

CITY OF LOS ALAMITOS
Council Chamber
3191 Katella Ave., Los Alamitos CA 90720

PARKS, RECREATION AND CULTURAL ARTS COMMISSION
AGENDA
REGULAR MEETING

Wednesday, February 4, 2026 – 6:00 PM

NOTICE TO THE PUBLIC – This Agenda contains a brief general description of each item to be considered. Except as provided by law, action or discussion shall not be taken on any item not appearing on the agenda. Supporting documents, including staff reports, are available for review at the Recreation & Community Services Department or on the City's website at www.cityoflosalamitos.org once the agenda has been publicly posted.

Each matter on the agenda, no matter how described, shall be deemed to include any appropriate motion, whether to adopt a minute motion, resolution, payment of any bill, approval of any matter or action, or any other action. Items listed as "for information" or "for discussion" may also be the subject of an "action" taken by the Parks, Recreation and Cultural Arts Commission at the same meeting.

Agenda-related documents provided to a majority of the Parks, Recreation and Cultural Arts Commission after distribution of the Parks, Recreation and Cultural Arts Commission agenda packet (GC \$54957.5) will be made available for public inspection at the meeting. Such documents will also be available at the Recreation and Community Services Department, 10911 Oak St. Los Alamitos, CA 90720.

In compliance with the Americans with Disabilities Act, Assistive Listening headphones are available and can be checked out from the Recreation and Community Services Department. If you need special assistance to participate in this meeting, please contact the Recreation and Community Services Department at (562) 430-1073, ext. 501. Notification at least 42 hours prior to the meeting will enable the City to make reasonable arrangements to ensure accessibility to this meeting. [28 CFR 35.102.35.104 ADA Title II]. Language translation services are available for this meeting by calling the Recreation and Community Services Department Office least 42 hours in advance

If you are unable to attend this meeting in person, you may submit comments on any agenda item or on any item not on the agenda by email to enoda@cityoflosalamitos.org with the subject line "PR&CA ORAL COMMUNICATIONS". Comments received by 3:00 p.m. the day of the meeting will be compiled, provided to the Parks, Recreation and Cultural Arts Commission, and made available to the public before the start of the meeting. Staff will not read email comments at the meeting.

If, as an attendee, or a participant at this meeting, you will need special assistance beyond what is normally provided, please contact the Recreation and Community Services Department Office at (562) 430-1073, extension 501, 48 hours prior to the meeting so that reasonable arrangements may be made.

1. CALL TO ORDER

2. ROLL CALL

Commissioner Wright
Commissioner Singer
Commissioner Gallagher
Vice Chair Beck
Chair Bandak

3. PLEDGE OF ALLEGIANCE

Chair Bandak will lead the Pledge of Allegiance.

4. ORAL COMMUNICATIONS

At this time, any individual in the audience may address the Parks, Recreation, and Cultural Arts Commission and speak on any item within the subject matter jurisdiction of the Commission. Please state if you wish to speak on an item on the Agenda. **Remarks are to be limited to not more than three minutes.**

5. PR&CA COMMISSION REORGANIZATION

A. Annual PR&CA Commission Reorganization

This report provides relevant information for the PR&CA Commission's annual reorganization, by the election of the Chair and Vice Chair.

Recommendation: It is recommended that the Parks, Recreation, and Cultural Arts Commission nominate and elect:

1. Chair
2. Vice Chair

6. APPROVAL OF MINUTES

A. Approval of Minutes for the Regular Meeting of October 1, 2025.

7. STAFF REPORTS

A. 2025 Accomplishments

This report provides the Parks, Recreation & Cultural Arts Commission with a summary of the 2025 Recreation & Community Services Department accomplishments.

B. Update on Senior Services Master Plan Implementation

This report provides the Parks, Recreation & Cultural Arts Commission with an update on the implementation of the Senior Services Master Plan.

8. ITEMS FROM THE RECREATION & COMMUNITY SERVICES DEPARTMENT

At this time, City Staff may also report on items not specifically described on the Agenda that are of interest to the community, provided no action or discussion is taken except.

9. COMMISSIONER REPORTS

At this time, Commissioners may report on items not specifically described on the Agenda that are of interest to the community, provided no action or discussion is taken except to provide staff direction to report back or to place the item on a future Agenda.

10. ADJOURNMENT

The Parks, Recreation, and Cultural Arts Commission will adjourn to Wednesday, April 1, 2026.

I hereby certify under penalty of perjury under the laws of the State of California, that the foregoing Agenda was posted at the Los Alamitos City Hall, 3191 Katella Ave. and online at www.cityoflosalamitos.org not less than 72 hours prior to the meeting. **Dated this 29th day of January.**

Lauren Pavelec

Lauren Pavelec, Department Secretary

MINUTES OF PARKS, RECREATION AND CULTURAL ARTS COMMISSION OF THE CITY OF LOS ALAMITOS

SPECIAL MEETING – WEDNESDAY, October 1, 2025

1. CALL TO ORDER

The Parks, Recreation and Cultural Arts Commission met in a Special Session at 6:00 p.m., Wednesday, October 1, 2025, in the Council Chambers, 3191 Katella Ave., Chair Bandak presiding.

2. ROLL CALL

Present: Commission Members: Bandak, Gallagher, Wright, Beck

Absent: Commission Members: Singer, Joseph

Present: Staff: Ron Noda, Assistant City Manager
Emeline Noda, Director of Recreation & Community
Services/Director of Intergovernmental Affairs
Steve Kim, Recreation Supervisor
Lauren Pavelec, Department Secretary
Samantha Kenny, Recreation Coordinator
Alejandro Gonzalez Lecumberi, Recreation Coordinator

3. PLEDGE OF ALLEGIANCE

Chair Bandak led the Pledge of Allegiance.

4. PRESENTATIONS

The updated Boards, Commissions, and Committees Policy Handbook will provide an easy-to-understand format for the City's appointed bodies that will complement the Los Alamitos Municipal Code.

Assistant City Manager Ron Noda presented the Handbook.

5. ORAL COMMUNICATIONS

Chair Bandak opened Oral Communications. At this time, any individual in the audience may come forward to speak on any item within the subject matter jurisdiction of the Parks, Recreation, and Cultural Arts Commission. Remarks are limited to not more than five minutes per speaker. Oral communications were closed.

6. APPROVAL OF MINUTES

Motioned: Gallagher/Seconded Bandak

Motion Carried: The Parks, Recreation and Cultural Arts Commission approved the minutes for the Regular Meeting of August 6, 2025.

A. STAFF REPORTS

A. Department Marketing Strategies

This report provides the Parks, Recreation & Cultural Arts Commission with an overview of the development and implementation of marketing strategies utilized year-round to promote seasonal programs and events.

Recreation Coordinator Alejandro Gonzalez Lecumberi summarized the staff report.

B. California Park & Recreation Society District 10 Volunteer Merit Award Nominations

This report provides the Parks, Recreation & Cultural Arts Commission with an opportunity to consider nominees for the 2025 California Park & Recreation Society (CPRS) District 10 Volunteer Merit Award.

Recreation Coordinator Samantha Kenny summarized the staff report and requested that PR&CA Commissioners select nominees for the CPRS District 10 Volunteer Merit Award.

