the laws of the State of California, that the foregoing Agenda was posted at the Los Alamitos City Hall, 3191 Katella Ave. and online at www.cityoflosalamitos.org not less than 72 hours prior to the meeting. **Dated this 31st day of August 2023.**

Trini Zenovka

Trini Zenovka, Department Secretary

MINUTES OF PARKS, RECREATION AND CULTURAL ARTS COMMISSION OF THE CITY OF LOS ALAMITOS

REGULAR MEETING – WEDNESDAY, August 2, 2023

1. CALL TO ORDER

The Parks, Recreation and Cultural Arts Commission met in a Regular Session at 7:17 p.m., Wednesday, August 2, 2023, in the Council Chambers, 3191 Katella Ave., Chair A. Duran presiding.

2. ROLL CALL

Present: Commission Members: Beck, Cope, A. Duran, Gallagher

Absent: Commission Members: K. Duran, excused
Joseph, excused
Vice Chair Bandak, absent

Present: Staff: Emeline Noda, Director of Recreation and
Community Services
Jason Bruton, Recreation Manager
Jennifer Sisoiev, Recreation Manager
Steve Kim, Recreation Supervisor
Trini Zenovka, Department Secretary

3. PLEDGE OF ALLEGIANCE

Chair Duran led the Pledge of Allegiance.

4. ORAL COMMUNICATION

Chair Duran opened Oral Communications. There being no one present requesting to speak, Chair Duran closed Oral Communications.

- Wesley Avery, Grayson Shafter, and Ryan Avery from Boy Scout Troop 671 were present to observe the PR&CA Commission during a regular meeting. Chair Duran provided the group with information, roles, obligations and answered questions prior to the meeting.

5. APPROVAL OF MINUTES

Due to lack of quorum from the June meeting, the Parks, Recreation and Cultural Arts Commission deferred the approval of minutes for the Regular Meeting of June 5, 2023.

6. STAFF REPORTS

A. Celebrate Los Al

This report provided the Parks, Recreation & Cultural Arts Commission with a preview of the Celebrate Los Al event.

Recreation Manager Jason Bruton summarized the staff report.

B. Recreation and Community Services Department Budget FY 23-24

This report provided the Parks, Recreation & Cultural Arts Commission with information regarding the Fiscal Year (FY) 2023-2024 Recreation and Community Services Department budget.

Director of Recreation and Community Services Department Emeline Noda summarized the staff report.

C. Elevate Encore Senior Expo

This report provided the Parks, Recreation & Cultural Arts Commission an overview of a new senior-related event, Elevate Encore Senior Expo to feature resources and information to maneuver through the second act of life.

Recreation Manager, Jennifer Sisoiev summarized the staff report.

7. ITEMS FROM THE RECREATION & COMMUNITY SERVICES DEPARTMENT

Emeline Noda, Director of Recreation and Community Services

- Contractors came by on Monday, July 31 to check the rooms for the possible roofing project. The project is scheduled to be presented at the City Council meeting on August 21 for approval. Once approved, the Recreation & Community Services Department will coordinate with the Development Services Department on the schedule for the project. The American Legion has agreed to partner with us during the construction phases to house our older adult programming such as Balance and Fitness, Grocery Program and Senior Club and any other programs that we may need during the day. We will reshuffle our programming and we will do everything possible not to cancel programs as our goal is to continue with programming. Our Preschool will be fully operational with no pause in our services. We are also looking into renting out some spaces so that we can hold classes. Our staff will be in the building and mobile throughout the renovation process. We will have signage to please pardon our dust during our renovations. Exciting improvement coming soon and thank you for your patience. The new space will great and open up new opportunities for the community to rent the renovated facility.

Steve Kim, Recreation Supervisor

- The MemorialCare Miller Children's and Women's Hospital Long Beach Summer Concert Series will conclude on Thursday, August 3 at Little Cottonwood Park, featuring Journey cover band and on August 10, 2023 at Orville R. Lewis Jr. Park, featuring Knyght Ryder band.

Trini Zenovka, Recreation Department Secretary

- Invited the PR&CA Commissioner to attend the Los Alamitos Senior Club to celebrate Joe Pizzuto's 100th Birthday on August 31, 2023.

