

CITY OF LOS ALAMITOS
Council Chamber
3191 Katella Ave., Los Alamitos CA 90720

PARKS, RECREATION AND CULTURAL ARTS COMMISSION
AGENDA
REGULAR MEETING

Wednesday, April 3, 2024 – 7:00 PM

NOTICE TO THE PUBLIC – This Agenda contains a brief general description of each item to be considered. Except as provided by law, action or discussion shall not be taken on any item not appearing on the agenda. Supporting documents, including staff reports, are available for review at the Recreation & Community Services Department or on the City's website at www.cityoflosalamitos.org once the agenda has been publicly posted.

Each matter on the agenda, no matter how described, shall be deemed to include any appropriate motion, whether to adopt a minute motion, resolution, payment of any bill, approval of any matter or action, or any other action. Items listed as "for information" or "for discussion" may also be the subject of an "action" taken by the Parks, Recreation and Cultural Arts Commission at the same meeting.

Agenda-related documents provided to a majority of the Parks, Recreation and Cultural Arts Commission after distribution of the Parks, Recreation and Cultural Arts Commission agenda packet (GC §54957.5) will be made available for public inspection at the meeting. Such documents will also be available at the Recreation and Community Services Department, 10911 Oak St. Los Alamitos, CA 90720.

In compliance with the Americans with Disabilities Act, Assistive Listening headphones are available and can be checked out from the Recreation and Community Services Department. If you need special assistance to participate in this meeting, please contact the Recreation and Community Services Department at (562) 430-1073, ext. 501. Notification at least 42 hours prior to the meeting will enable the City to make reasonable arrangements to ensure accessibility to this meeting. [28 CFR 35.102.35.104 ADA Title II]. Language translation services are available for this meeting by calling the Recreation and Community Services Department Office least 42 hours in advance

If you are unable to attend this meeting in person, you may submit comments on any agenda item or on any item not on the agenda by email to enoda@cityoflosalamitos.org with the subject line "PR&CA ORAL COMMUNICATIONS". Comments received by 3:00 p.m. the day of the meeting will be compiled, provided to the Parks, Recreation and Cultural Arts Commission, and made available to the public before the start of the meeting. Staff will not read email comments at the meeting.

If, as an attendee, or a participant at this meeting, you will need special assistance beyond what is normally provided, please contact the Recreation and Community Services Department Office at (562) 430-1073, extension 501, 48 hours prior to the meeting so that reasonable arrangements may be made.

1. CALL TO ORDER

2. ROLL CALL

Commissioner VACANT
Commissioner Joseph
Commissioner Gallagher
Commissioner Singer
Commissioner Wright
Vice Chair Beck
Chair Bandak

3. PLEDGE OF ALLEGIANCE

Chair Bandak will lead the Pledge of Allegiance.

4. ORAL COMMUNICATIONS

At this time, any individual in the audience may address the Parks, Recreation, and Cultural Arts Commission and speak on any item within the subject matter jurisdiction of the Commission. Please state if you wish to speak on an item on the Agenda. **Remarks are to be limited to not more than three minutes.**

5. APPROVAL OF MINUTES

A. Approval of Minutes for the Regular Meeting of February 7, 2024

B. Approval of Minutes for the Regular Meeting of March 6, 2024

6. STAFF REPORTS

A. Employee of the Quarter

This report provides the Parks, Recreation & Cultural Arts Commission with information regarding the Los Alamitos Recreation & Community Services Department Employee of the Quarter.

Recommendation:

Commission receive and file.

B. Senior Programs

This report provides the Parks, Recreation, & Cultural Arts Commission with an update on the current offering of senior-related programs.

Recommendation:

Commission receive and file.

C. Serve Los Al

This report provides the Parks, Recreation & Cultural Arts Commission with information regarding the Los Alamitos Recreation & Community Services Department's annual Serve Los Al event and monthly networking committee.

Recommendation:

Commission receive and file.

7. ITEMS FROM THE RECREATION & COMMUNITY SERVICES DEPARTMENT

8. COMMISSIONER REPORTS

At this time, Commissioners may report on items not specifically described on the Agenda that are of interest to the community, provided no action or discussion is taken except to provide staff direction to report back or to place the item on a future Agenda.

9. ADJOURNMENT

I hereby certify under penalty of perjury under the laws of the State of California, that the foregoing Agenda was posted at the Los Alamitos City Hall, 3191 Katella Ave. and online at www.cityoflosalamitos.org not less than 72 hours prior to the meeting. **Dated this 28th day of March**

Lauren Pavelec

Lauren Pavelec, Department Secretary

MINUTES OF PARKS, RECREATION AND CULTURAL ARTS COMMISSION OF THE CITY OF LOS ALAMITOS

REGULAR MEETING – WEDNESDAY, February 7, 2024

1. CALL TO ORDER

The Parks, Recreation and Cultural Arts Commission met in a Regular Session at 7:02 p.m., Wednesday, February 7, 2024 in the Community Center 2, 10909 Oak St., Chair A. Duran presiding.