The California and Recreation Society (CPRS) District will notify and invite to the Awards and Installation Banquet date TBA for 2026. The City Council and the City Manager and Recreation and Community staff will also be invited to attend. The awards program recognizes and honors individuals and organizations contributing to the recreation profession and the quality of life within CPRS District 10. Each year, the City of Los Alamitos nominates an individual and/or an organization to receive the Volunteer Merit Award. Nominations were taken from individual Commissioners and voted the following:

- Financial Partners Credit Union (Organization) and LAVP Volunteer (Individual): Motion/Second: Beck/Wright

7. ITEMS FROM THE RECREATION & COMMUNITY SERVICES DEPARTMENT

Emeline Noda, Director of Recreation & Community Services/Director of Intergovernmental Affairs

- Announced that the Los Alamitos Community Foundation is looking for new board members.
- Serve Los Al, Celebrate Los Al, and Women's Conference were all successful events.
- Labourdette Ribbon Cutting and Soroptimist Groundbreaking
- The acoustic and fire alarm installation is going to start at the Community Center

Lauren Pavelec, Department Secretary

- Handed out an RSVP sheet for the remaining events for the year.
- The Commission voted to go dark in December. Motion/Second: Bandak/Beck

Steve Kim, Recreation Supervisor

- Announced the 2nd Annual Pals of Los Al event, scheduled for November 5, 2025, at 3:30 p.m. on the Oak Middle School field.
- Shared details about the upcoming EV Transportation Program, set to launch early 2026.

B. COMMISSIONER REPORTS

Commissioner Wright

- Attended the Labourdette Ribbon Cutting

Commissioner Singer

N/A

Commissioner Gallagher

- Attended the Celebrate Los Al event and applauded the staff for a great event.

Commissioner Joseph

N/A

Vice Commissioner Beck

Nothing to report.

Chair Bandak.

- Attended the Celebrate Los Al event, spoke to neighbors, and everyone had a great time.

C. ADJOURNMENT

The Parks, Recreation, and Cultural Arts Commission adjourned at 6:51 p.m.

Attest:

William Bandak, Chair

Emeline Noda
Director of Recreation & Community Services/
Director of Intergovernmental Affairs

City of Los Alamitos

PARKS, RECREATION AND CULTURAL ARTS COMMISSION AGENDA REPORT

MEETING DATE: February 4, 2026

ITEM NUMBER: 7A

To: Chair William Bandak & Members of the Parks, Recreation and Cultural Arts Commission

Presented By: Emeline Noda, Director of Recreation & Community Services

Subject: 2025 Accomplishments

SUMMARY

This report provides the Parks, Recreation & Cultural Arts Commission with a summary of the 2025 Recreation & Community Services Department accomplishments.

RECOMMENDATION

Commission receive and file.

BACKGROUND

The Los Alamitos Recreation & Community Services Department offers a wide variety of classes, programs, services and events on a year-round basis. The Department was able to produce quality programs and events and make significant enhancements this past year.

DISCUSSION

Serve Los Al Network Group – Staff led the Serve Los Al Committee in a series of meetings with a variety of discussion topics shared and special guest speakers.

Non-profit representatives were able to share valuable information with one another regarding programs and events and be able to collaborate together leading up to the annual Serve Los Al event. The City was also able to effectively share upcoming City events and programs to invite participation and create awareness.

Donation Drives – The Los Alamitos Recreation and Community Services Department hosted three donation drives for the non-profit community including diapers and paper goods, backpacks and school supplies, and a toy drive partnering with Los Alamitos Police Department that were all successful. The non-profit recipients were able to distribute to local families in need and were very appreciative of the donation drives.

Sponsorships – Approximately \$133,000 in sponsorships were secured for the Recreation & Community Services Department for 2025 by Department staff.

Director of Intergovernmental Affairs – Director Emeline Noda worked closely with the City Manager and City Council on City and regional priorities. The 2025 City of Los

Alamitos Legislative Platform was adopted by the City Council in March of 2025.

The City Clerk's Office in partnership with the Intergovernmental Affairs Division works collaboratively to obtain Mayor's signatures/approval along with City Manager's approval, to send out the legislative support or opposition letters based on recommendations from organizations such as League of California Cities, Association of California Cities – Orange County (ACC-OC), or Orange County Council of Governments (OCCOG). The letters are kept in a central folder and tracked on this correspondence log below, then sent through the California Legislature Position Letter Portal. A copy of the letter is then sent to the requesting agency to collect letters from the agencies they represent. To date, Los Alamitos is one of the leading cities in the state to produce letters of support or opposition according to the League of California Cities.

Non-profit and Community Event Support – Recreation and Community Services Staff supported non-profit events, meetings, and various community events year-round including:

- Summer Harvest Poker Tournament
- Kiwanis Club Meetings
- LAEF's Night Out
- LAEF State of the District Event
- Precious Life Summer BBQ
- Precious Christmas Event
- Casa Youth Shelter Gala
- The Youth Center Gala
- The Youth Center Tree Lot Volunteer Project
- The Youth Center Night Among the Stars
- Los Alamitos Area Chamber of Commerce Heroes Luncheon
- Los Alamitos Area Chamber of Commerce Monthly Breakfasts or Luncheons
- Los Alamitos Community Foundation Meetings
- RMAC Monthly Meetings at JFTB
- PTA Council Monthly Meetings & HSA Breakfast
- JFTB Christmas Tree Lighting
- We Care Gala
- Pathways to Independence Gala
- Taste for Los Al

Donation Drive for Wildfire Survivors – The City of Los Alamitos partnered with local non-profit organizations in January 2025 to launch donation drives to aid in the relief efforts of those affected by the wildfires. Several Recreation Staff were sent to Casa Youth Shelter, Transitions in Motherhood, and Food Finders. Staff assisted with accepting and organizing donations to send to those in need.

Regional Military Affairs Committee (RMAC) – City staff took the lead in coordinating the RMAC meetings to refresh the agenda and maintain the database for the meetings.

The Youth Center Leadership Academy – Director Emeline Noda presented at The Youth Center Leadership Academy on the topic of Building Self-Confidence and Battling Self-Doubt on Wednesday, July 23, 2025 to approximately 25 local teens. She conducted two interactive activities and shared about her journey on this topic.

Special Recognitions – Department staff were recognized for exemplary achievements throughout the year:

- Director Emeline Noda was recognized at the Community Advisory Committee Awards as one of five individuals representing the Los Alamitos Unified School District for her leadership in initiating the Adaptive Recreation Program and Pals of Los Al event in partnership with the Los Alamitos High School Athletic Teams.
- Director Emeline Noda was recognized at the Los Alamitos Unified School District Board Meeting on Tuesday, May 13, 2025 at 4:00 p.m. for the Community Advisory Committee (CAC) Award received for Adaptive Recreation in partnership with the School District and supported by the Los Alamitos Community Foundation.

CSULB Recreation and Leisure Studies Community Advisory Board and Alumni Advisory Team – Director Emeline Noda was recommended by the Cal State Long Beach (CSULB) Recreation and Leisure Studies Faculty to be part of the new Recreation and Leisure Studies Community Advisory Board and the Alumni Advisory Team to the Department. The new Advisory Board will perform various important functions that will include reviewing current and planned academic curriculum for the Department that align with the accreditation standards. The Board will also help the Recreation & Leisure Studies Department in developing alumni engagement activities, events, programs, scholarships, and other support services for the Department's Alumni, Students, Faculty and Community Partners to help strengthen and unite the Recreation and Leisure Studies Community.