8. COMMISSIONER REPORTS

Commissioner Beck

Commissioner Beck expressed his appreciation for offering Los Alamitos Volunteer Program to the families who have young growing adolescence. My son has been volunteering, it is a great opportunity for our youth, and it is wonderful that this program is provided.

Commissioner Cope

Nothing to report.

Commissioner Gallagher

Nothing to report.

Chair A. Duran

Chair Duran expressed his gratitude and thanked staffed for a job well done for summer programming and events. Chair Duran thanked the Boy Scout Troop 671 for attending tonight's meeting.

9. ADJOURNMENT

The Parks, Recreation, and Cultural Arts Commission adjourned at 7:59 p.m.

Attest:

Alex Duran, Chair

Emeline Noda
Director of Recreation & Community Services
Recreation & Community Services Department

City of Los Alamitos

PARKS, RECREATION AND CULTURAL ARTS

COMMISSION AGENDA REPORT

MEETING DATE: September 6, 2023

ITEM NUMBER: 6A

To: Chair Alex Duran & Members of the Parks, Recreation and Cultural Arts Commission

Presented By: Joanna Contreras, Recreation Supervisor

Subject: Summer Recap

SUMMARY

This report provides the Parks, Recreation & Cultural Arts Commission a recap of the Los Alamitos Recreation and Community Services Department's 2023 summer programs, classes, camps, and events.

RECOMMENDATION

Commission receive and file.

BACKGROUND

The Recreation and Community Services Department had a very successful 2023 summer. The 10 weeks of summer is one of the busiest periods of the year with the largest number of participants along with a variety of summer events and activities. During these summer weeks, the Department experiences an increase in staffing levels (paid staff and volunteers) and revenue generated, as a majority of programs, events, and classes occur throughout this season.

DISCUSSION

Los Alamitos Volunteer Program (L.A.V.P.)

L.A.V.P. is a year-round youth volunteer program for ages 11-17, with the majority being ages 12-14. However, the summertime is the most active season for hours opportunities and active volunteers. For the months of June and July, a total of 1,750 community service hours have been worked by 91 active volunteers. These hours have been completed at programs and events including day camp, parks program, specialty camps, preschool program, office assistance, youth sports, 3rd of July Fireworks Spectacular, Summer Concert Series, and local non-profit projects. The volunteer program provides a safe and fun space for youth to learn leadership skills, teamwork, be involved in the community, and make new friendships. The Recreation Staff appreciate and value the volunteer's dedication to enhancing City events and programs.

Counselor in Training (C.I.T.) Program

The C.I.T. program is offered to youth ages 13-16. Participants gained valuable work experience while working alongside Los Alamitos Day Camp staff preparing camp activities, organizing games, arts and crafts, and assisting with weekly special events. Each session included a training workshop aimed to develop and strengthen professional and life skills, led by Senior Recreation Leader Tony Perrucio. These workshops included Self Confidence, the Importance of Having Hobbies, Time Management, Interpersonal Skills, Budgeting Tips, Fun in the Kitchen, Establishing Healthy Boundaries, Goal Setting and Resilience, Movement is Medicine, and Public Speaking.

Parks Program

Parks Program is a free drop-in program held at Little Cottonwood Park and Orville R. Lewis Jr. Park. The nine-week program takes place at Little Cottonwood Park on Monday, Wednesday, Friday and Orville R. Lewis Jr. Park on Tuesday and Thursday. The Recreation Staff organize, plan, and implement structured activities including sports, arts and crafts, and special events. Every week, the Orville R. Lewis Jr. Park site had a “Treat Thursday” event and the Little Cottonwood Park site had a “Fun Friday” event.

Over 1,500 children participated in the Parks Program and were treated to free excursions such as Discovery Cube, Scooter’s Jungle, Santa Ana Zoo, Atlantis Play Center, Cinemark Movies, and Mother’s Beach. The Parks Program concluded on Friday, August 11th. The decrease in attendance may have been due to the extremely warm weather the program experienced this summer .