2. ROLL CALL

Present: Commission Members: Bandak, A. Duran, Gallagher, Wright, Beck

Absent: Commission Members: Joseph, K.Duran

Present: Staff: Emeline Noda, Director of Recreation & Community Services/Director of Intergovernmental Affairs
Jason Bruton, Recreation Manager
Jennifer Sisoiev, Recreation Manager
Irving Montenegro Jr. Development Services Manager
Samantha Kenny, Recreation Coordinator
Lauren Pavelec, Department Secretary

3. PLEDGE OF ALLEGIANCE

Chair Duran led the Pledge of Allegiance.

4. PRESENTATIONS

The Parks, Recreation and Cultural Arts Commission presented a check to Michael Yoon for the LAVP Scholarship Award in the amount of \$750.

5. ORAL COMMUNICATIONS

Chair Duran opened Oral Communications. At this time, any individual in the audience may come forward to speak on any item within the subject matter jurisdiction of the Parks, Recreation and Cultural Arts Commission. Remarks are limited to not more than five minutes per speaker.

6. APPROVAL OF MINUTES

Motioned: Gallagher/Seconded Bandak

Motioned Carried: The Parks, Recreation and Cultural Arts Commission approved the minutes for the Special Meeting of January 11, 2024.

7. DISCUSSION

A. Neighborhood Permit Parking and Street Sweeping Survey (Development Services)

This discussion provided the Parks, Recreation and Cultural Arts Commission with a summary of the results of the online survey for the Neighborhood Permit Parking and Street Sweeping survey.

Irving Montenegro Jr. Development Services Manager summarized the report.

8. STAFF REPORTS

A. 2023 Accomplishments

This report provided the Parks, Recreation & Cultural Arts Commission with a summary of the 2023 Recreation and Community Services Department accomplishments.

Director of Recreation & Community Services Emeline Noda summarized the staff report.

B. Teen Programs

This report provided the Parks, Recreation & Cultural Arts Commission with information on ongoing teen programs and events such as Elevate Teen Expo, Los Alamitos Volunteer Program (L.A.V.P), and Counselor in Training (C.I.T).

Recreation Coordinator Samantha Kenny summarized the staff report.

9. ITEMS FROM THE RECREATION & COMMUNITY SERVICES DEPARTMENT

Emeline Noda, Recreation Director

- Community Center construction started.
- 2024 CPRS Conference taking place February 28-29, March 1, 2024.
- CPRS District 10 Banquet will be March 21, 2024, accepting RSVP's.

Jennifer Sisoiev, Recreation Manager

- Asked that the Parks, Recreation and Cultural Arts Commission for judges for the upcoming Weekend of Art event.
- Announced the upcoming Senior Workshops

Jason Bruton, Recreation Manager

- Announced that registration opened for the 2024 UWS Race on the Base on January 25, 2024.

10. COMMISSIONER REPORTS

Commissioner Wright

Nothing to report

Commissioner Joseph

Absent

Commissioner Gallagher

Nothing to report

Commissioner K. Duran

Absent

Commissioner Beck

Nothing to report

Vice Chair Bandak

Nothing to report

Chair A. Duran

Nothing to report

11. ADJOURNMENT

The Parks, Recreation, and Cultural Arts Commission adjourned at 8:15 p.m.

Attest:

Alex Duran, Chair

Emeline Noda
Director of Recreation & Community Services/
Director of Intergovernmental Affairs

MINUTES OF PARKS, RECREATION AND CULTURAL ARTS COMMISSION OF THE CITY OF LOS ALAMITOS

REGULAR MEETING – WEDNESDAY, March 6, 2024

1. CALL TO ORDER

The Parks, Recreation and Cultural Arts Commission met in a Regular Session at 7:00 p.m., Wednesday, March 6, 2024 in the Council Chambers, 3191 Katella Ave., Commissioner Beck presiding.

2. ROLL CALL

Present: Commission Members: Beck, Joseph, Gallagher, Singer, Wright

Absent: Commission Members: Bandak

Present: Staff: Emeline Noda, Director of Recreation & Community Services/Director of Intergovernmental Affairs
Jason Bruton, Recreation Manager
Steve Kim, Recreation Supervisor
Megan Shimada, Recreation Supervisor
Tin Villaluna, Supervisor
Cassidy Figueroa, Recreation Coordinator
Lauren Pavelec, Department Secretary
Jewelina Miranda, Department Secretary

3. PLEDGE OF ALLEGIANCE

Commissioner Beck led the Pledge of Allegiance.