California Park & Recreation Society – Staff supported the CPRS organization in a variety of ways in 2025:

- Recreation Supervisor Steve Kim attended the California Park and Recreation Society (CPRS) Spring Membership meeting on Thursday, May 8, 2025 in Laguna Niguel. He was selected to present a session on Coaching & Mentorship at the Membership Meeting.
- Recreation Supervisor Steve Kim presented a session at the CPRS Region four Mini Conference at the Whittier Community Center in Whittier, California. Region four covers cities in Riverside County, San Bernardino County, and several cities in Los Angeles County. The session titled Meat and Potatoes of Youth Sports covered the basics of youth sports programming and marketing aspects to improve visibility and participation.
- Recreation staff attended Level Up: Rising Professionals Academy at the Fountain Valley Recreation Center. The event was hosted by the California Parks and Recreation Society (CPRS) District 10 and was the first full-day training dedicated to foundational-level full-time leaders in Parks, Recreation, and Community Services. During the training, there were a variety of speakers and topics discussed, including programming, staff management, budgeting, and more.

- Director Emeline Noda was invited to be a panelist on the California Park and Recreation Society (CPRS) Exec Talks on Zoom to discuss involvement with League of California Cities and the benefits of expanding knowledge beyond Recreation into the variety of City government.
- The entire Recreation & Community Services Administrative Team attended the California Park and Recreation Society (CPRS) District 10 Awards & Installation Banquet on Thursday, April 10, 2025. Volunteer Merit Award Winners included Dine & Dough House senior volunteer Rachel Solis and Executive Director Theresa Murphy representing Precious Life Shelter.

Sports Programs – The Department offered a wide variety of sports offering for youth and adults:

Youth Sports – Youth Sports offered in 2025 included: Youth Basketball League, Youth Volleyball League, Track and Field, Cross Country, Parent & Me Basketball, Jr. Pee Wee Basketball, Parent & Me Soccer, Jr. Pee Wee Soccer, Pee Wee Soccer, Parent & Me T-ball, Jr. Pee Wee Baseball, Various Summer Sport Camps, Volleyball Bump Clinic, and Basketball Clinics.

Winter 2025 –

- Youth Basketball League – 85
- Parent & Me Basketball – 6
- Jr. Pee Wee Basketball - 13

Spring 2025 –

- Parent & Me Soccer – 12
- Jr. Pee Wee Soccer – 19
- Pee Wee Soccer – 9
- Track & Field - 135

Summer 2025 –

- Parent & Me T-Ball – 19
- Jr. Pee Wee Baseball – 9
- Youth Soccer Camp – 13 (Public Reg. #)
 - Daily Day Camp Add-On Average: 18
- Youth Track & Field Camp – 18 (Public Reg. #)
 - Daily Day Camp Add-On Average: 8
- Youth Football Camp – 13 (Public Reg. #)
 - Daily Day Camp Add-On Average: 9
- Youth Basketball Camp – 17 (Public Reg. #)
 - Daily Day Camp Add-On Average: 14
- Youth Volleyball Camp – 19 (Public Reg. #)

- Daily Day Camp Add-On Average: 13

Fall 2025 –

- Parent & Me Basketball – 6
- Pee Wee Basketball – 12
- All-Star Basketball – 7
- Bump Clinic – 13
- Volleyball League – 68
- Cross Country - 40

Youth Basketball League – The City of Los Alamitos Youth Basketball League, in partnership with the Jr. Clippers, served 85 registered participants during the 2025 season. Before the start of league play, the Jr. Clippers enhanced the program by hosting a free basketball skills clinic, open to both league participants and members of the community.

Throughout the basketball season, team morale remained high, and Recreation Staff demonstrated strong engagement with players while creating a welcoming and inclusive environment. Some challenges were experienced related to game refereeing throughout the season, as most Recreation staff have little to no experience in this area. However, as the season continued, Recreation staff improved week by week. Additional referee training has been implemented for the 2026 season to improve consistency and overall game quality. The 2025 season wrapped up with a Skills Contest that brought teams from each division together to compete in four skill-based challenges. The Jr. Clippers supported the event by providing on-site staff, giveaways, and raffles for league participants. Following the Skills Contest, all participants received a participation medal, Skills Contest winners were recognized, and division champions were awarded.

Youth Track & Field – The Los Alamitos Youth Track and Field program had its opening day on Monday, March 24! The program has a total of 132 registrations across two different sessions. This is over a 40% increase from last year's number of 93 registrations. On Monday, May 19, 2025, the Los Alamitos Recreation and Community Services Department held a Youth Track and Field Meet for grades first through eighth grade at the McAuliffe Middle School Track. It was an event filled with smiles, laughter, and great competition. Every participant put on a show and gave their best effort - from lightning-fast 50m, 100m, and 200m sprints, to the endurance-filled 400m and 800m runs. The long jump brought out some epic hangtime and the softball throw showed off serious power and strength. The top three finishers, male and female, for each event were awarded with placement ribbons. With 136 participants, this year's track program grew significantly from previous years.

Coed Youth Volleyball League – The Youth Volleyball League concluded their season on Friday, May 20 with a Skills Contest that was filled with friendly competition for many. Each of the six teams from the league competed in three skills challenges that tested their serving, speed, and teamwork. The evening included an awards ceremony in which each player was individually awarded a medal by their coach, team Lava Rocks was awarded

season champions for their undefeated season, and team Order on the Court was awarded for being the Skills Contest winners. Following the awards ceremony, 18 of the participants parents participated in sets of parents versus parents, parents versus season champions, and parents versus skills contest champions. The parents were victorious against both of the participant teams.

Los Alamitos Cross Country Race Day – The Los Alamitos Cross Country program ended on Thursday, November 13, 2025, with a race! Over the course of nine weeks, cross-country participants ran with endurance and speed, improving week by week leading up to the big race day. On race day, families lined up to cheer on the athletes. Students in grades three through five competed in a one-mile race around the Oak Middle School fields and track, while those in grades six through eight took on a challenging two-mile course that extended through the Coyote Creek riverbed. The evening was both memorable and inspiring as runners showcased the progress they had made throughout the season. Awards were presented to the overall male and female winners of each race, as well as the top three finishers in each category. The Los Alamitos Recreation and Community Services Department is proud to have put on a successful first-year cross-country program with 40 participants!

Youth Volleyball Skills Contest – To wrap up another successful Los Alamitos Youth Volleyball Season, a Skills Contest was held on Friday, November 14, 2025, at the Oak Middle School Gym. The Skills Contest is an event where teams go head-to-head in a series of exciting, skill-based challenges. After the competitive portion of the contest, the evening concluded with an awards ceremony, celebrating all the hard work, teamwork, and highlights from this incredible season. It was a sight to see as athletes cheered, jumped with excitement, families made noise from the bleachers, and athletes giving their all in every challenge.