Los Alamitos Summer Day Camp

Ten weeks of Summer Day Camp was a huge success! The majority of days were sold out at 100 campers. Regular care from 9:00 a.m. – 4:00 p.m. and extended care from 7:00 a.m. – 6:00 p.m. was available Monday – Friday. Morning and afternoon snacks were provided. Scholarships were also available for eligible Los Alamitos residents. Each week had a theme, in which all activities such as arts and crafts, organized indoor and outdoor games, special events Fridays, and optional excursions were catered to. Some of the themed weeks included Lil’ Superheroes in Training, A Pirate’s Life For Me, Summer Scientists, and more. Some excursions included Knott’s Berry Farm, the Los Alamitos High School Pool, Aquarium of the Pacific, and more. Staff did a wonderful job throughout the whole summer organizing and executing all activities, while ensuring a safe and fun environment for the participants to enjoy their summer. The program generated \$200,804 in revenue, which is the highest revenue producing program for the Department.

Lil' Oak Preschool Program

The newly rebranded Lil' Oak summer preschool session ran for 6 weeks total, with each session being 2 weeks long. Two separate classes were held: a 4 to 5 year-old class held three times a week (Monday, Wednesday, Friday) and a 3 to 4 year-old class held twice a week (Tuesday, Thursday). The 4 to 5-year-old class had an average of 16 participants registered and the 3 to 4 year-old class had an average of 18 participants. The designated themed weeks included: Backyard Fun, Down on the Farm and Going on a Safari. Each

week's crafts and activities were curated to the specific themes. Participants enjoyed learning about colors, numbers, shapes, and letters through the themes.

Staff-led Specialty Camps

This summer, the Department offered seven specialty camps, all individually led by Recreation staff. Four staff challenged themselves this summer by taking on the lead roles of planning, budgeting, and executing their own specialty camps. Each camp was specifically themed and ran Monday through Thursday for two hours per day. The most popular camps offered again this summer included Lil Chef Cooking Camp and Master Chef Cooking Camp. Lil Chef Cooking Camp is for participants 4 to 6 years old, and Master Chef is for participants 7 to 12 years old. Each camp can hold up to 15 participants and max out each session. A total of 70 participants participated in this camp this summer. Two camps that were offered at Laurel Park included Jedi Training Camp and Jurassic Dino Camp. Jedi Training Camp was for participants 5 to 12 years old and they trained to become Jedi's and create their very own lightsabers. The camp had a total of 10 participants. Jurassic Dino Camp is for participants 4 to 6 years old, with a total of 10 participants. Youth Art Camp became the second most popular camp this summer. In just one session, 17 participants were in attendance. They created clay sculptures and did step by step canvas painting.

Youth Sports

This summer, the Los Alamitos Recreation and Community Services Department offered a variety of Youth Sports Camps sponsored by MemorialCare Miller Children's and Women's Hospital Long Beach. Compared to only two camps offered last summer, Department staff implemented 5 different sports camp offerings this time around. These youth sports camps were one weeklong, Monday through Friday, and took place at Little Cottonwood Park for an hour and a half session each day. The Youth Sports Camps that ran were Jr. Pee Wee Soccer Camp, Jr. Pee Wee Baseball Camp and Jr. Pee Wee Basketball camp. Unfortunately, Jr. Pee Wee Football Camp did not receive the minimum five registrations needed to run the camp. Catered to ages 4 – 7 years old, each camp had six registrations. At these camps, Department staff taught participants the fundamental skills of the sport and organized clinic-style drills and games. Each participant received a camp t-shirt and was given a certificate of completion on the last day of their camp.

In addition to Youth Sport Camps, Saturday Youth Sports sessions were held during the summer. The Saturday Youth Sports sessions offered were Mini Superstars and Parent and Me T-Ball. These sessions occurred on Saturdays at Little Cottonwood Park for 45 minutes sessions and over the course of five weeks. Both programs were catered for ages 2 – 3 years old and required parent participation. Taught by Department staff, participants in Mini Superstars learned skills in a variety of different sports, such as soccer, t-ball, basketball, and football. There were a total of 11 registrations for Mini Superstars. Parent and Me T-Ball covered the fundamentals of catching, hitting, and running the bases. There was a grand total of 24 registrations for this program. In the last session of both programs, all participants received a trophy for their completion and effort throughout the five weeks.