4. PR&CA COMMISSION REORGANIZATION

Department Secretary, Lauren Pavelec provided the PR&CA Commission with information to nominate and elect a Chair and Vice Chair for the reorganization of the PR&CA Commission.

Department Secretary, Lauren Pavelec opened nominations for the position of Chair; Commissioner Joseph nominated Commissioner Bandak. There being no further nominations, Department Secretary, Lauren Pavelec closed the nominations.

ROLL CALL VOTE

Commissioner Beck	Aye
Commissioner Joseph	Aye
Commissioner Gallagher	Aye
Commissioner Singer	Aye
Commissioner Wright	Aye
Commissioner Bandak	N/A

Unanimously carried: The PR&CA Commission appointed Commissioner Bandak to the position of Chair.

Department Secretary, Lauren Pavelec opened nominations for the position of Vice Chair; Commissioner Gallagher nominated Commissioner Beck. There being no further nominations, Department Secretary, Lauren Pavelec closed the nominations.

ROLL CALL VOTE

Commissioner Beck	Aye
Commissioner Joseph	Aye
Commissioner Gallagher	Aye
Commissioner Singer	Aye
Commissioner Wright	Aye
Commissioner Bandak	N/A

Unanimously carried: The PR&CA Commission appointed Commissioner Beck to the position of Vice-Chair.

5. ORAL COMMUNICATIONS

Commissioner Beck opened Oral Communications. At this time, any individual in the audience may come forward to speak on any item within the subject matter jurisdiction of the Parks, Recreation and Cultural Arts Commission. Remarks are limited to not more than five minutes per speaker. Oral communications were closed.

6. APPROVAL OF MINUTES

7. STAFF REPORTS

A. 2024 Summer Concert Series Band Ranking

This report provided the Parks, Recreation & Cultural Arts Commission with information on the 2024 MemorialCare Miller Children's & Women's Hospital Long Beach Summer Concert Series.

Recreation Supervisor, Tin Villaluna summarized the staff report.

B. Spring 2024 Programs and Events

This report provided the Parks, Recreation & Cultural Arts Commission with information regarding the upcoming Spring Programs and Events.

Recreation Supervisor, Megan Shimada summarized the staff report.

C. Preview of Contract Classes

This report provided the Parks, Recreation & Cultural Arts Commission with an inside look at some of the new contract classes within the Recreation and Community Services Department.

Recreation Coordinator, Cassidy Figueroa summarized the staff report.

D. Labourdette Park Project Design

This report provided the Parks, Recreation & Cultural Arts Commission with a report on the different options for the site amenities for the Labourdette Park Project. The commission voted on a design and chose the blue playground design and option A for the park amenities.

Recreation Supervisor, Steve Kim summarized the staff report.

8. ITEMS FROM THE RECREATION & COMMUNITY SERVICES DEPARTMENT

Emeline Noda, Director of Recreation & Community Services

- Updates on construction
- Announced Good Morning, Los Al, on March 26, 2024, from 9:00 a.m. to 10:30 a.m.

Jason Bruton, Recreation Manager

- Updated registration numbers for the 2024 UWS Race on the Base

Steve Kim, Recreation Supervisor

- Announced Senior Services Master Plan Focus Groups taking place March 12, 2024 at the American Legion and March 25, 2024 at the Clubhouse in Royal Oak Mobile Park.

Cassidy Figueroa, Recreation Coordinator

- Requested judges for the Weekend of Art event taking place on March 16-17, 2024.

9. COMMISSIONER REPORTS

Commissioner Wright

Nothing to report

Commissioner Singer

Nothing to report

Commissioner Gallagher

- Senior Club bingo transition to the American Legion, voiced her appreciation to the staff for being flexible and kind.

Commissioner Joseph

Nothing to report

Commissioner Beck

Nothing to report

Vice Chair Bandak

Absent

10. ADJOURNMENT

The Parks, Recreation, and Cultural Arts Commission adjourned at 7:50 p.m.

Attest:

William Bandak, Chair

Emeline Noda
Director of Recreation & Community Services/
Director of Intergovernmental Affairs

City of Los Alamitos

PARKS, RECREATION AND CULTURAL ARTS

COMMISSION AGENDA REPORT

MEETING DATE: April 3, 2024

ITEM NUMBER: 6A

To: Chair William Bandak & Members of the Parks, Recreation and Cultural Arts Commission

Presented By: Lauren Pavelec, Department Secretary

Subject: Employee of the Quarter

SUMMARY

This report provides the Parks, Recreation & Cultural Arts Commission with information regarding the Los Alamitos Recreation & Community Services Department Employee of the Quarter.