Pickleball Tournaments – Recreation staff successfully planned and implemented two community pickleball tournaments in 2025:

- On Saturday, July 19, the City of Los Alamitos Recreation and Community Services Department served up another FREE Pickleball Tournament for the second year in a row as part of Parks and Recreation Month. The tournament was a hit with a total of 34 teams across two divisions at Laurel Park for a day filled with laughter, memorable moments, and pickleball fun! To keep players focused and fueled for their best performance, waters and granola bars were provided. To make the day memorable and vibrant, Recreation Staff created a themed pickleball balloon backdrop and the top three finishers in the tournament were awarded prizes. The first-place winners received two \$50 Amazon gift cards, two gold medals, and two packs of pickleballs. Second place winners received two silver medals and two packs of pickleballs. Third place winners received two bronze medals.
- The Los Alamitos Autumn Classic Pickleball Tournament was a huge success on Saturday, November 8, at Laurel Park! All proceeds from this exciting event benefited the Los Alamitos Community Foundation. A total of 18 teams competed in the Beginner/Intermediate Division, and six teams battled it out in the Intermediate/Advanced Division. Play It Again Sports Los Alamitos joined the fun and generously provided pickleball packs for the first and second place winners in

each division. It was truly an awesome day filled with spirited competition, laughter, and new friendships. Congratulations to team Oinch for winning the Beginner/Intermediate Division and for team J-Lo Smashers for winning the Advanced Division

Adult Soccer – The Recreation and Community Services Department offers three to four adult soccer seasons per fiscal year. The length of the seasons depends on the number of teams registered, resulting in three or four seasons per year. Seasons include fall, winter, spring, and summer. Current leagues running this upcoming winter season include 7v7 Men over 35, 7v7 Women's over 30, and new to 2026 Men's 5v5, which will take place on Sunday nights at Laurel Park. Most teams in the current leagues have been participating in the league for several years. Games for the 7v7 leagues take place on Wednesday and Thursday nights from 7:30 p.m. to 9:30 p.m.

Long Beach Table Tennis Club – League play was held for the Long Beach Table Tennis Club. With matches occurring on Wednesdays at the Oak Middle School Gym, league play provides participants with organized play according to skill level. Through the league, participants are grouped and can climb the rankings as they compete against one another. On Wednesdays, drop-in play and league play is available from 7:30 p.m. – 10:30 p.m.

Aquatics Program - During 2025, the Los Alamitos Aquatics program continued year-round classes at the MWR Aquatics Center at the Joint Forces Training Base. Aquatics Staff offered four-week sessions throughout the year for each of the seasons. During the winter and spring seasons, the program had over 260 participants in youth swim lessons. In the summer, despite experiencing extenuating circumstances, the Recreation Staff were still able to offer swim lessons to over 250 participants and approximately 150 reservations for free recreation swim. Moving into the fall, the program continued its year-round offering and had over 220 participants for the session rounding out the year. The aquatics program is excited for what's to come in 2026, as private lessons will begin and summer offerings will expand to provide more options.

Due to ongoing Base operations during the summer, the aquatics program temporarily located to the Cypress High School Pool.

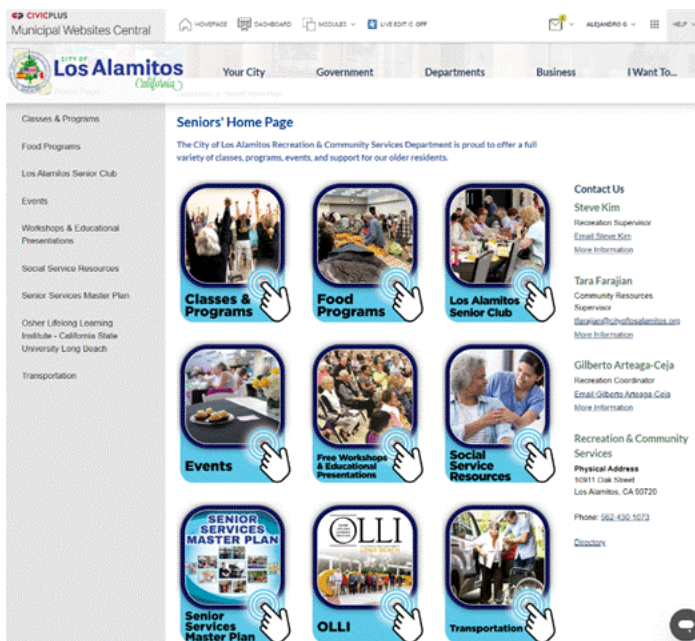
Adaptive Recreation – In 2025, the department hosted seven monthly meetups for the disabled community. Some of these meet-ups included a family game night, a gingerbread house social, an end-of-summer ice cream social, and the most popular event in 2025, the Ghost & Ghouls Costume Social. Each monthly meet-up averaged about eight participants and provided an inviting space for these individuals and their families to enjoy.

Pals of Los AI 2025 – On Wednesday, November 5, 2025, the City of Los Alamitos Recreation and Community Services Department hosted their Second Annual Pals of Los AI Youth Sports Day. Pals of Los AI is an adaptive sports day for individuals with disabilities, offering a structured and relaxed environment where they can showcase their athletic abilities. The afternoon was filled with four different sports stations, paired with Soccer, Volleyball, Track and Field, and Football. Each station ran on 10-minute rotations, allowing each participant to experience all the stations. Over 15 kids attended the event,

and each of them received a medal for completing the afternoon! After the medal ceremony, the athletes cooled down with a refreshing Kona Ice. The event received support from all departments within the City, including Development Services, Administration, Finance, and Police. Many local agencies also attended, including the Orange County Fire Authority, the Special Olympics, Los Alamitos High School's ASB, and representatives from the Los Alamitos Unified School District.

Senior Program Updates – Recreation and Community Services staff were hard at work implementing new classes, programs and resources for the older adult community based on the needs and findings of the Senior Services Master Plan, adopted by City Council in February of 2025.

- New Community Resources Supervisor hired to help support the expansion efforts to senior programs and information and referral. Tara Farajian, is a licensed social worker with more than 20 years of experience. Her primary role is to link local seniors to resources, programs and referrals for assistance. She is the lead for the educational component of the new Electric Vehicle (EV) Transportation system and teaching the community how to utilize the service.
- Expansion of free programs for seniors have been a hit, with most classes reaching maximum capacity. To ensure our Los Alamitos residents are being served first, Los Al residents were given a one week priority registration window which was received with appreciation.
- Expansion of senior workshops including:
 1. Caregiver Workshop series hosted by the Alzheimer's Association and featuring a wide range of topics pertaining to caring for a loved one and prioritizing self-care for the caregiver.
 2. Partnership with MemorialCare to host medical educational presentations for the aging community on Wednesdays from 11:00 a.m. to 12:00 p.m. with Dr. Trinh.
 3. Expansion of educational presentations for the community such as Pharmacist Bill Liu from the Orange County Health Care Agency will present on "Medications to Manage Type 2 Diabetes."
- The senior web page was redesigned to make it easier to navigate.