Gym & Field Rentals

Oak Gym is home to Home Court Edge (HCE) on Sunday afternoons, Tuesday, and Thursday evenings. HCE is a very popular youth and teen basketball skills contract class offered through the City year-round. Oak Gym had four rental groups over the course of the summer, including a table tennis club, and three youth basketball organizations. Laurel Park ball diamond and athletic field are available for rentals year-round Tuesday – Saturday. Laurel Park ball diamond had six user groups over the course of the summer, five being travel baseball or softball teams, and one being a local non-profit softball organization. Little Cottonwood Park is available for athletic field and ball diamond rentals Monday – Friday year-round. During the summer, the ball diamond had one user group, a travel softball team. These Little Cottonwood amenities are very popular add-ons to weekend picnic shelter reservations as well. Both Little Cottonwood and Laurel Park ball diamond undergo maintenance bi-weekly. Lastly, Orville R. Lewis Jr. Park athletic field is available for rental Monday – Friday. This park received no rental requests throughout the summer.

Los Alamitos Aquatics Program

The Los Alamitos Aquatics Program, in partnership with the Los Alamitos Unified School District, successfully completed its first summer after a hiatus of five years. This summer, the program made a big splash with a variety of aquatics programming for the community. The program was able to offer Youth Swim Lessons, Free Recreation Swim, and Lap Swim. The Youth Swim Lessons had over 300 participants for both four-week sessions, most classes were completely full with waitlists. Due to the number of staff that worked on the program this summer, the Department was able to add an additional five classes to the second session of lessons. Free Recreation Swim took place on Fridays and had over 360 reservations made for a 30 minute timeslot. Lastly, Lap Swim had 63 participants who attended throughout the entire eight weeks that the pool was open. The dedicated Swim Instructors and Lifeguards ensured that participants had a safe and enjoyable experience every time they visited the program.

Events

3rd of July:

The 36th annual UWS 3rd of July Fireworks Spectacular event, organized by the City of Los Alamitos Recreation & Community Services Department, took place on Monday, July 3rd, from 4:00 to 9:00 p.m. hosted at the Los Alamitos Joint Forces Training Base. A joint effort between the City of Los Alamitos and the City of Seal Beach, the event featured a fun-filled experience for all, including military static displays, various food and commercial booth vendors, a jam-packed Family Fun Zone, MWR-sponsored beer garden, stage performances by local favorite Knyght Ryer and the Joint Force Training Base 40th Infantry Band, and a spectacular fireworks display. The expanded Family Fun Zone featured a craft zone, carnival-style games, face painting, photo backdrops, a calming area, a craft bus, a cake walk activity, and a reptile & magic show on the stage presented by the OC Reptile Zoo and California Joe.

Approximately 12,000 people attended this year's event, marking a sharp increase from previous years (8,000 in 2022) and matching the most attendees ever. The UWS 3rd of July Fireworks Spectacular event successfully celebrated the spirit of community by providing participants with engaging areas, whether it was getting involved with family activities, exploring military displays, indulging in local food, or sitting back to enjoy live performances. It was a memorable occasion that united families while celebrating the Nation's Independence.

Summer Concert Series

The Summer Concert Series, sponsored by the MemorialCare Miller Children's and Women's Hospital Long Beach took place on Thursdays from June 15 to August 10, excluding July 6. The event started on Pine Street for the first four dates and then switched to Los Alamitos parks for the remaining four dates. Over 200 community members attended each event with their friends and family to listen to great live music. The Los Alamitos Community Foundation also had a Beverage Garden to fundraise for projects and programs to benefit the local community. Below is a recap of the band schedule:

- June 15th – Redneck Rodeo
- June 22nd – Who's Zeppelin
- June 29th – Britain's Finest
- July 13th – Red Hot Tribute
- July 20th – Woodie & the Longboards
- July 27th – Kayln & the New Frontier Band
- August 3rd – Journey Through Time
- August 10th – Knyght Ryder

Senior Expo

The Los Alamitos Recreation and Community Services Department hosted its inaugural MemorialCare Elevate Encore Senior Expo on Wednesday, August 23, 2023 from 10:00 a.m. to 12:00 p.m. at the Los Alamitos Community Center. This first-time event for those ages 50 plus is designed to provide health, wellness, and resources for your Second Act, including in areas such as: housing, legal resources, insurance, medical assistance, transportation, caregiving resources, leisure activities and more. Additionally, a portion of the fair was designated as a senior volunteer fair, with an opportunity for nonprofit organizations seeking older adults or retired adults as volunteers. The free event featured a light breakfast along with special giveaway lunch coolers for the first 100 in attendance. Staff secured \$5000 in sponsorships, including MemorialCare Long Beach as the title sponsor, Alignment Health Plan, Jar Insurance Services, Home Instead and Goodlife Physical Medicine as Community Sponsors. Approximately 100 participants took part in the event with 33 vendors.