RECOMMENDATION

Commission receive and file.

BACKGROUND

The Recreation and Community Services Department implemented an awards program to recognize part-time employees for their outstanding work performance on a quarterly basis. The awards program was designed to honor individuals who have a strong work ethic, exhibit quality customer service to patrons, and have performed excellent work in their program or event to which they were assigned.

DISCUSSION

First implemented in Fall 2015, the Recreation & Community Services Department full time staff wanted to recognize part-time employees within the department to honor those who have gone above and beyond. The Department employs approximately 50 part-time recreation leaders on an annual basis. Most of the employees do an outstanding job on a daily basis, but there are a few who have stood out among their peers.

Staff developed a STAR criteria for determining which staff member(s) should be recognized each quarter. Employees are nominated by lead staff or the administrative team in the Recreation & Community Services Department and voted on each quarter based on the following criteria:

S – Support of the Department's Values

T – Teamwork

A – Above & Beyond

R – Reliable

The following individuals have been the recent recipients of the "Employee of the Quarter."

Scott Clark (Senior Recreation Leader) - Scott has consistently displayed a great work ethic and willingness to do whatever task is at hand. He has assisted in many of our programs including front desk, contract classes, coaching youth sports, teaching youth specialty camps, adult soccer, parks and facility maintenance, gym rentals, and special events. He has recently played more of a role at front desk and has proven to progress and provide excellent customer service. Scott has great knowledge and experience in adult soccer and youth sport programs and is greatly appreciated for his willingness to take on tasks that others would consider more labor intensive. He is very dependable, flexible, a heavy lifter, and can be counted on to get the task at hand done safely, efficiently, and in a timely manner. We are thankful to have such a vital team player as Scott and look forward to seeing him grow and excel.

Samantha Todini (Specialist/Senior Recreation Leader) - Samantha Todini was awarded Employee of the Quarter for Summer 2023. Samantha has displayed a passion toward participants and attention to detail with programming. She has assisted and led many of our programs including day camp, adult sports, coaching youth sports, special events, and many more areas across her 8 years in the Department. She most recently took a lead role with Day Camp, planning, organizing, and executing the daily activities and training staff. Samantha creates personable relationships with staff, campers, and their parents, exemplifying the Departments mission of Creating Quality of Life. She consistently looks for ways to elevate programming and events and goes in headfirst no matter how labor intensive. She is very dependable, responsible, knowledgeable, and can be counted on to get the task at hand done in great detail while leading others. We are thankful to have such a core team player as Samantha and look forward to seeing her grow in her future career.

Taelor Pohl (Senior Recreation Leader) - Taelor VonJarosckaPohl was awarded Employee of the Quarter for Summer 2023. Taelor has displayed a positive attitude and willingness to take on more responsibilities. She has assisted and led many programs including front desk, preschool program, aquatics, youth specialty classes, and most recently Yoga in the Park. Taelor plays a vital role in the Lil' Oak Preschool Program. She is admired by all the participants and is a big help in assisting the lead teachers. She has also gone above and beyond in her duties as a lifeguard and swim instructor, contributing significantly to the success of the Aquatics Program. Her kindness and positivity is felt by everyone. Taelor has progressed greatly at the front desk and provides excellent customer service with grace. She is always willing to take on new tasks and help in any way. She is hard working, determined, dependable, has an eye for detail, and shows exemplary interpersonal skills every day. We are thankful to have such a remarkable team player as Taelor and look forward to seeing her continue to grow and help our Department succeed.

Ryan Catibog (Recreation Leader) - Ryan Catibog was awarded Employee of the Quarter for Fall 2023. His investment into this team, as well as his willingness and ability to be dynamically involved within all aspects of this department, have elevated programming and events. He has assisted and led many of our programs including Senior Prom, Dine-In & Dough House, rentals, field maintenance, youth sports, special events, and many more areas across his 2 years in the Department. Ryan has excelled within his primary role with senior program planning, organizing, and executing critical program tasks. Ryan is a dependable leader who has earned trust and developed credibility among his peers and community through his

commitment to detail and consistency in all facets of his professional development. Ryan's personable demeanor has left lasting impressions on older adult participants, exemplifying the Department's mission of creating quality of life. His serene humility, pensive consideration, and positive work ethic make him an ideal candidate for being a S.T.A.R Employee of the Quarter. We are thankful to have such a core team player as Ryan and look forward to seeing him grow in his future career.