- Senior Grocery Program – The weekly program in partnership with Second Harvest Food Bank averaged service to 170+ households, 10 local volunteers and 5000 pounds of food weekly. The program underwent a restructuring to include the Emergency Food Assistance Program. TEFAP is an additional program funded by the United States Department of Agriculture (USDA) to provide additional supplies for the senior population.
- Partnership with Osher Lifelong Learning Institute (OLLI) – The California State University Long Beach Osher Lifelong Learning Institute, also known as “OLLI,” began a partnership with the Department in 2025. The Community Center became a host site for OLLI classes as part of a new collaboration to increase older adult programming and welcome new visitors to the community center. OLLI classes launched in the summer and quickly became a big hit. The Department also created a one-time membership scholarship program for interested seniors to sign up and take an OLLI class.
- Partnership with The California Council on Gerontology and Geriatrics (CCGG) – Community Resources Specialist Tara Farajian was invited to join the board of The California Council of Gerontology and Geriatrics. She is invited for a two-year term with the option to extend. The CCGG’s mission is to promote the quality of life of California’s diverse aging population through leadership and by fostering statewide collaborations among educational programs, providers, practitioners, and public policy advocates.
- Los Al Link at Good Evening, Los Al – The City of Los Alamitos and the Recreation and Community Services Department were proud to unveil to the public the upcoming EV transportation vehicle fleet service in partnership with Development Services and Circuit during the Good Evening, Los Alamitos event. These vehicles will circulate throughout the City of Los Alamitos, offering free rides to riders aged 50 and above, as well as low-cost rides to all others. Congratulations to Recreation Coordinator Alejandro Gonzalez-Lecumberri on designing an outstanding logo design and wrap of the vehicles.

Department Special Events – Staff successfully planned and implemented the following citywide special events:

UWS Race on the Base - The UWS Race on the Base returned to the Joint Forces Training Base on Saturday, March 1, 2025. The event hosted 1,000 participants in the 5K Run/Walk, Reverse Triathlon, and 300 volunteers. Mayor Shelley Hasselbrink and LTC Daniel Fox started the races. Participants came from all over Southern California to the iconic event, which showcases the City of Los Alamitos and gives participants a chance to run through a military base and airfield.

Financial Partners Credit Union Weekend of Art – The 10th annual Financial Partners Credit Union Weekend of Art took place on Friday, March 14 - Saturday, March 15 at the Los Alamitos Community Center. The event was a great success with over 350 works of art and 120 performers throughout the weekend. There was a steady flow of guests throughout the entire duration of the event which featured a “Creative Corner” for kids to make arts and crafts, music, appetizers, drinks, live entertainment and a free portrait workshop, a giveaway to all youth participants, vendors, and a large visual arts exhibition featuring all mediums. The closing ceremony took place on Saturday, March 15 at 6:00 p.m.

Spring Carnival – The MemorialCare Miller Children’s & Women’s Hospital Long Beach Spring Carnival, presented by CalOptima, was a vibrant success on Saturday morning, April 19, at Little Cottonwood Park. It was a warm and sunny afternoon filled with many activities for the community to enjoy. Some of the awesome features of the event included inflatable bounce houses, pictures with Peter the Rabbit, a K9 Demonstration by the Los Alamitos Police Department, live music, food vendors, game booths, and popular egg hunts. From start to finish, smiles could be seen, laughter was heard, as many families and community members enjoyed their morning at the event.

Elevate Teen Expo – The 4th Annual Teen Expo had 33 outstanding middle school and high school students attend on Saturday, April 20, 2025 at the Los Alamitos Community Center. In collaboration with the event committee, Elevate was developed to provide local middle and high school students with resources and tools to help them thrive in all areas of their life. It was a special day full of laughter, hope, positivity, and knowledge! This event would not have been possible without the incredible efforts of Casa Youth Shelter, Los Alamitos Police Department, Orange County Fire Authority, Orange County Health Department, Southland Credit Union, Tilly's Life Center, The Youth Center Leadership Council, and City of Los Alamitos Recreation and Community Services.

Elevate Senior Prom – The Senior Prom event was held at the Los Alamitos Community Center on Saturday, May 3, 2025, from 3:00 p.m. to 6:00 p.m. This sold-out event welcomed over 100 guests to a casino-themed evening filled with casino table games, dinner, prizes, a photo booth, and live music performed by King Salmon and the Funk Yard Horns. The Los Alamitos Senior Club sponsored the wine for the evening, offering each guest the first glass for free.

Weaver Fifth Grade End-of-Year Celebration – Recreation staff worked together with the

Weaver Elementary Parent Teacher Association (PTA) to host a fun, all-day event for the graduating class, with over 120 students. Weaver PTA has requested to contract with the Los Alamitos Recreation and Community Services Department for the past several years to plan and coordinate this special end-of-year event for the 5th graders on-site at the school. This year, the event occurred on Monday, June 2, 2025, from 7:30 a.m. to 2:30 p.m. and included 10 activity stations, conducted by 15 staff members, and included activities such as a mobile escape room, inflatable obstacle course, and silent disco, along with an incredible BMX show during the lunch break.

Summer Concert Series – The Summer Concert Series held a series of eight concerts at Little Cottonwood Park and at Orville R. Lewis Jr. Park. An average of 200 people attended each event and enjoyed live music and food vendors. The Mobile Rec staff was on hand to provide crafts and activities for kids at the event. Overall, the events went well attended, and the patrons got to spend a nice evening relaxing and listening to a live performance.

Park and Recreation Month - Park and Recreation Month was held in July and featured a variety of program and events for the community including: Paws in the Park, Sunset Yoga featuring Yoga Six of Cypress, a Family Movie Night at Sunburst Field, the second annual Los Alamitos Pickleball Tournament, and the Dog Park.

Paws in the Park – The second annual Pet Expo for the Community titled Paws in the Park took place on Saturday, June 28th from 12:00 p.m. – 3:00 p.m. at Little Cottonwood Park. The event included following:

- On site pet adoptions from local rescue and shelters
- K9 Officer/Emotional Support K9 Demonstrations by Cypress Police Department and Orange County Fire Authority
- Dog Costume Contest- Top three Best Dressed Pups received prizes with a PetSmart gift card, toys, and treats
- Free Pup Cups- Whipped cream with a dog biscuit
- Vet Care completed on site microchipping and vaccinations
- Mobile Groomers
- Pet Related Vendors
- Dog Bandana Decorating Station
- Photo Area

3rd of July Fireworks Spectacular – Due to ongoing Base operations at the Joint Forces Training Base, the 2025 Fireworks Spectacular transitioned to a livestream event only. Staff held a livestream of the fireworks with an accompanying soundtrack which participants could enjoy.

MemorialCare Elevate Encore Senior Expo - The City of Los Alamitos Recreation and Community Services Department hosted the annual MemorialCare Elevate Encore Senior Expo on Wednesday, August 27, 2025, from 10:00 a.m. to 12:00 p.m. The event was held at the Los Alamitos Community Center within the Large Activity Room. Approximately 35

vendor booth tables lined up the entire space, including the lobby, marking the largest number of vendor participants to date. Six sponsors helped make the event possible, including Title Sponsor MemorialCare, Presenting Sponsors Living Well Home Care and Scan Health Plan, Gold Sponsor Home Instead, and Community Sponsors Forest Lawn and Time4Change. This marked the third anniversary of the resource fair, which welcomed over 300 older adults (highest attendance since the event began) seeking resources, volunteer opportunities, and socializing with other community members. Resources ranged from transportation to caregiving, mental health, technology, leisure services, volunteer opportunities, nutrition, and more.