FISCAL IMPACT

The Recreation and Community Services Department receives a significant amount of its revenue during the summer months in each of the areas discussed above. Funding for these programs have been budgeted in various accounts listed in Fiscal Year (FY) 2022-23 (through June 30, 2023) and the FY 2023-24 (begins July 1, 2023) Recreation and Community Services Department budgets. All classes, camps, and programs have fees that help offset the costs of the programs except for the 3rd of July Fireworks Spectacular, Summer Concert Series, and Parks Programs which are free to attend. The Summer Concert Series and youth sports camps were offset by the MemorialCare sponsorship and various event sponsorships for the 3rd of July Fireworks Spectacular, including Title Sponsor Universal Waste Systems (UWS).

Attachment: None

City of Los Alamitos

PARKS, RECREATION AND CULTURAL ARTS COMMISSION AGENDA REPORT

MEETING DATE: September 6, 2023

ITEM NUMBER: 6B

To: Chair Alex Duran & Members of the Parks, Recreation and Cultural Arts Commission

Presented By: Joanna Contreras, Recreation Supervisor

Subject: Fall Programs and Events Preview

SUMMARY

This report provides the Parks, Recreation & Cultural Arts Commission with a preview of Recreation fall programs and events.

RECOMMENDATION

Commission receive and file.

BACKGROUND

The Los Alamitos Recreation and Community Services Department is proud to continue its offerings of programs and events aimed to improve community quality of life. Upcoming fall programs and events are detailed in this report.

DISCUSSION

Programs

Fall Day Camp

Registration for Fall Day Camp is open and can be completed at losalrecreation.myrec.com. Scholarships are available for eligible Los Alamitos residents. Fall Day camp is scheduled to take place from Monday, November 20 – Wednesday, November 22. Regular hours of 9:00 a.m. – 4:00 p.m. and extended hours of 7:00 a.m. – 6:00 p.m. are available. Campers will have the opportunity to create crafts, participate in indoor and outdoor organized activities, and cater to the fun theme of fall! Morning and afternoon snacks are provided.

Lil' Oak Preschool Program

The Fall preschool program offers two 9-week sessions. The Monday, Wednesday, Friday class has 9 participants enrolled and the Tuesday, Thursday class has 16 participants enrolled. Participants are looking forward to a fun-filled year of crafts, activities, and field trips. This Fall, participants will be able to attend a Back to School Night, a field trip to Tanaka Farms and perform at Winter Wonderland. Each participant will receive a Lil' Oak Preschool Program t-shirt and a tote bag.

Youth Sports

Parent & Me and Pee Wee Sports

The MemorialCare Miller Children's and Women's Hospital Long Beach fall youth sports are back and all about football! Little ones will learn, play, and have a blast as they kick start their athletic journey! Three programs will be offered, including: Parent & Me Flag Football for ages 2 – 3, Jr. Pee Wee Flag Football for ages 4 – 6, and Pee Wee Football for ages 7 – 9 all starting on September 19. Scholarships are available for eligible Los Alamitos residents.

Co-ed Youth Volleyball League

The Department is excited to have the return of one of the most popular youth sports leagues, Co-ed Youth Volleyball, back for the 2023 fall season. This program is catered to grades 4-8 with various practice site locations for convenience. All games will take place on Friday evenings at the Oak Gym (10821 Oak St.). Two divisions are offered for this league: Spike Division (6th-8th grade) and the Set Division (4th-5th grade). All skill levels are welcome. Practice will be held once per week, beginning the week of September 18. The first week is dedicated to practice, with the first game scheduled on Friday, September 29, and ending with the Skills Contest on Friday, December 8. Jersey and an award are included in the fee. Recreation Staff will be the coaches, referees, and scorekeepers for the league and are being trained by Maria Fattal, who is a club volleyball coach and has trained the City of Seal Beach staff for several years.