David Gallardo (Recreation Leader)- David Gallardo was awarded Employee of the Quarter for Winter 2024. Since joining the Recreation Department, he has quickly become an essential team member. David consistently demonstrates an unwavering commitment, going above and beyond in all tasks he is assigned to. His dedication and reliability make him a valuable team member, and his willingness to assist others is commendable. Whether at the pool for aquatics, handling front desk duties, or helping at City events, David's commitment to excellence remains consistent, making him a standout and dependable asset to our team. David also creates a lighthearted and positive atmosphere that we can always count on. He is truly deserving of the Winter 2024 Employee of the Quarter honor.

FISCAL IMPACT

The nominal costs for the certificates, stars, and STAR Employees recognition wall decor to recognize staff is taken from the Recreation and Community Services Department's supply budget.

Attachment: None

City of Los Alamitos

PARKS, RECREATION AND CULTURAL ARTS

COMMISSION AGENDA REPORT

MEETING DATE: April 3, 2024

ITEM NUMBER: 6B

To: Chair William Bandak & Members of the Parks, Recreation and Cultural Arts Commission

Presented By: Gilberto Arteaga-Ceja , Recreation Coordinator

Subject: Senior Programs

SUMMARY

This report provides the Parks, Recreation, & Cultural Arts Commission with an update on the current offering of senior-related programs.

RECOMMENDATION

Commission receive and file.

BACKGROUND

The City of Los Alamitos Recreation and Community Services Department strives to continue offering a diverse array of programming catering for the 50 and over community. The Department aims to increase the quality of life for the older adult population through a safe, healthy environment designed to nurture interests and fulfill needs.

DISCUSSION

Los Alamitos Senior Club:

The Los Alamitos Senior Club is a non-profit organization that meets weekly every Thursday. The Club currently meets at the American Legion Post 716 from 9:00 a.m. to 2:30 p.m. and is designed to provide a fun space to meet new friends, develop new interests, and socialize with peers. Club activities include bingo games, monthly celebrations, entertainment acts, and seasonal activities. A Social Hour activity is also held on the first and third Wednesday of every month. Members are invited to join a potluck-style lunch and play small group games like Bunco and Yahtzee. Guests are welcome to attend before becoming a member; the annual membership fee is \$20. The temporary relocation of the Club has accelerated the digitization of bingo, moving from a physical game console and board to a projector and large screen. Digital bingo is expected to continue after the return to the Los Alamitos Community Center but with an even sharper projection and a larger screen.

Intergenerational Activities:

Throughout the year, the Lil' Oak Preschool Program and Senior Club organize joint activities, such as distributing roses on Mother's Day, handing flags on Flag Day, and singing carols during the holidays. The seniors also visit the preschool to read stories to the children. Due to the temporary relocation to the American Legion, the activities have been postponed, with an

anticipated return upon completion of the Community Center renovation. Nevertheless, the children continue to create crafts for the Senior Club members, which are then distributed by the Recreation Staff.

Dine-In & Dough House:

Dine-In & Dough House is a senior meal program that takes place twice a week on Tuesdays and Thursdays. The program operates from 8:00 a.m. to 12:00 p.m. and is usually held at Community Center II. Due to ongoing construction, the program is temporarily being held at the American Legion Post 716.

The "Dine-In" portion of the program begins at 11:00 a.m. and features lunch catered from local restaurants. Guests are asked to pay a nominal fee of \$7 to cover the costs of the meal. On the second and fourth Tuesday of each month, entertainment is also provided for guests, featuring a variety of musical and performance acts.

The "Dough House" takes place during the first half of the day, from 8:00 a.m. to 11:00 a.m. Older adults can come together to the program and enjoy friendly conversations over a cup of coffee and baked goods. Local organizations such as Donut House, Jimmy Johns, and Katella Bakery donate bread and pastries that are offered to the community in exchange for minimal donations. All donations are used to subsidize the costs of the meals and entertainment acts that are held twice a month.

Senior Grocery Program:

The City of Los Alamitos has partnered with Second Harvest Food Bank to tackle the issue of food insecurity among older adults. Second Harvest Food Bank works with grocery stores to receive donations and deliver the products to various food distribution sites across Orange County.

The Los Alamitos Senior Grocery Program is one such site that receives and distributes a variety of grocery store products, including fruits, vegetables, dried goods, and condiments, every Tuesday at 1:00 a.m. Despite moving to the American Legion Post 716, the program has continued to grow. This is largely thanks to the diligent and steadfast support from lead Recreation Staff and volunteers who ensure that everybody is treated with dignity and respect. The program now serves over 100 households every week, which amounts to almost 10,000 seniors served each year - a 100% increase in weekly participants compared to the average of 50 two years ago. Cottonwood Church volunteers also aid in sorting and handing out food. The program operates year-round with minimal closures and requires no registration or prior paperwork to attend.