Celebrate Los Al – The City of Los Alamitos hosted the UWS Celebrate Los Al this past Saturday, September 13, 2025. In collaboration with the Police Department and Development Services, the event featured the third annual carnival, featuring rides and games for all ages, benefiting the Los Alamitos Community Foundation, Public Safety Fair, Pine StrEATS, Veterans Recognition with Orange County Supervisor Janet Nguyen in attendance, live bands, and the Elite Maintenance & Tree Service Glow Run. The event began at 4:30 p.m. and concluded at 9:30 p.m. with approximately 7,500 to 8,000 guests in attendance.

Serve Los Al – On Saturday, September 13, 2025, volunteers from across the City, including Sunburst Youth Academy, came together to participate in various service projects as part of the annual Serve Los Al event. This city-wide initiative unites residents in a shared mission to give back and make a lasting impact on the Los Alamitos community. Lestonnac Free Health Clinic provided free vision screenings and dental services at the Los Alamitos Community Center. LifeStream Blood Bank hosted a blood drive in the Community Center parking lot, offering another meaningful way for residents to give back. A total of 11 community projects took place across the city, including:

- We Care Pantry Power-Up
- Summer Harvest Bag Decorating
- Coyote Creek Clean-Up
- Little Cottonwood Park Clean-Up
- Little Library and Shed Refresh
- Los Alamitos Museum
- (2) Senior Landscape Projects
- Royal Oak Mobile Home Window Washing
- Heart of the City
- Little Cottonwood Storage Shed Painting

In addition to the 10 projects on Saturday, Precious Life Shelter hosted a project at their thrift shop on Friday, September 12, 2025. Two volunteers participated in this effort, with one expressing deep gratitude and enjoyment for the opportunity to give back to the community.

Elevate Women's Conference - The fourth annual Elevate Women's Conference was held on Wednesday, October 1, 2025. The half-day event was held at the Los Alamitos Community Center from 8:30 a.m. to 1:00 p.m. and was sponsored by Premier Sponsor

MemorialCare Miller Children's & Women's Hospital Long Beach. The conference welcomed approximately 90 guests from Los Alamitos and surrounding communities. Attendees experienced an engaging lineup of keynote speakers, breakout sessions, networking opportunities, and a catered lunch. Attendees enjoyed a fresh and healthy lunch from Jan's Health Bar, featuring an assortment of sandwiches and salads. This year's conference marked yet another successful milestone for Los Alamitos Recreation and Community Services Department. The Elevate Women's Conference once again empowered participants to reflect and reignite their personal and professional growth.

Trunk or Treat – On Saturday, October 25, 2025, the City of Los Alamitos Recreation and Community Services Department hosted the 14th annual Memorial Care Miller Children's and Women's Hospital Long Beach Trunk or Treat. Attendees were able to visit over 26 festive trunks and over 18 friendly vendors. The evening hosted many activities, like a free pumpkin patch sponsored by Southland Credit Union, a train ride with a spooky train route with six light tunnels and themed inflatables, carnival games, a sensory area, and an entertaining costume contest. The costume contest included five unique divisions that were judged by the Los Alamitos Parks, Recreation & Cultural Arts Commission. With over 5,500 attendees, food options were a priority; with over seven unique food trucks, there were many options to choose from, as well as a beverage garden provided by the Los Alamitos Community Foundation.

Halloween Decorating Contest – The Halloween Decorating Contest took place on Tuesday, October 28, 2025, from 7:00 p.m. – 9:00 p.m. There were 88 homes registered for the contest. Volunteer judges included Parks, Recreation, and Cultural Arts Commissioners.

Winter Wonderland Recap – The 14th Annual MemorialCare Miller Children's & Women's Hospital Long Beach Winter Wonderland presented by UWS took place on Saturday, December 6, 2025, from 4:00 p.m. – 7:30 p.m. on Pine Street and St. Isidore Historical Plaza. Approximately 7,500 guests attended the event to enjoy the variety of activities, making it one of the largest City events of the year. Led by Management Analyst Megan Shimada, activities included ice skating, snow play, a vendor fair, food trucks, a tree lighting ceremony, live entertainment, carolers, a train ride, beverage garden, jumpers, ornament making, letters to Santa, and two photo areas for Santa and the Grinch. The chapel was open for display and carolers entertained guests.

Holiday Decorating Contest – The Holiday Decorating Contest took place on Wednesday, December 10, 2025, from 6:00 p.m. – 10:00 p.m. 85 homes were visited by our volunteer judges. Management Analyst Megan Shimada coordinates the two decorating contests for the year with the assistance of help to drive volunteers by Department staff. Volunteer judges include Parks, Recreation & Cultural Arts Commissioners, Senior Club members, and other community members.

Youth and Teen Programs

Los Alamitos Volunteer Program (L.A.V.P.) – The LAVP program is a membership-based program; membership years operate from May of the current year to May of the next year.

Starting in May of 2025, our volunteers have completed over 3,000 volunteer hours! With 120 registered volunteers in the program, there is a strong interest in the numerous opportunities for individuals to participate in. These hours have been completed at various programs and events, including day camp, park programs, specialty camps, specialty classes, preschool programs, office assistance, youth sports, Celebrate Los Al, the 4th of July Fireworks Spectacular, Summer Concert Series, local non-profit projects, and numerous city-wide special events. The volunteers are between the ages of 11 and 17, with the majority falling within the 12- to 14-year-old range. The volunteer program offers a safe and enjoyable space for youth to develop leadership skills, foster teamwork, engage with the community, and form new friendships with their peers.

L.A.V.P. Scholarship Award - The Los Alamitos Volunteer Program (L.A.V.P.) provides \$1,500 annually for up to three enrolled volunteers. The award is designed to recognize volunteers in excellent standing with the program and give them the opportunity for financial assistance to further their education. Three scholarships for \$500 are awarded and selected by the Parks, Recreation, and Cultural Arts Commission.

The City of Los Alamitos Parks, Recreation, and Cultural Arts Commissioners selected Ariana Hernandez (8th grade), Decker McCoy (7th grade), their awards were presented at the Wednesday, June 4, 2025, Parks, Recreation, and Cultural Arts Commission Meeting.

Funds were acquired by the Recreation and Community Services Department Scholarship Fund, sponsored by MemorialCare Miller Children's and Women's Hospital Long Beach.

Day Camp Programming – This year, the department hosted four seasonal day camps and an 11-week summer Day Camp. Each program offered a range of activities tailored to the camp's season, along with a variety of arts and crafts. The 11-week Summer Day Camp program was sold out for 10 of the 11 weeks, reaching a capacity of 100 kids per day. Each week had a different theme to help spearhead creativity within the program. Additionally, each week hosted two excursions to destinations around Orange and Los Angeles Counties. Some of the highlighted excursions included Wild Rivers Waterpark, Pirates Dinner Adventure, and Knott's Berry Farm.

United Teen Mentorship Program – Teen Mentorship Program was a ten-week summer program geared for teens ages 11-14. Participants had the opportunity to grow mentally and emotionally in a variety of personal development sessions and community service projects with local non-profit organizations and City departments. Participants also built friendships and made memories with fellow teens through fun activities and excursions. Community Service Certificates were provided for all participants to aid in accomplishing school service requirements.