Bump Clinic

Also, new this year, is the Bump Clinic (1st-3rd grade) taking place from September 18 through October 23. This introductory clinic will acquaint children with the basic skills and techniques of volleyball. Scholarships are available for eligible Los Alamitos residents. A Certificate of Completion will be awarded to each participant at the end of the clinic.

Events

MemorialCare Miller Children's and Women's Hospital Long Beach Trunk or Treat

The Los Alamitos Recreation and Community Services Department will be hosting its 12th Annual MemorialCare Miller Children's and Women's Hospital Long Beach Trunk or Treat at Little Cottonwood Park on Saturday, October 21, 2023, from 5:00-7:30 p.m. An estimated 4,000 people will visit Little Cottonwood Park to enjoy the annual Trunk or Treat event. The event will feature the popular costume contest, fun photo and selfie areas, carnival game booths, inflatables, vendors, trick-or-treating from trunks, food trucks, a festive train ride, adult pie eating contest, free pumpkin patch, a beer garden, and activities for the entire family. The events most popular attractions include:

Pumpkin Patch

The return of the free pumpkin patch continues thanks to Presenting Sponsor Southland Credit Union. Last year, 600 pumpkins went home with happy families and the Department hopes to offer the same amount this year. These pumpkins are free for event goers to enjoy on a first-come, first-served basis until supplies last. In addition, a pumpkin patch photo stand will be featured in the area for fall photo opportunities.

Train Ride

The trackless train ride route will start and end at the west end of the park near the toddler's

playground and will circle the perimeter of the park along the walkway. Guests on the train ride will enjoy static displays along the entire path. Train-ride stations will consist of fun and spooky Halloween-themed décor such as spider-webbed trees, skeletons in the “graveyard”, hanging bats, large spooky inflatables, and more. The ride will consist of a trackless train conducted by a rental company’s driver, with a total of 14 to 18 guests able to fit on the train at once.

Costume Contest

The popular costume contest provides a chance for all youth from infants to age 12 & family groups to show off their costume. The costume contest will begin at approximately 5:30 p.m. and will be separated into three age divisions along with a separate family division. Prizes will be awarded to the top three winners of each division.

Parks, Recreation and Cultural Arts Commissioners are invited and encouraged to judge the costume contest on the day of the event, with arrival at the stage by 5:15 p.m.

Commissioners who will be attending this year’s event and/or would like to volunteer at the event, please contact Recreation Supervisor Megan Shimada. Additional information along with a preferred parking pass will be provided.

Trunks / Vendors

Community members, local organizations, and businesses are invited to decorate their vehicles and participate in the event as “trunks.” A game or activity is highly encouraged for the trick-or-treaters to engage in. This is a great opportunity for local businesses to market themselves to approximately 4,000 residents. Those that are interested in being a trunk may find the application on the City’s website. Vendor spaces and food vendor spaces for the event are sold out, and will include: BK Square, Coda’s Kettle Corn, Domino’s Pizza, and Kona Ice of Cypress.

Beverage Garden

A beverage garden will be available for event goers ages 21+ to enjoy. All proceeds will directly benefit the Los Alamitos Community Foundation and its mission. Recreation Staff are currently securing the proper ABC liquor license and hiring private event security to ensure all safety requirements are met.

Halloween Decorating Contest

The annual Halloween Decorating Contest will be held on Tuesday, October 24. The Los Alamitos Recreation and Community Services Department will invite all City of Los Alamitos residents to participate in the 2023 Halloween Decorating Contest on Tuesday, October 24, 2023. No registration is required, however, homes must have displays and lights turned on for the duration of 6:00pm - 8:00pm to be eligible. Judges from the Parks, Recreation & Cultural Arts Commission are requested to award first place and second place award for each Los Alamitos neighborhood. Winners will be acknowledged via press release, social media, City website, and with a lawn sign at their home. Ganahl Lumber has been secured as a sponsor for this event.

FISCAL IMPACT

Costs for the majority of these events are offset by event sponsorships from MemorialCare Miller Children's and Women's Hospital Long Beach. Classes and programs are offset by program registration by participants enrolled.

Attachment: None

City of Los Alamitos

PARKS, RECREATION AND CULTURAL ARTS

COMMISSION AGENDA REPORT

MEETING DATE: September 6, 2023

ITEM NUMBER: 6C

To: Chair Alex Duran & Members of the Parks, Recreation and Cultural Arts Commission

**Presented By: Samantha Kenny
Angel Hernandez, Community Services Coordinator**

Subject: Adults Sports

SUMMARY

This report provides the Parks, Recreation & Cultural Arts Commission a highlight of all adult sports programs offered in 2023.