Balance and Fitness:

The Senior Balance and Fitness class is a free hour-long exercise program designed to consider the aging adult's needs and limitations. The class takes place every Tuesday morning at 10:00 a.m. at the American Legion Post 716. It includes low-impact chair exercises such as seated stretches, as well as balance and coordination movements. Due to its immense popularity, the class has consistently held an active waitlist for the past year.

Stretch and Strength:

An additional free exercise class has been added to supplement the popularity of the Balance

and Fitness class. Stretch and Strength is designed for a smaller group of 20 participants and is focused on lightweight impact movements involving standing and seated exercises. This class debuted during the Fall of 2023, meeting once a week for seven weeks. Since then, the program has gained support from current Balance and Fitness participants and new community members looking for an extra challenge. The class has continued to grow and is now offered twice a week on Mondays and Wednesdays from 11:30 a.m. to 12:30 p.m. at Community Center II with an active waitlist.

Educational Workshops:

The American Legion Post 716 offers free monthly educational workshops every Wednesday from 11:00 a.m. to 12:00 p.m. The hour-long presentations feature speakers from governmental agencies and non-profit organizations, covering various topics tailored to the needs of aging adults. In 2024, the Recreation and Community Services Department, in partnership with MemorialCare Long Beach, added an extra monthly presentation focused on health-related topics. Presentations are hosted by a MemorialCare physician.

Technology Classes:

The Recreation and Community Services Department began offering a new class for those wanting individualized technology support winter 2023 season. The program provides iPads for every participant thanks to the Digital Connections Program Grant from the County of Orange and the California Department of Aging. The class meets on Wednesdays from 2:00 p.m. to 3:00 p.m. on the first and third Wednesday of every month. The class has a drop-in fee of \$15.

Senior Prom:

The Senior Prom is an annual event that traditionally takes place on the first Saturday of May at the Los Alamitos Community Center. However, this year, the event will be hosted at the American Legion Post 716, as the Community Center is undergoing renovations. Seniors are invited to join in on the fun from 3:00 p.m. to 6:00 p.m. on Saturday, May 4, for an evening of themed entertainment, such as a live band performance, a catered dinner, wine, photobooth opportunities, prize drawings, and more. Each year features a new theme that allows older adults to dance the night away, reminisce about old memories, and create new ones in this revamped version of an age-old tradition. This year, the prom will be carnival-themed, and pre-sale tickets are available for \$8 each, with an option to reserve an entire table for \$64. Tickets are currently on sale.

Senior Expo:

A newly added annual event that invites commercial, governmental, and non-profit organizations to come together to create a resource fair for older adults. The two-hour event will take place in August at the Los Alamitos Community Center, featuring volunteer opportunities and services in various fields including legal, health, housing, insurance, transportation, caregiving, social security resources, and more. In addition to having an opportunity to access valuable information, seniors will have a chance to win multiple prize drawings and enjoy light refreshments.

Upcoming Programs:

Senior Transportation:

A robust senior transportation plan is currently underway. The City Council has approved the

Recreation and Community Services Department to begin developing a senior transportation service to increase senior mobility within Los Alamitos. This service will bridge the gap between valuable City resources and seniors with limited transportation options. Recreation Staff have applied for Project V funding through the Orange County Transportation Authority to further support the successful implementation of this exciting new resource for residents of Los Alamitos.

Senior Services Master Plan:

The City Council has given its approval for the development of a Senior Services Master Plan at the local level, similar to the one provided by the State. The City has partnered with a consulting group to gather information from members of the local community and professionals who serve the needs of the elderly population. The main objective of the Senior Services Master Plan is to assist the City in planning programs and resources that cater to the needs of older adults age 50 and over and enhance their living standards, with an anticipated date of completion December 2024.

FISCAL IMPACT

Funding for Senior Programs is provided by the Recreation and Community Services Department budget in the Senior Programs budget. The programs are also offset by the funds generated from the Bread Program. MemorialCare Miller Children's & Women's Hospital Long Beach's sponsorship assists with offsetting the event budget for Senior Expo. Funding from vendors and sponsors will further assist with offsetting the budget.

Attachment: None

City of Los Alamitos

PARKS, RECREATION AND CULTURAL ARTS

COMMISSION AGENDA REPORT

MEETING DATE: April 3, 2024

ITEM NUMBER: 6C

To: Chair William Bandak & Members of the Parks, Recreation and Cultural Arts Commission

Presented By: Angel Hernandez, Recreation Coordinator

Subject: Serve Los Al

SUMMARY

This report provides the Parks, Recreation & Cultural Arts Commission with information regarding the Los Alamitos Recreation & Community Services Department's annual Serve Los Al event and monthly networking committee.

RECOMMENDATION

Commission receive and file.