Lil' Oak Preschool Program – The 2024 - 2025 Lil' Oak Preschool Program school year held an average of 31 participants for each session. The year was filled with engaging, age-appropriate activities focused on early childhood development, including arts and crafts, story time, music and movement, sensory play, and social skill building. Students had daily opportunities to practice sharing, teamwork, listening, and following routines, all while building confidence and independence in a fun and nurturing environment.

The year closed out with an “Oh, the Places You’ll Go” themed graduation ceremony in May 2025. The celebration highlighted the growth, creativity, and accomplishments of each student. The room was beautifully decorated with colorful hot air balloons and a wide variety of student made crafts and artwork, proudly showcasing the skills and creativity the children developed throughout the school year.

Summer Staff-led Camps – During the summer of 2025, the Recreation & Community Services Department offered 10 specialty camps, each featuring a unique and engaging theme designed to spark creativity, imagination, and fun. Planned and led by Recreation Specialist Sebastian Taylor, the camps were thoughtfully developed to provide participants with memorable experiences through hands-on activities, games, and themed programming.

Among the most popular offerings were Extreme Arts & Crafts Camp, Space Cadets Camp, and Jedi Journey. At Extreme Arts & Crafts Camp, participants explored art on a larger, more epic scale, moving beyond traditional techniques to experiment with new materials and creative approaches that encouraged self-expression and imagination. Space Cadets Camp launched campers into outer space, where they learned about planets, stars, and space exploration through interactive activities and themed adventures. Lastly, Jedi Journey invited young padawans to immerse themselves in the Star Wars universe, where they learned to “master the Force,” build confidence, and work as a team while enjoying a galaxy of themed games and challenges.

Summer Parks Program - The Summer Parks program is a free drop-in program for the community during the summer and is alternatively hosted between Little Cottonwood Park and Orville R. Lewis Jr. Park. Each week is centered around a theme that is incorporated into crafts and games. The 2025 program had a total of about 1,800 participants for the 9-week program which averages about 200 participants a week.

Other Programs

Contract Classes – The Recreation & Community Services Department offered over 320 contract classes during 2025. A total of 1,700 participants took part in these amazing classes. There are currently 40 instructors who work with the Recreation Department to offer a wide variety of classes throughout the year.

Citywide Graphics and Video Support – The Recreation & Community Services Department provided Citywide graphic and video support all year long for all the Departments as needed. The Department is proud to have the in-house talent to be able to assist other departments by Recreation Coordinator Alejandro Gonzalez Lecumberri in addition to producing beautiful marketing materials such as the quarterly Recreation Brochure and City News in addition to the weekly email blasts to those subscribed in the community.

Facility Rentals, Court Rentals and Party Package Enhancements – The Department rents out facility space as well as courts, fields and picnic shelters. Significant events for 2025 include:

Enhancements to Party Package Rentals & Facility Reservation Process – Party packages and facility reservations were streamlined to provide a more seamless user experience. New options were tailored for first birthdays, teen celebrations, baby showers, bridal showers, custom themes, and weddings. A vendor coordination add-on was incorporated to ensure seamless planning and high-quality service delivery for each event, allowing users to enjoy a more personalized and stress-free experience. Additionally, the facility reservation application was updated to allow party packages to be selected as add-ons during the reservation process, helping to consolidate bookings and create a more efficient workflow for both staff and users.

2025 Pickleball Court Reservation Numbers – Over the course of 2025, Laurel Park has a total of 363 pickleball court reservations scheduled. This number reflects the park's continued popularity among pickleball players and the community's growing interest in the sport. The high volume of reservations demonstrates consistent usage and engagement throughout the year. Laurel Park remains one of the City's most active recreation facilities for pickleball programming and casual play.

Social Media Calendar – The Recreation & Community Services Department's social media team thoughtfully creates a monthly content calendar designed to streamline communication efforts and ensure consistent, engaging outreach to the community. This calendar not only maps out seasonally relevant posts but also outlines clear responsibilities for staff across various program areas. Key elements include scheduled content deadlines, designated staff leads, sponsor acknowledgments, and a color-coded date key to help keep everything organized.

FISCAL IMPACT

Attachment: None

City of Los Alamitos

PARKS, RECREATION AND CULTURAL ARTS

COMMISSION AGENDA REPORT

MEETING DATE: February 4, 2026

ITEM NUMBER: 7B

To: Chair William Bandak & Members of the Parks, Recreation and Cultural Arts Commission

Presented By: Gilberto Arteaga-Ceja , Recreation Coordinator
Tara Farajian, Special Projects Coordinator

Subject: Update on Senior Services Master Plan Implementation

SUMMARY

This report provides the Parks, Recreation & Cultural Arts Commission with an update on the implementation of the Senior Services Master Plan.

RECOMMENDATION

Commission receive, discuss and approve.

BACKGROUND

The City of Los Alamitos adopted the Senior Services Master Plan in early 2025. The Master Plan is to serve as a guiding framework for enhancing the City's older adult programs, services, and infrastructure over the next 10 to 20 years. The Master Plan was structured to support quick implementation while establishing a long-term vision for aging in place. The plan was developed using extensive community feedback, including surveys, focus groups, and data analysis, to address the evolving needs of the City's aging population.

The Recreation and Community Services Department has launched several new programs as the first year of the Master Plan's roadmap unfolds. These early efforts focus on improving access, coordination, and personal connection. Simultaneously, development is underway for additional services detailed in years 2-4 on the Senior Services Master Plan Implementation Plan.

DISCUSSION

The following items detail new developments in programs and services following the implementation plan in the Senior Services Master Plan.

1. **Municipal Case Manager Position** – The creation of a dedicated case manager role directly addressed the Master Plan's findings related to social isolation, fragmentation of resources, and the need for trusted support. Tara Farajian joined the Recreation and Community Services Department as a part-time Community Resources Supervisor in the summer of 2026. She serves as a case manager for residents, ensuring they are connected to vital City, County, and other community resources. She conducts

personalized intake interviews by phone and in person to develop trusting relationships. Follow-ups are performed as needed to ensure that every person successfully accesses the resources they need. This role allows the Department to better understand individual needs early, coordinate referrals more effectively, and strengthen overall service delivery.

Fall 2025 highlights include:

- 30+ personalized interviews
- Multiple resource workshops
- Weekly Social Hour activities

2. **Recreational Programming for Older Adults** – The City transitioned to a majority free programming model, supported by approved funding to expand instructor contracts. This transition reflects the Master Plan’s emphasis on reducing financial barriers and expanding opportunities for physical & wellness activities, lifelong learning, and social connection. Program offerings increased substantially since last year.

During Winter 2025, the City offered two fitness classes and several workshops. The Winter 2026 quarter expands offerings to include 13 free contracted fitness and special-interest classes, six lifelong learning courses through a partnership with CSULB’s Osher Lifelong Learning Institute, one creative arts class through North Orange Continuing Education, continued nutrition services, and weekly workshops and social activities. Most classes feature full rosters and active waitlists.

- **Winter 2025:** 4 classes (2 free)
- **Winter 2026:** 19 classes (13 free)

3. **Collaborations and Partnerships** – Strategic partnerships continue to play a central role in expanding services efficiently while maximizing City resources. The Department established several new partnerships, in addition to continuing collaborations with County and nonprofit organizations. These relationships expand programming and resource access.