RECOMMENDATION

Commission receive and file.

BACKGROUND

The Recreation and Community Services Department offers a variety of adult sports programs year-round for ages 18+. Program offerings are catered to providing affordable opportunities for weekly exercise and friendly competition.

DISCUSSION

Adult Soccer Leagues

The Recreation and Community Services Department offers three-to-four adult soccer seasons per fiscal year. The length of the seasons depends on the number of teams registered, leading to three or four seasons per year. Seasons include fall, winter, spring, and summer. Current leagues running in the fall 2023 season include 11v11 Men over age 45, 7v7 Men over age 35, and 7v7 Women over age 30. Currently, there are five teams registered for the 11v11 Men over age 45 division, nine teams registered for the 7v7 men over age 35 division, and six teams registered for the 7v7 Women over age 30 division. Most teams in the current leagues have been participating for several years. Games currently take place at Oak Middle School on Sunday mornings at 8:30 a.m. and 10:15 a.m., Wednesday and Thursday nights at 7:30 p.m. and 8:30 p.m. Recreation staff paint the field lines, set-up the field supplies, check players in, supervise referee performance, provide first aid, CPR, or AED services if needed. The software utilized to reference league offerings, to generate the league schedule, standings, and scorecards is teamsideline.com/losalamitos. The City of Los Alamitos contracts out referee services with current referee Long Beach Soccer Referee Association. Different from past seasons, field space is now rented through the Los Alamitos Unified School District.

Lighting

Light poles located at McAuliffe and Oak Middle School are through Musco Lighting. Since the purchase and installation of the new control-link box at Oak Middle School field in April of 2021, the yearly service fee of \$425 for the remote scheduling software is no longer required for 10 years. Fees for the service were included in the duration of the 10-year warranty as of April 2021. Costs associated with lights at Oak and McAuliffe Middle School are for repair and maintenance of stolen wiring. Field lights wiring was vandalized and stolen two times at Oak Middle School, and once at McAuliffe Middle School in Fiscal Year 21-22. Field lights wiring was vandalized and stolen from Oak Middle School once in fiscal year 22-23.

Lighting located at Laurel Park is scheduled and powered through Echo by Wireless Telematics. A yearly service fee of \$1,200 is paid to Wireless Telematics.

Spikeball Tournament

As part of Parks Make Life Better Month, for the first time ever, a Co-ed Spikeball Tournament for ages 18 and over was held at Laurel Park in July. The tournament was held in collaboration with the California Association for the Sport of Roundnet. The organization provided the event with all the equipment needed for the tournament. The tournament had a great turn out, with over 23 teams registered. Participants expressed gratitude over the lay out and organization of the event. Teams of two competed in the advanced and expert divisions consisting of pool play followed by bracket play. The top three teams in each division received gift card prizes. Additionally, the first seven teams to check-in received Chick Fil A vouchers. Lastly, a Chick Fil A prize box was raffled off. Participants were pleased with the tournament and were asking for the City to host future tournaments.

The Recreation staff attempted to run a drop-in spikeball league once a week, however, they were unable to seek local interest for the program at this time. Most spikeball organized play are typically conducted as tournaments.

Pick-Up Sports

All offerings are co-ed for ages 18 and over. Current pick-up sports offerings include Pick-up Basketball on Tuesday nights at the Oak Middle School Gym from 8:30 p.m. to 10:00 p.m. at \$5/person. The format of the program is pick-up games. On average, Pick-up Basketball has an average of 20 attendees per week.

FISCAL IMPACT

Funding for Adult Sport Programs, except for the Spikeball Tournament, is budgeted in the Recreation and Community Services Department general budget under two accounts. The Spikeball Tournament is budgeted out of Parks Make Life Better month, which is under the special events budget. All leagues and pick-up sport offerings have fees that offset the costs of the programs. Funding for light usage at all locations are a part of field fees, detailed in the general budget. Each location has its own budget. Light usage fees are collected from each outside user permitted to use any location fifteen minutes before sunset and after, offsetting

maintenance costs.

Attachment: None