BACKGROUND

The Recreation and Community Services Department offers various programs and events for all within the community. Among these offerings are social service programs such as Serve Los Al. The inaugural Serve Los Al event took place on June 29-30, 2018, and included 200 volunteers and a first annual Health Care Clinic. Prior to 2018, the Partners for Progress nonprofit organization that was once made up of the Executive Directors of the local nonprofits dissolved. This was a vital group as local non-profits came together to discuss community calendars and create information-sharing opportunities. Without this organization, it left a gap in networking and collaboration among the non-profits. At the time, Recreation Manager Emeline Noda set out to create an informal group of the non-profits and the City to work collaboratively, share knowledge and resources, and host a citywide calendar. Simultaneously, Mayor Pro Tem Shelley Hasselbrink discussed with Ms. Noda about an annual service day event.

A Citywide Day of Service Event called Serve Los Al was birthed from this Nonprofit Network Collaborative Group. With the help of other organizations, the annual Serve Los Al event was created to bring the community together to complete bigger service projects for local non-profit organizations and the City and to complete resident projects. Local non-profit organizations continue to meet throughout the year to share roundtable discussions, contribute to the City community calendar, and benefit from various topic discussions and presentations pertaining to non-profit organizations.

DISCUSSION

Serve Los Al is heading into its 7th year, with the event taking place on September 13-14, 2024. Serve Los Al is an annual Serve Day where the City comes together to serve the community. Volunteers are given an opportunity to give back to the City they live in by beautifying Los Alamitos, helping senior residents in need, and assisting local non-profits in accomplishing their goals and the noble work they do each day.

The main Citywide Service event day is on Saturday, September 14. On this day, volunteers come together at 8:30 a.m. for an assembly at the Oak Middle School Outdoor Amphitheatre. This assembly serves as the rallying point for the day where volunteers check in, receive their 'Serve Los Al' volunteer t-shirts, enjoy complimentary breakfast, hear a welcome from the Mayor, take a group photo, and launch out to their projects. Projects are submitted weeks in advance by local non-profit organizations and listed on servelosal.org. Through this website, volunteers can view the full list of projects available and register for the ones they desire. Projects take place from 9:00 a.m. to 12:00 p.m. In addition to projects, Serve Los Al hosts a free Health Clinic through Lestonnac Free Clinic. Lestonnac Free Clinic sets up outside the Los Alamitos Community Center within the parking lot area and provides free services to the community, such as free vision screenings and glasses.

The 2023 Serve Los Al featured nine projects as follows:

2023 Projects:

Los Alamitos Museum – Clean the Museum
Food 4 Kids –
The Youth Center – Help the Youth Center Relocate
Los Al Chamber of Commerce – Cleaning
City of Los Alamitos – Park Clean-Up
Precious Life Shelter – Clean-Up
Royal Oak Mobile Home – Window Washing
St. Isidore Historical Plaza – Clean-Up
Transitions in Motherhood Drive Through Event

Serve Los Al Committee:

A Serve Los Al Committee meets once per month throughout the year and exists for local non-profit organizations to come together with the City to discuss community calendars, share roundtable discussions on each organization's programs, events, and activities, partake in various topic discussions and presentations, and receive any updates on the upcoming Serve Los Al event.

Organizations Involved:

- Casa Youth Shelter
- Cottonwood Church
- Epsom
- Food Finders
- Kiwanis Club
- Lestonnanc Free Clinic
- LAEF
- Los Alamitos Area Chamber of Commerce

- Los Alamitos Community Foundation
- Los Alamitos Joint Forces Training Base
- Los Alamitos Museum
- Los Alamitos/Cypress/Seal Beach Rotary Club
- Los Alamitos Unified School District
- MemorialCare Miller Children & Women's Hospital
- Orange County Health Care Agency
- Pathways to Independence
- Precious Life Shelter
- St. Isidore Historical Plaza
- Summer Harvest
- The Youth Center
- Transitions in Motherhood
- We Care

Topical discussions and presentations are meant to benefit and provide valuable information for all involved. In previous meetings, presentations were held on Social Media, Human Resources, and Grant Writing Tips. Previous discussions have included Succession Planning, Volunteer Recruitment, and IT Tech Resources for Non-profits.

Donation Drives:

In collaborative efforts with local non-profit organizations, three Donation Drives occur annually to help give to those within the community who are in need. At these Donation Drives, the community is encouraged to provide and drop off certain items at the Donation Drives for local nonprofits to collect and distribute to those in need. The Spring donation drive collects diapers, wipes, and paper goods. The Summer donation drive collects backpacks and school supplies. The last Donation Drive occurs in the Winter to collect toys during the holiday season.