A few key partnerships include:

- **Additional Classes:** CSULB’s Osher Lifelong Learning Institute, North Orange Continuing Education, OC Office on Aging, Parkinson’s Exercise Programs.
- **Services and Resources:** Second Harvest Food Bank (Nutrition), OC United Way (Tax Preparation), the Good Hands Foundation (Tax Preparation), Alzheimer’s OC (Caregiver Resources), Shanti OC (Mental Health), Community Legal Aid SoCal (Legal), Health Insurance Counseling & Advocacy Program (Health Insurance), MemorialCare (Health, Senior Protection & FAST (Financial Security/Scam Prevention), Evergreen Hospice (Health Screenings), OCTA (Transportation Grants & Education).

4. **Caregiver & Veteran Support** – Over the past year, the Department collaborated with

the Alzheimer's OC organization to provide numerous educational workshops focused on supporting caregivers. Beginning January 2026, Alzheimer's OC will offer a monthly caregiver support group at the Los Alamitos Community Center, providing a consistent space for family members and friends to share resources and connect through shared experiences.

An active and evolving relationship with the American Legion Post 716 has also expanded outreach within the veteran community, supporting the distribution of relevant resources and services. These efforts align with the Master Plan's goal of supporting both older adults directly and the existing networks they may already be utilizing to help them age in place comfortably.

5. **Citywide Transportation Program** – Transportation access, highlighted in the Master Plan as a growing concern, is being addressed through the launch of the City's new, free, curb-to-curb, on-demand transportation service, Los Al Link. In partnership with Ride Circuit, operations began on January 6, 2026. This service operates anywhere within the City limits, including one fully wheelchair-accessible vehicle. The service enhances access for residents who no longer drive or face mobility challenges, helping keep the community active and connected.

A few initial metrics include:

- Total rides requested: 106
- Total wheelchair accessible rides requested: 2
- Average user rating: 5/5
- Average wait time: 6 minutes 3 seconds

6. **Coming Soon**– As implementation continues, the Recreation and Community Services Department continues to advance additional recommendations highlighted in the Senior Services Master Plan, including:
 - Expanded support and expansion of Senior Club celebrations
 - Increased funding for fitness and wellness expansion
 - Increased collaboration with fire & first responders
 - Development of an age-friendly business program

FISCAL IMPACT

Funding for the expansion of low-cost or free programming was approved by the City Council in February 2025, with \$50,000 allocated for new instructors. The partnership with CSULB's Osher Lifelong Learning Institute and North Orange Continuing Education will provide additional instructors and classes at no cost to the City. Grant funding has been secured from OCTA to implement the alternative transportation program. The Part-Time Community Resources Supervisor has been budgeted through the Recreation and Community Services Department's annual budget.

SENIOR SERVICES MASTER PLAN YEAR ONE UPDATE

Meeting the wants and needs of our older adult community



BACKGROUND

- Senior Master Plan adopted February 2025 by The City Council
- Guiding the framework for the City's older adult programs, services, and infrastructure for the next 10 to 20 years
- Development was created using community feedback, including surveys, focus groups, and data analysis
- Implementation plan focusing on improving access, coordination, and personal connection

IMPLEMENTATION PLAN

TIMELINE	GOALS	ESTIMATED COST
YEARS 1-2	Municipal Case Manager Position	FY 24-25 budgeted vacant part-time position will be converted to Case Manager position (Note: We recommend phasing in a Case Manager)
	Infrastructure and Facility Expansion	
	Collaborations and Partnerships (Health and Lifelong Learning)	
	Caregiver Support/Caregiver Relief Programs	TBD
	Veteran-Focused Initiatives	No cost
	Hobby-based & Lifelong Learning, Recreational Programming for Older Adults	\$50,000 annually (10% increase in years 2-4 for additional programming)
	Citywide Transportation Program Free for Seniors	Grant funding secured
	Funding/Hire a Grant Writer	TBD

COMMUNITY RESOURCES SUPERVISOR

- Residents who are seeking resources such as rental assistance, MediCare navigation, utility assistance, support for family members struggling with their mental health, and accessibility to healthy prepared food. Allowing early interventions to address needs early on, provide target referrals, and build ongoing relationships.
- Development of programming in the areas of caregiver support workshops
- Increase social engagement through weekly Social Hour events
- Leading education surrounding accessing the Los Al Link through the App or phone
- Build relationships and collaborate with outside agencies
- FALL HIGHLIGHTS
 - 35 interviews and follow-ups, in 1:1 meetings
 - Multiple resource workshops
 - Weekly Social Hour activities

IMPLEMENT A FREE PROGRAMMING MODEL FOR SENIORS

- Adding FREE classes for seniors, which has increased enrollment and even created waitlists for classes. A few classes include: Floral Design, Boxing for Parkinson's, T'ai Chi Chah, Creative Arts, Ballroom Heals, Pickle Ball, Laughter Yoga, Wellness Boot Camp, Stretch and Strength, A Walking Group, and more.
- Growth in the number of classes
 - Winter 2025: 4 classes (2 free classes)
 - Winter 2026: 19 classes (13 free classes)

EXPANDING COMMUNITY PARTNERSHIPS

- With increased programming, there is a natural expansion of partnerships through the following agencies:
 - Additional Classes: CSULB's Osher Lifelong Learning Institute (OLLI), North Orange Continuing Education (NOCE), OC Office on Aging, Parkinson's Exercise Programs 4 U (PEP4U),
 - SERVICES & RESOURCES: Second Harvest Food Bank (Nutrition), OC United Way (Tax Preparation), The Good Hands Foundation (Tax Preparation), Alzheimer's OC (Caregiver Resources), SHANTI OC (Mental Health), Community Legal Aid SoCal (Legal), Health Insurance Counseling & Advocacy Program (Health Insurance), MemorialCare (Health, Senior Protection & FAST (Financial Security/Scam Prevention), Evergreen Hospice (Health Screenings), and OCTA (Transportation Grants & Education)

SUPPORT GROUPS

Programming was focused on the areas of Caregiving Support and Relief

- Series of workshops through Alzheimer's OC
- New in-person monthly Support Group for caregivers with Alzheimer's OC

Programming with Veterans was increased through collaboration with the American Legion Post 716

- Attending the Legion's events and meetings
- Connecting with the Legions PSO (Post Service Officer)
- Partnering with the Legion's newsletter to share resources
- Supporting the upcoming "Veteran's Coffee Table" meet up group



LOS AL LINK

Enhancing access for residents who no longer drive or face mobility challenges.

Keeping our community active and connected.

A few initial metrics include:

- Total rides requested: 106
- Total wheelchair accessible rides requested: 2
- Average user rating: 5/5
- Average wait time: 6 min 3 sec

**Citywide
EV
Transportation**

The City of Los Alamitos has launched a new on-demand transportation service, Los Al Link for residents to improve local mobility.

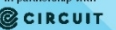
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COMING SOON

Expand Fitness and Wellness Programming (Aquatics, Sports, and more!)

Senior Club Celebrations (support through new staff positions, such as the return of the weekly Social Hour)

Fire and First Responder Collaboration (Collaborations with VIPs)

Age-friendly Business Program

CREATING MEMORIES THROUGH MOMENTS SHARED

“Los Alamitos is a Beautiful
Space to Age in Place”