Senior Resident Projects:

The Los Alamitos Recreation and Community Services Department offers a volunteer service through Serve Los Al targeted Los Alamitos residents 50 years and older. Residents who meet the requirements may submit a Serve Los Al project application to request volunteer services for their homes, including small or minor landscaping projects. Upon review and acceptance, the project will be completed as part of the Serve Los Al Event or may be done outside the event throughout the year. If done outside the Serve Los Al event, Recreation Staff, and volunteers from the City's L.A.V.P program complete the project.

Love Our Cities:

Serve Los Al partners with Love Our Cities which is an organization that helps to foster a thriving city. Love Our Cities aims to help cities lead city-wide volunteer days, facilitate city-wide initiatives, and become city-wide conveners while networking and collaborating with fellow city leaders.

As a partner with Love Our Cities, Serve Los Al receives an all-in-one website with volunteer management, resources, and tools to help improve and expand the City-wide volunteer service day. Recreation Coordinator Angel Hernandez partakes in a Monthly City Leader Gathering via Zoom where other city leaders who run a city-wide volunteer service day come together to

discuss and learn about various beneficial topics.

Serve Los Al sets a model for other cities to follow. Recently, a local Orange County city approached the staff requesting for further information on how to conduct monthly meetings and what to include on an agenda. The committee has been fruitful and benefits the City in multiple ways including providing residents opportunities to volunteer year round, and providing a way to communicate and collaborate with key organizations in the community.

FISCAL IMPACT

Serve Los Al is allocated \$2,500 from the Los Alamitos Recreation and Community Services annual Budget. Expenses go towards purchasing volunteer t-shirts, providing breakfast for volunteers, and purchasing necessary supplies to complete projects. Another \$1,500 is allocated to supplement donation drive supplies.

Attachment: 1. Serve Los Al Resident Project Application_Angel
 2. Untitled design (31)



Serve Los Al Project Application

To request volunteer services for your home, please complete this form and turn it in to the Community Center at 10911 Oak Street Los Alamitos or scan and email to ahernandez@cityoflosalamitos.org. The Serve Los Al Volunteer Resident committee meets once a quarter and will review your application at the next meeting. Volunteer services are targeted to serve Los Alamitos residents 50+ years or older. If you have any questions, please contact City of Los Alamitos Director of Recreation & Community Services Angel Hernandez at (562) 430-1073.

First & Last Name of Person Requesting Service (Print) _____

Address _____

Phone Number _____ Email address _____

Please provide a brief description of project (attach photos of project area to be completed and additional pages for additional notes, i.e. dogs on site, etc. (be specific):

Family Friendly? ☐ Yes ☐ No Jr. High Friendly? ☐ Yes ☐ No High School Friendly? ☐ Yes ☐ No Gate entry required? ☐ Yes ☐ No

Preferred availability (date range): _____

Desired Projected Timeframe: _____

Tools and Skills Required: _____

Age of resident: _____ Dumpsters needed? ☐ Yes ☐ No

I authorize Serve Los Al volunteers on my property for volunteer project services. I fully understand that my/my child's participation in the Serve Los Al events listed, exposes me/my child to the risk of personal injury, death or property damage. I hereby acknowledge that I/my child am/is voluntarily participating in this event/project and agree to assume any such risks. I hereby release, discharge and agree not to sue the City of Los Alamitos, its sponsors and partners and each of their respective officers, agents, employees, representatives, board members, volunteers and sponsors for any injury, death or damage to or loss of personal property arising out of, or in connection with my/my child's participation in the event/project/class from whatever cause, including the active or passive negligence of City of Los Alamitos, its sponsors and partners and each of their respective officers, agents, employees, representatives, board members, volunteers and sponsors, or any other participants in the event/project.

The parties to this agreement understand that this document is not intended to release any party from any act or omission of "gross negligence," as that term is used in applicable case law and/or statutory provision. In consideration for being permitted to participate in the event/project/class, I hereby agree, for myself, my heirs, administrators, executors, assigns, and agents that I shall indemnify and hold harmless City of Los Alamitos, its sponsor and partners and each of their respective officers, agents, employees, representatives, board members, volunteers and sponsors, from any and all claims, demands, actions or suits arising out of or in connection with my participation in the event/project/class. I also grant my irrevocable right and permission with respect to photographs, videos, motion pictures, and/or sound recordings being taken of myself/my child. I further certify that said person/minor is in good health and has no physical or other impediment which would endanger him/her from participating in such an activity. I hereby consent to any x-ray, examination, anesthetic, medical or surgical diagnosis or treatment and hospital care to be rendered to myself/my child by a physician or hospital selected by staff for any injury or incident arising out of or connection with this event/project. I HAVE CAREFULLY READ THIS WAIVER, RELEASE, HOLD HARMLESS AND AGREEMENT NOT TO SUE AND FULLY UNDERSTAND ITS CONTENT.

Signature _____

Date _____

